

January 2018 KOSHER HOT MEALS Meals on Wheels of Central Maryland

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p style="text-align: center;">1) Meals on Wheels will be Closed for the New Year's Day You will receive your Meals For this day on December 27, 2017</p>	<p style="text-align: center;">2) Vegetable Soup Baked Chicken Baked Sweet Potato Sliced Carrots Fresh Fruit Whole Grain Bread w/ Margarine Cranberry Juice</p>	<p style="text-align: center;">3) Navy Bean Soup Meatloaf w/ Gravy Mashed Potato Green Beans Wheat Bread w/ Margarine Apple Juice</p>	<p style="text-align: center;">4) Potato Chowder Baked Manicotti Sugar Snap Peas Baked Peaches Bread Sticks w/Margarine Cranberry Juice</p>	<p style="text-align: center;">5) Matzo Ball Soup Roast Beef w/ Gravy Baked Potatoes Fresh Squash Blend Fresh Fruit Potato Bread w/ Margarine Prune Juice</p>
<p style="text-align: center;">8) Five Bean Soup Salisbury Steak Pasta Marinara Slice Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice</p>	<p style="text-align: center;">9) Chicken Noodle Soup Smothered Chicken Breast Fluffy Rice Broccoli Fresh Fruit Dinner Roll w/ Margarine Tomato Juice</p>	<p style="text-align: center;">10) Beef Vegetable Soup Beef Stew Fresh Sweet Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine Prune Juice</p>	<p style="text-align: center;">11) Lentil Soup Baked Fish Confetti Orzo Green Beans Fresh Fruit Dinner Roll W/ Margarine Orange Juice</p>	<p style="text-align: center;">12) Matzo Ball Soup Baked Chicken Potato Latkes Sautéed Spinach Fresh Fruit Potato Bread w/ Margarine Apple Juice</p>
<p style="text-align: center;">15) Meals on Wheels will be Closed for the Martin Luther King Jr. Day You will receive your Meals For this day January 10, 2018</p>	<p style="text-align: center;">16) Bean Soup Smothered Chicken Breast Mashed Red Potatoes Summer Squash Fresh Fruit Wheat Bread w/ Margarine Tomato Juice</p>	<p style="text-align: center;">17) Chicken Noodle Soup Hot Dog on Roll Baked Beans Sauerkraut Fresh Fruit Margarine Prune Juice</p>	<p style="text-align: center;">18) Vegetable Soup Meatballs w/ Marinara Buttered Pasta Green Beans Baked Apples Wheat Bread w/ Margarine Orange Juice</p>	<p style="text-align: center;">19) Matzo Ball Soup Baked Honey Chicken Potato Latkes Vegetable Blend Fresh Fruit Potato Bread w/ Margarine Apple Juice</p>
<p style="text-align: center;">22) Navy Bean Soup Sliced Turkey Whipped Potatoes Green Beans Fresh Fruit Dinner Roll w/ Margarine Orange Juice</p>	<p style="text-align: center;">23) Vegetable Soup Baked Fish Herbed Orzo Broccoli Fresh Fruit Dinner Roll w/ Margarine Prune Juice</p>	<p style="text-align: center;">24) Split Pea Soup Meat Loaf w/Gravy Mashed Potatoes Ginger Snap Peas Fresh Fruit Wheat Bread w/Margarine Apple Juice</p>	<p style="text-align: center;">25) French Onion Soup Baked Manicotti Spinach Fresh Orange Dinner Roll w/ Margarine Orange Juice</p>	<p style="text-align: center;">26) Matzo Ball Soup Roast Beef w/ Gravy Tzimmes Green Beans Fresh Fruit Potato Bread w/ Margarine Prune Juice</p>
<p style="text-align: center;">29) Lentil Soup Beef Stew Zucchini Baked Apples Dinner Roll w/ Margarine Apple Juice</p>	<p style="text-align: center;">30) Vegetable Soup Baked Chicken Baked Sweet Potato Sliced Carrots Fresh Fruit Whole Grain Bread w/ Margarine Cranberry Juice</p>	<p style="text-align: center;">31) Navy Bean Soup Meatloaf w/ Gravy Mashed Potato Green Beans Wheat Bread w/ Margarine Apple Juice</p>		

January 2018 KOSHER COLD MEALS Meals on Wheels of Central Maryland

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Swiss Cheese Marinated Vegetable Salad Macaroni Salad Fruit Cocktail Rye Bread w/ Margarine 1% Milk Orange Juice	2) Egg Salad Tossed Salad w/ Dressing Chilled Pineapples Wheat Bread w/ Margarine 1% Milk V-8 Juice	3) Sliced Turkey 3 Bean Salad Potato Salad Sliced Pears Potato Bread w/ Margarine Mustard Prune Juice	4) Tuna Salad Tossed Salad w/ Dressing Apricots Wheat Bread w/ Margarine 1% Milk Orange Juice	5) Creamed Herring Cole Slaw Rotini Pasta Salad Mandarin Oranges Pumpernickel Bread w/ Margarine 1% Milk V-8 Juice
8) Munster Cheese Marinated Vegetables Salad Sliced Pears Wheat Bread w/ Margarine 1% Milk Cranberry Juice	9) Tuna Salad Tossed Salad w/ Dressing Chilled Apricots Whole Grain Bread w/ Margarine 1% Milk Apple Juice	10) Sliced Roast Beef Cole Slaw Mandarin Oranges Kaiser Roll w/ Margarine V-8 Juice	11) Egg Salad Tossed Salad w/ Dressing Applesauce Marble Rye w/ Margarine 1% Milk Cranberry Juice	12) Pickled Herring Pickled Beets Mexican Bean Salad Chilled Pineapples Dinner Rolls w/ Margarine 1% Milk Prune Juice
15) Meals on Wheels will be Closed for the Martin Luther King Jr. Day You will receive your Meals For this day January 10, 2018	16) Egg Salad Tossed Salad w/ Dressing Tropical Fruit Salad Whole Grain Bread w/ Margarine 1% Milk Apple Juice	17) Sliced Turkey Carrot Raisin Salad Mandarin Oranges Kaiser Roll w/ Margarine V-8 Juice	18) Tuna Salad Tossed Salad w/ Dressing Chilled Pears Marble Bread w/ Margarine 1% Milk V-8 Juice	19) Whitefish Salad Pickled Beets Three Bean Salad Chilled Pineapple Wheat Bread w/ Margarine 1% Milk Prune Juice
22) Egg Salad Tossed Salad w/ Dressing Pears Rye Breas w/ Margarine 15 Milk Apple Juice	23) American Cheese Cole Slaw Tropical Fruit Salad Pumpernickel Bread w/ Margarine 1% Milk Cranberry Juice	24) Sliced Turkey Marinated Vegetables Three Bean Salad Mandarin Oranges Wheat Bread w/ Margarine V-8 Juice	25) Tuna Salad Pickled Beets Fruit Cup Multi Grain Bread w/ Margarine 1% Milk V-8 Juice	26) Gefilte Fish Carrot Raisin Salad Pasta Salad Sliced Peaches Dinner Roll w/ Margarine 1% Milk V-8 Juice
29)) Swiss Cheese Marinated Vegetable Salad Macaroni Salad Fruit Cocktail Rye Bread w/ Margarine 1% Milk Orange Juice	30) Egg Salad Tossed Salad w/ Dressing Chilled Pineapples Wheat Bread w/ Margarine 1% Milk V-8 Juice	31) Sliced Turkey 3 Bean Salad Potato Salad Sliced Pears Potato Bread w/ Margarine Mustard Prune Juice		