<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>2) Five Bean Soup</td>
<td>3) Chicken Noodle Soup</td>
<td>4) Vegetable Soup</td>
<td>5) Lentil Soup</td>
<td>6) Matzo Ball Soup</td>
</tr>
<tr>
<td>Baked Tilapia</td>
<td>Pepper Steak</td>
<td>Rosemary Chicken</td>
<td>Cheese Lasagna</td>
<td>Roast Beef w/ Gravy</td>
</tr>
<tr>
<td>Mashed Potatoes</td>
<td>Fluffy Rice</td>
<td>Fresh Sweet Potatoes</td>
<td>Green beans</td>
<td>Potato Latkes</td>
</tr>
<tr>
<td>Sliced Carrots</td>
<td>Broccoli</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Sautéed spinach</td>
</tr>
<tr>
<td>Fresh Fruit</td>
<td>Wheat Bread w/ Margarine</td>
<td>Wheat Bread w/ Margarine</td>
<td>Wheat Bread w/ Margarine</td>
<td>Fresh Fruit</td>
</tr>
<tr>
<td>Potato Bread w/ Margarine</td>
<td>Tomato Juice</td>
<td>Prune Juice</td>
<td>Orange Juice</td>
<td>Potato Bread w/ Margarine</td>
</tr>
<tr>
<td>Orange Juice</td>
<td></td>
<td></td>
<td></td>
<td>Apple Juice</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spaghetti &amp; Meatballs</td>
<td>Baked Chicken</td>
<td>Hot Dog on a Roll</td>
<td>Stuffed Shells w/ Marinara</td>
<td>Honey Baked Chicken</td>
</tr>
<tr>
<td>Glazed Carrots</td>
<td>Mashed Potatoes</td>
<td>Baked Beans</td>
<td>Green Beans</td>
<td>Potato Latkes</td>
</tr>
<tr>
<td>Baked Sliced Peaches</td>
<td>Summer Squash</td>
<td>Sauerkraut</td>
<td>Baked Sliced Apples</td>
<td>Vegetable Blend</td>
</tr>
<tr>
<td>Potato Bread w/ Margarine</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Marble Rye Bread w/ Margarine</td>
<td>Fresh Fruit</td>
</tr>
<tr>
<td>Orange Juice</td>
<td>Dinner Roll w/ Margarine</td>
<td>Prune Juice</td>
<td>Cranberry Juice</td>
<td>Potato Bread w/ Margarine</td>
</tr>
<tr>
<td></td>
<td>Tomato Juice</td>
<td></td>
<td></td>
<td>Apple Juice</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beef-a-Roni</td>
<td>BBQ Chicken</td>
<td>Meatloaf w/ Gravy</td>
<td>Baked Tilapia</td>
<td>Honey Baked Chicken</td>
</tr>
<tr>
<td>Ginger Snap Peas</td>
<td>Herbed Ouzo</td>
<td>Mashed Potatoes</td>
<td>Seasoned Rice</td>
<td>Tzimmes</td>
</tr>
<tr>
<td>Baked Apples</td>
<td>Broccoli</td>
<td>Sautéed Cabbage</td>
<td>Spinach</td>
<td>Green Beans</td>
</tr>
<tr>
<td>Wheat Bread w/ Margarine</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
</tr>
<tr>
<td>Orange Juice</td>
<td>Dinner Roll w/ Margarine</td>
<td>Dinner Roll w/ Margarine</td>
<td>Dinner Roll w/ Margarine</td>
<td>Potato Bread w/ Margarine</td>
</tr>
<tr>
<td></td>
<td>Tomato Juice</td>
<td>Prune Juice</td>
<td>Apple Juice</td>
<td>Orange Juice</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Corned Beef</td>
<td>Honey Baked Chicken</td>
<td>Roast Turkey w/ Gravy</td>
<td>Stuffed Shells w/ Marinara</td>
<td>Cajun Chicken</td>
</tr>
<tr>
<td>Boiled Potatoes</td>
<td>Baked Sweet Potato</td>
<td>Mashed Potato</td>
<td>Sugar Snap Peas</td>
<td>Baked Potato</td>
</tr>
<tr>
<td>Braised Cabbage</td>
<td>Sliced Carrots</td>
<td>Green Beans</td>
<td>Baked Peaches</td>
<td>Fresh Squash Blend</td>
</tr>
<tr>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Fresh Fruit</td>
<td>Bread Sticks w/ Margarine</td>
<td>Fresh Fruit</td>
</tr>
<tr>
<td>Dinner Roll w/ Margarine</td>
<td>Whole Grain Bread w/ Margarine</td>
<td>Wheat Bread w/ Margarine</td>
<td>Cranberry Juice</td>
<td>Potato Bread w/ Margarine</td>
</tr>
<tr>
<td>Apple Juice</td>
<td>Cranberry Juice</td>
<td></td>
<td></td>
<td>V-8 Juice</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30) Navy Bean Soup</td>
<td>31) Vegetable Soup</td>
<td>26) Barley Soup</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beef-a-Roni</td>
<td>BBQ Chicken</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ginger Snap Peas</td>
<td>Herbed Ouzo</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Baked Apples</td>
<td>Broccoli</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wheat Bread w/ Margarine</td>
<td>Fresh Fruit</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Orange juice</td>
<td>Dinner Roll w/ Margarine</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**March 2020 KOSHER HOT MEALS  Meals on Wheels of Central Maryland**

**MONDAY**
- Five Bean Soup
- Baked Tilapia
- Mashed Potatoes
- Sliced Carrots
- Fresh Fruit
- Potato Bread w/ Margarine
- Orange Juice

**TUESDAY**
- Chicken Noodle Soup
- Pepper Steak
- Fluffy Rice
- Broccoli
- Fresh Fruit
- Wheat Bread w/ Margarine
- Tomato Juice

**WEDNESDAY**
- Vegetable Soup
- Rosemary Chicken
- Fresh Sweet Potatoes
- Fresh Fruit
- Wheat Bread w/ Margarine
- Prune Juice

**THURSDAY**
- Lentil Soup
- Cheese Lasagna
- Green beans
- Fresh Fruit
- Wheat Bread w/ Margarine
- Orange Juice

**FRIDAY**
- Matzo Ball Soup
- Roast Beef w/ Gravy
- Potato Latkes
- Sautéed spinach
- Fresh Fruit
- Potato Bread w/ Margarine
- Apple Juice
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| 2) Tuna Salad  
Garden Salad w/ Dressing  
Chilled Apricots  
Whole Grain Bread w/ Margarine  
1% Milk  
Orange Juice | 3) Munster Cheese  
Fiesta & Pasta Salad  
Sliced Pears  
Wheat Bread w/ Margarine  
1% Milk  
Cranberry Juice | 4) Sliced Roast Beef  
Cole Slaw  
Mandarin Oranges  
Kaiser Roll  
V-8 Juice | 5) Egg Salad  
Tossed Salad w/ Dressing  
Applesauce  
Marble Rye Bread w/ Margarine  
1% Milk  
Cranberry Juice | 6) Pickled Herring  
Pickled Beets  
Mexican Bean Salad  
Chilled Pineapples  
Dinner Roll w/ Margarine  
1% Milk  
Prune Juice |
| 9) Egg Salad  
Tossed Salad w/ Margarine  
Tropical Fruit Salad  
Whole-Grain Bread w/ Margarine  
1% Milk  
Apple Juice | 10) Munster Cheese  
Creamy Garden Salad  
Sliced Pears  
Wheat Bread w/ Margarine  
1% Milk  
Cranberry Juice | 11) Sliced Turkey  
Carrot Raisin Salad  
Mandarin Oranges  
Kaiser Roll  
V-8 Juice | 12) Tuna Salad  
Tossed Salad w/ Dressing  
Chilled Pears  
Marble Rye Bread  
1% Milk  
Orange Juice | 13) Whitefish Salad  
Pickled Beets  
Three Bean Salad  
Chilled Pineapples  
Dinner Roll w/ Margarine  
1% Milk  
Prune Juice |
| 16) Egg Salad  
Garden Salad w/ Dressing  
Pears  
Rye Bread  
1% Milk  
Apple Juice | 17) American Cheese  
Cole Slaw  
Tropical Fruit Salad  
Pumpernickel Bread  
1% Milk  
Cranberry Juice | 18) Sliced Turkey  
Italian Vegetable Salad  
White Bean Salad  
Mandarin Oranges  
Wheat Bread  
Mayonnaise  
V-8 Juice | 19) Tuna Salad  
Pickled Beets  
Fruit Salad  
Whole-Grain Bread w/ Margarine  
1% Milk  
Cranberry Juice | 20) Gefilte Fish  
Carrot Raisin Salad  
Pasta Salad  
Sliced Peaches  
Dinner Roll  
1% Milk  
V-8 Juice |
| 23) Egg Salad  
Garden Salad w/ Dressing  
Chilled Pineapple  
Wheat Bread w/ Margarine  
V-8 Juice | 24) Swiss Cheese  
Marinated Vegetable Salad  
Macaroni Salad  
Fruit Cocktail  
Rye Bread  
1% Milk  
Orange Juice | 25) Sliced Turkey  
3 Bean Salad  
Potato Salad  
Sliced Pears  
Potato Bread  
Mayonnaise  
Prune Juice | 26) Tuna Salad  
Garden Salad w/ Dressing  
Apricots  
Wheat Bread  
1% Milk  
Orange Juice | 27) Creamed Herring  
Cole Slaw  
Rotini Pasta Salad  
Mandarin Oranges  
Pumpernickel Bread w/ Margarine  
1% Milk  
V-8 Juice |
| 30) Tuna Salad  
Garden Salad w/ Dressing  
Chilled Apricots  
Whole Grain Bread w/ Margarine  
1% Milk  
Orange Juice | 31) Munster Cheese  
Fiesta & Pasta Salad  
Sliced Pears  
Wheat Bread w/ Margarine  
1% Milk  
Cranberry Juice | | | | 3) Munster Cheese  
Fiesta & Pasta Salad  
Sliced Pears  
Wheat Bread w/ Margarine  
1% Milk  
Cranberry Juice |