



September 2017 KOSHER HOT MEALS Meals on Wheels of Central Maryland

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1) Matzo Ball Soup Baked Honey Chicken Potato Latkes Vegetable Blend Fresh Fruit Potato Bread w/ Margarine Apple Juice
4) Meals on Wheels will be closed for the Labor Day Holiday You will receive your meals for This day on August 30th	5) Vegetable Soup Cilantro Chicken Herbed Orzo Broccoli Fresh Fruit Dinner Roll w/ Margarine Prune Juice	6) Split Pea Soup Meat Loaf w/Gravy Mashed Potatoes Ginger Snap Peas Fresh Fruit Dinner Roll w/Margarine Apple Juice	7) Minestrone Soup Baked Tilapia Seasoned Rice Spinach Fresh Fruit Dinner Roll w/ Margarine Orange Juice	8) Matzo Ball Soup Grilled Honey Chicken Tzimmes Green Beans Fresh Fruit Potato Bread w/Margarine Prune Juice
11) Lentil Soup Spaghetti & Meatballs Zucchini Baked Apples Dinner Roll w/ Margarine Apple Juice	12) Vegetable Soup Baked Chicken Baked Sweet Potato Sliced Carrots Fresh Fruit Whole-Grain Bread w/ Margarine Cranberry Juice	13) Navy Bean Soup Roast Beef w/ Gravy Mashed Potatoes Green Beans Fresh Fruit Dinner Roll w/ Margarine Apple Juice	14) Tortellini Soup Stuffed Shells w/ Marinara Sugar Snap Peas Baked Peaches Bread Sticks w/ Margarine Cranberry Juice	15) Meals on Wheels Will be closed For The Annual All Staff Meeting You will receive your meals For this Day on 9/13/17
18) Five Bean Soup Stuffed Peppers Pasta w/ Marinara Sauce Baked Apples Potato Bread W/ Margarine Orange Juice	19) Chicken Noodle Soup Sweet & Sour Beef Fluffy Rice Broccoli Fresh Fruit Wheat Bread w/ Margarine Tomato Juice	20) Beef Vegetable Soup Rosemary Chicken Parslied Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine Prune Juice	21) Weinberg Site Will be closed For Rosh Hashana You will receive meals for this Day 9/19/17	22) Weinberg Site Will be closed For Rosh Hashana You will receive meals for this Day 9/18/17
25) Beef Vegetable Soup Baked Salmon Wild Rice Glazed Carrots Fresh Fruit Potato Bread W/ Margarine Orange Juice	26) Bean Soup Smothered Chicken Mashed Red Potatoes Summer Squash Fresh Fruit Margarine Tomato Juice	27) Chicken Noodle Soup Hot Dog w/ Roll Baked Beans Sauerkraut Fresh Fruit Margarine Prune Juice	28) Vegetable Soup Stuffed Shells w/ Marinara Green Beans Baked Apples Dinner Roll w/ Margarine Orange Juice	29) Matzo Ball Soup Baked Honey Chicken Potato Latkes Vegetable Blend Fresh Fruit Potato Bread w/ Margarine Apple Juice

September 2017 KOSHER COLD MEALS Meals on Wheels of Central Maryland

OVER →

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>4) Meals on Wheels will be closed for the Labor Day Holiday. You will receive your meals for This day on August 30th</p>	<p>5) American Cheese Cole Slaw Tropical Fruit Salad Pumpernickel Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>6) Sliced Turkey 3 Bean Salad Marinated Vegetables Mandarin Oranges Whole Wheat Bread w/ Margarine Mayonnaise V-8 Juice</p>	<p>7) Tuna Salad Pickled Beets Fruit Cup Multi-Grain Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>1) Whitefish Salad Pickled Beets Three Bean Salad Chilled Pineapple Dinner Roll w/ Margarine 1% Milk Prune Juice</p> <p>8) Gefilte Fish Carrot Raisin Salad Pasta Salad Sliced Peaches Dinner Roll w/ Margarine 1% Milk V-8 Juice</p>
<p>11) Swiss Cheese Marinated Vegetable Salad Macaroni Salad Fruit Cocktail Rye Bread w/ Margarine 1% Milk Orange Juice</p>	<p>12) Egg Salad Tossed Salad w/ Dressing Chilled Pineapples Wheat Bread w/ Margarine 1% Milk V-8 Juice</p>	<p>13) Sliced Turkey 3 Bean Salad Potato Salad Sliced Pears Potato Bread w/ Margarine Mustard Prune Juice</p>	<p>14) Tuna Salad Tossed Salad w/ Dressing Apricots Wheat Bread w/ Margarine 1% Milk Orange Juice</p>	<p>15) Meals on Wheels Will be closed For The Annual All Staff Meeting. You will receive your meals For this Day on 9/13/17</p>
<p>18) Munster Cheese Marinated Vegetables Sliced Pears Wheat Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>19) Tuna Salad Tossed Salad w/ Dressing Tropical Fruit Salad Whole Grain Bread w/ Margarine 1% Milk Apple Juice</p>	<p>20) Sliced Roast Beef Cole Slaw Mandarin Oranges Kaiser Roll w/ Margarine V-8 Juice</p>	<p>21) Weinberg Site Will be closed For Rosh Hashana. You will receive meals for this Day 9/19/17</p>	<p>22) Weinberg Site Will be closed For Rosh Hashana. You will receive meals for this Day 9/18/17</p>
<p>25) Munster Cheese Marinated Vegetables Sliced Pears Wheat Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>26) Egg Salad Tossed Salad w/ Dressing Tropical Fruit Salad Whole Grain Bread 1% Milk Apple Juice</p>	<p>27) Sliced Turkey Carrot Raisin Salad Mandarin Oranges Kaiser Roll w/ Margarine V-8 Juice</p>	<p>28) Tuna Salad Tossed Salad w/ Dressing Chilled Pears Marble Rye Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>29) Whitefish Salad Pickled Beets Three Bean Salad Chilled Pineapple Dinner Roll w/ Margarine 1% Milk Prune Juice</p>