



Service Projects: Looking for Ideas?

Is your workplace, scout troop, or school looking for a fun, flexible way to get involved? In addition to our projects listed on our website (<https://www.mealsonwheelsmd.org/volunteer/#ServiceProjects>) here are a few other themes for collections and crafts! Just complete your project and drop it off with us, and we will distribute these much-needed items to our homebound clients.

<p><b>January</b> Nutrition Shakes (i.e. Ensure)</p> <p>Nutrition shakes like Ensure are a great source of vitamins and minerals for our clients. Items must be unopened and unexpired.</p> 	<p><b>February</b> Sweet Treats</p> <p>Help our clients celebrate Valentine’s Day by collecting individually wrapped chocolate or cards. Bulk/loose candies will not be accepted; treats should be in a “goodie bag” or in a card.</p> 	<p><b>March</b> Socks</p> <p>Everybody needs socks! Socks must be new and “one size fits all.” Men’s and women’s socks appreciated.</p> 	<p><b>April</b> Hygiene Products</p> <p>New and unopened hygiene products like shampoo, soap and toothpaste help our clients feel healthy.</p> 
<p><b>May</b> Adult Incontinence Products (i.e. Depends)</p> <p>Packages must be new and unopened. Sizes L, XL and 2XL are in highest demand.</p> 	<p><b>June/July</b> Potted Plants/Herbs</p> <p>Nothing brightens up a home like a potted plant! Decorate a flower pot and plant a durable, small plant, like a succulent, vine or herb. Place the pot in a bag with handles so it is easy for the volunteers to deliver. Potted plants without bags will not be accepted.</p> 		<p><b>August</b> Cat/Dog Food</p> <p>Our Kibble Connection program delivers free pet food to our clients with cats and dogs. Cat food is in highest demand. Items must be unopened and unexpired.</p> 
<p><b>September</b> Creative Crafts</p> <p>Time to get creative! Decorate recycled cans to make a pen holder, quilt a potholder, or make a magnet with popsicle sticks. Please place each item in a Ziploc bag.</p> 	<p><b>October</b> Sweet Treats</p> <p>Help our clients celebrate Halloween by collecting individually wrapped chocolate or candies. Bulk/loose candies will not be accepted; treats should be in a “goodie bag” or in a card.</p> 	<p><b>November</b> Canned Fruits/Veggies</p> <p>Unopened, unexpired canned fruits and vegetables are given to our clients, so they know they will never be without food.</p> 	<p><b>December</b> Shelf-stable Meals</p> <p>Shelf-stable meals like cans of soup, microwave mac n’ cheese, and flavored pasta packets are easy for our clients to prepare during winter weather.</p> 

For questions or to schedule a drop-off, please call 443-573-0925.