

March 2018 KOSHER HOT MEALS *Meals on Wheels of Central Maryland*

MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY

			<p>1) Potato Chowder Soup Baked Manicotti Sugar Snap Peas Baked Peaches Bread Sticks w/ Margarine Cranberry Juice</p>	<p>2) Matzo Ball Soup Roast Beef w/ Gravy Baked Potatoes Fresh Squash Blend Fresh Fruit Potato Bread w/ Margarine Prune Juice</p>
<p>5) Five Bean Soup Salisbury Steak Pasta Marinara Slice Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice</p>	<p>6) Chicken Noodle Soup Smothered Chicken Breast Fluffy Rice Broccoli Fresh Fruit Dinner Roll w/ Margarine Tomato Juice</p>	<p>7) Beef Vegetable Soup Beef Stew Fresh Sweet Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine Prune Juice</p>	<p>8) Lentil Soup Baked Fish Confetti Orzo Green Beans Fresh Fruit Dinner Roll W/ Margarine Orange Juice</p>	<p>9) Matzo Ball Soup Baked Chicken Potato Latkes Sautéed Spinach Fresh Fruit Potato Bread w/ Margarine Apple Juice</p>
<p>12) Beef Vegetable Soup Baked Salmon Wild Rice Glazed Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice</p>	<p>13) Bean Soup Smothered Chicken Breast Mashed Red Potatoes Summer Squash Fresh Fruit Wheat Bread w/ Margarine Tomato Juice</p>	<p>14) Chicken Noodle Soup Hot Dog on Roll Baked Beans Sauerkraut Fresh Fruit Margarine Prune Juice</p>	<p>15) Vegetable Soup Meatballs w/ Marinara Buttered Pasta Green Beans Baked Apples Wheat Bread w/ Margarine Orange Juice</p>	<p>16) Matzo Ball Soup Baked Honey Chicken Potato Latkes Vegetable Blend Fresh Fruit Potato Bread w/ Margarine Apple Juice</p>
<p>19) Navy Bean Soup Sliced Turkey Whipped Potatoes Green Beans Fresh Fruit Wheat Bread w/ Margarine Orange Juice</p>	<p>20) Vegetable Soup Baked Fish Herbed Orzo Broccoli Fresh Fruit Dinner Roll w/ Margarine Prune Juice</p>	<p>21) Split Pea Soup Meat Loaf w/Gravy Mashed Potatoes Ginger Snap Peas Fresh Fruit Wheat Bread w/Margarine Apple Juice</p>	<p>22) French Onion Soup Baked Manicotti Spinach Fresh Orange Dinner Roll w/ Margarine Orange Juice</p>	<p>23) Matzo Ball Soup Roast Beef w/ Gravy Tzimmes Green Beans Fresh Fruit Potato Bread w/ Margarine Prune Juice</p>
<p>26) Lentil Soup Beef Stew Zucchini Baked Apples Dinner Roll w/ Margarine Apple Juice</p>	<p>27) Vegetable Soup Baked Chicken Baked Sweet Potato Sliced Carrots Fresh Fruit Whole Grain Bread w/ Margarine Cranberry Juice</p>	<p>28) Navy Bean Soup Meatloaf w/ Gravy Mashed Potato Green Beans Wheat Bread w/ Margarine Apple Juice</p>	<p>29) Potato Chowder Baked Manicotti Sugar Snap Peas Baked Peaches Bread Stick w/ Margarine Cranberry Juice</p>	<p>30) Matzo Ball Soup Roast Beef w/ Gravy Baked Potatoes Fresh Squash Blend Fresh Fruit Potato Bread w/ Margarine Prune Juice</p>

March 2018 KOSHER COLD MEALS Meals on Wheels of Central Maryland

OVER →

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1) Tuna Salad Tossed Salad w/ Dressing Apricots Wheat Bread w/ Margarine 1% Milk Orange juice</p>	<p>2) Creamed Herring Cole Slaw Rotini Pasta salad Mandarin Oranges Pumpnickel Bread w/ Marg 1% Milk V-8 Juice</p>
<p>5) Munster Cheese Marinated Vegetables Salad Sliced Pears Wheat Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>6) Tuna Salad Tossed Salad w/ Dressing Chilled Apricots Whole Grain Bread w/ Margarine 1% Milk Apple Juice</p>	<p>7) Sliced Roast Beef Cole Slaw Mandarin Oranges Kaiser Roll w/ Margarine V-8 Juice</p>	<p>8) Egg Salad Tossed Salad w/ Dressing Applesauce Marble Rye w/ Margarine 1% Milk Cranberry Juice</p>	<p>9) Pickled Herring Pickled Beets Mexican Bean Salad Chilled Pineapples Dinner Rolls w/ Margarine 1% Milk Prune Juice</p>
<p>12) Munster Cheese Marinated Vegetables Sliced Pears Wheat Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>13) Egg Salad Tossed Salad w/ Dressing Tropical Fruit Salad Whole Grain Bread w/ Margarine 1% Milk Apple Juice</p>	<p>14) Sliced Turkey Carrot Raisin Salad Mandarin Oranges Wheat Bread w/ Margarine V-8 Juice</p>	<p>15) Tuna Salad Tossed Salad w/ Dressing Chilled Pears Marble Rye Bread w/Margarine 1% Milk Cranberry Juice</p>	<p>16) Whitefish Salad Pickled Beets Three Bean Salad Chilled Pineapple Dinner Roll w/ Margarine 1% Milk Prune Juice</p>
<p>19) Egg Salad Tossed Salad w/ Dressing Pears Rye Bread w/ Margarine 1% Milk Apple Juice</p>	<p>20) American Cheese Cole Slaw Tropical Fruit Salad Pumpnickel Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>21) Sliced Turkey Marinated Vegetables Three Bean Salad Mandarin Oranges Wheat Bread w/ Margarine V-8 Juice</p>	<p>22) Tuna Salad Pickled Beets Fruit Cup Multi Grain Bread w/ Margarine 1% Milk Cranberry Juice</p>	<p>23) Gefilte Fish Carrot Raisin Salad Pasta Salad Sliced Peaches Dinner Rolls w/ Margarine V-8 Juice</p>
<p>26)) Swiss Cheese Marinated Vegetable Salad Macaroni Salad Fruit Cocktail Rye Bread w/ Margarine 1% Milk Orange Juice</p>	<p>27) Egg Salad Tossed Salad w/ Dressing Chilled Pineapples Wheat Bread w/ Margarine 1% Milk V-8 Juice</p>	<p>28) Sliced Turkey 3 Bean Salad Potato Salad Sliced Pears Potato Bread w/ Margarine Mustard Prune Juice</p>	<p>29) Tuna Salad Tossed Salad w/ Dressing Apricots Wheat Bread w/ Margarine 1% Milk Orange juice</p>	<p>30) Creamed Herring Cole Slaw Rotini Pasta salad Mandarin Oranges Pumpnickel Bread w/ Marg 1% Milk V-8 Juice</p>