



# Meals on Wheels of Central Maryland

# mealTIMES

MORE THAN A MEAL™

VOLUME 23, NO. 2 Fall 2016



## America, Let's Do Lunch!

by Ellen Falk, Director, Volunteer Services

**I**N JUNE 2016, MEALS ON WHEELS AMERICA and the Ad Council launched a two-year national campaign to recruit new volunteers, on the national and local levels.

### Maryland, Lets do Lunch!

With the senior population projected to double by 2050, it is vital for Meals on Wheels of Central Maryland (MOWCM) to engage a new wave of volunteers to serve an increased client population. These volunteers are crucial to the well-being of our seniors in our broad service area.

This summer, in partnership with the national *Let's Do Lunch* campaign, MOWCM launched a regional campaign to recruit volunteers to serve our most vulnerable citizens.

### The need is growing

Every day, MOWCM's volunteers deliver 3000 meals to those who are in the most need. For many seniors, the

volunteer who delivers their meal is the only person they will see that day. While on delivery, our volunteers take the time for friendly visits and safety checks that make it possible for these dignified individuals to age in their community.

### Celebrating lives of clients

The national integrated public service campaign, created pro bono by the ad agency, Anomaly, invites America to "Do Lunch" by volunteering during the critical lunch hour to deliver meals and a smile to seniors.

"Volunteers are the cornerstone of what we do; they are so important," Stephanie Archer-Smith, MOWCM's Executive Director, says of the campaign's recruiting goals.

Explore the campaign's extraordinary approach for yourself, visit [www.AmericaLetsDoLunch.org](http://www.AmericaLetsDoLunch.org), contact Meals on Wheels of Central Maryland at 443-573-0925 or email: [volunteer@mowcm.org](mailto:volunteer@mowcm.org).

### IN THIS ISSUE

2/ Letter from Stephanie Archer-Smith, Executive Director

3/ 2016 Beatrice Strouse Award Winner

5/ Client Success Story

### OUR MISSION

To enable people to live independently at home through the provision of nutritious meals, personal contact and related services.



## Letter from the Executive Director

*Dear Friends,*

**F**OR ME, Fall is a time for reflection. As I write this letter, with the long, busy days of summer behind me, I reflect on my activities—summer service days, distribution site visits, and huddles on the dock—and I am inspired. While my travels to our twenty-three distribution sites throughout Central Maryland and my time on the dock serve to inform me of organizational needs, it also confirms for me how important our work is and reminds me of just how grateful I am for the staff, volunteers, and community partners who bring our mission to life.

The need in Maryland is great with more than 140,000 seniors in need throughout the state and less than 5,000 who actually receive the nutrition and support services necessary to maintain their health and well-being and most importantly, their independence.

Meals on Wheels of Central Maryland may never be able to serve 140,000 seniors a day, but we will never stop trying to reach and give more to our most vulnerable homebound neighbors each year. With staff like **Thomas, Audrey and Howard** on our team, we are up to the task.

**Thomas** manages our Annapolis site with the detail and precision of a military operation. His volunteers are committed and enthusiastic (not to mention loads of fun); and our site partner, The St. Martin's Lutheran Church School, is more than generous.

**Audrey** is creative, colorful and spunky and at times a little stubborn. How much she cares for her clients and volunteers, and the pride she takes in her work cannot be ignored. Audrey and her volunteers share mutual admiration, working seamlessly together in the beautiful space generously provided by our partner, Faith Presbyterian Church.

**Howard**, a long-time driver with our program, is steady, with a heart of gold and a positive attitude that melts away any stress or negativity in his path. At 73 years of age, Howard loves what he does. He arrives every day with a big smile and a kind word—just what the doctor ordered, and many times just what our clients need to make a difference in their day.

These are but a few of the thousands of people who every day make a difference in the lives of so many seniors in your community. All are unique individuals, many characters in their own right. I am proud to be part of this team, and better for it, as are so many seniors throughout Maryland who, because of Meals on Wheels, have been given the choice to age in their community with dignity and grace.

My Best Regards,

Stephanie Archer-Smith  
*Executive Director*



### BOARD OF DIRECTORS

**GARY PEISACH**

President

**ALAN E. PELJOVICH, PE**

Vice President

**DAVID VOSVICK, II**

Vice President

**CEDRICK JOHNSON**

Secretary

**LORI BURGHAUSER**

Treasurer

**SCOTT STEINBERG**

Assistant Treasurer

**STEPHANIE ARCHER-SMITH**

Executive Director

Community Directors

Wade Barnes

Colette F. Colclough

Chris Humphries

Colleen Pleasant Kline

Rosa Scharf

Larry Seiden

Michael Strouse

Council of Site Representatives

Chairperson—Linda Murphy

Vice Chairperson—Mike Bland

Nancy deLaski

Meals on Wheels of Central Maryland, Inc.

is a 501(c)(3) nonprofit organization—  
donations to which are tax deductible  
to the fullest extent allowed by law.

A copy of our current financial statement  
is available upon request by contacting Meals  
on Wheels of Central Maryland, Inc., 515  
South Haven Street, Baltimore, MD 21224,  
(410) 558-0932. Documents and  
information submitted to the State of  
Maryland under the Maryland Charitable  
Solicitations Act are available from the Office  
of the Secretary of State for the cost of  
copying and postage.

Meal Times is the official Newsletter  
for Meals on Wheels of Central  
Maryland.

515 South Haven Street  
Baltimore, MD 21224

410-558-0932

410-558-1321 fax

1-866-558-0827 toll free

info@mowcm.org

www.mealsonwheelsmd.org

## Alan Peljovich is honored with the 2016 Beatrice Strouse Award

Alan was nominated by his fellow Board Members for his leadership on the Strategic Planning Committee, which is setting a new course for Meals on Wheels of Central Maryland's future growth.

This award is given to a Board Member who demonstrates the leadership qualities and generous contributions of spirit, energy, and commitment as shared by our co-founder, Mrs. Beatrice Strouse.



Alan Peljovich, Vice President of the Meals on Wheels of Central Maryland Board of Directors, was presented with the Beatrice Strouse Award at the July Board of Directors Meeting.

### Corporate Social Responsibility Highlight

## Johnson, Mirmiran & Thompson

Jennifer Ray is a busy engineer in JMT's Transportation Department where she oversees the work of a team of planners and engineers. She and Jill Jameson, Human Resources Senior Associate, co-chair JMT's Corporate Social Responsibility Committee. Its mission is to empower people to make a difference in their communities.

Jennifer says, "All of the people grew up giving back to their community, and they have found a home on the committee because we support a variety of causes, like community outreach, planting trees, and of course, MOWCM. The employees are proud to be known for their company's culture of giving."

This has been reflected by their long-time sponsorship of our annual fundraiser, **Hats & Horses™**, their service in preparing meals at our Central Kitchen and the joy their employees have brought to our clients during meal deliveries.

Johnson, Mirmiran and Thompson is an employee-owned architectural/engineering company offering a full array of consulting and technological services for infrastructure projects throughout the U.S.

## A Hole-in-one at AOL Golf Tourney!



Our thanks go out to the good folks at AOL, who selected MOWCM as the beneficiary of their employee golf tournament fundraiser. Here they are presenting us with a generous check for \$4,000. (Left to right) From MOWCM, Emily Trotter, Volunteer Services, Guy Arceneaux, Marketing, Holly Blackledge, Deputy Executive Director, from AOL, Ken Henry, Amy Rogers, and from MOWCM Events, Courtney Trusty

## CEO of MOWSA visits USA

It was our pleasure to host visitor, **Sharyn Broer** from South Australia, in our offices on Tuesday, August 2. The MOWCM Team gave Sharyn a comprehensive overview of our operations and we all learned that we share similar challenges. One big challenge for Sharyn is the decentralized kitchen facilities MOWSA utilizes in producing their meals. Sharyn Broer is *fair dinkum* by us. (U.S. Translation: A-OK)



Sharyn Broer and Kathy Tinker compare logistics notes while touring MOWCM's kitchen.

### Be an advocate for the power of SNAP (Food Stamps)

SNAP can be used to pay for food at the supermarket, or for home-delivered meals at Meals on Wheels of Central Maryland. **Spread the news!**

Apply for SNAP online at [mydhrbenefits.dhr.state.md.us](http://mydhrbenefits.dhr.state.md.us) or call us: 410.558.0932



## Highlights

### A Spring & Summer Full of Fun

by Courtney Trusty, Director,  
Events and Promotions

#### Hats & Horses a Winner!

Our signature event, **Hats & Horses: An Evening at the Races™**, was a roaring success. This year's event, our 24th annual fundraiser, raised nearly \$200,000 in support of our Home-Delivered Meals Program that ensures those who are homebound in our neighborhoods receive nutritious meals daily. A big thank you to all of the chefs, sponsors, and attendees who made this possible. **Save the date for our 25th Anniversary, Monday, May 22, 2017.**

#### Taste of 3 Cities Entertains with Food Trucks and Music

On Saturday, June 4, The Taste of Three Cities—Baltimore took place at Patterson Park. Meals on Wheels was the charity partner of the event. Staff was on hand during the day, offering food samples and sharing the stories of clients and services with the festival attendees.



Fun was had by all age levels; everyone was a winner on Father's Day.

#### The 3rd Annual MOWCM Father's Day Triathlon/Duathlon Draws More Competitors

With the addition of the Duathlon, we saw an increase in race attendees this year as the popular event

continues to expand. The community-friendly event celebrated families and friends who were cheering their athletes' triumphs and enjoying the beautiful spring weather at the South Carroll Swim Club.



Chef Giovanni Merle of KitchenCray puts the finishing touches on one of the Red Team's winning entries.

#### Mason-Dixon announces the 2016 Master Chef

KitchenCray was announced the winner of the 2016 Mason Dixon Master Chef Tournament. The tournament is a multi-week event featuring two chefs going head-to-head in food-themed battles. Meals on Wheels of Central Maryland has been the charity partner for the last five years. This year, event producers, Erik Folkart and Karen Folkart, presented MOWCM with the largest check ever, \$3,350, for support of our programs and services. We thank the Mason Dixon Master Chef Tournament for the growing support since our partnership began and we look forward to 2017.

#### Chef's Expressions Wine Suppers

MOWCM was proud to be the charity partner with Chef's Expressions for two fun-filled Wine Suppers—the January New Year's Supper and the Bastille Day Supper.

Guests at both events were treated to the special wines that Chef Jerry Edwards hand-selected to accompany his exquisite courses. Chef's Expressions and Spirits of Mt. Washington generously donated 10% of event proceeds to MOWCM in support of our mission. MOWCM tips our hat to Chef Jerry for his dedication and commitment to MOWCM for 24 plus years, especially in the growth of our annual Culinary Extravaganza, now branded **Hats & Horses: An Evening at the Races™**.

Chef Jerry has delivered meals, given his services and has been committed to supporting our work to make sure those in our community who are in need receive daily nutritious meals. Thank you Chef Jerry and Chef's Expressions. Here's a toast to our growing partnership in 2017.

#### The Manic Monday Crew appears on WJZ-TV

The Manic Monday Crew (staff members and MOWCM supporter, Silvia Williams) appeared on Ron Matz's Manic Monday segment singing a whacky send-up of The Bangles song, Manic Monday. The video link can be seen here: [www.mealsonwheelsmd.org/media-coverage](http://www.mealsonwheelsmd.org/media-coverage)



The Manic Monday Crew at Jimmy's Restaurant in Fells Point. (Left to right) Britney Foster, Director, Human Resources, Stephanie Archer-Smith, Executive Director, Silvia Williams, MOWCM loyal supporter, Tina Wallace, MOWCM Driver, Ron Matz, WJZ-TV personality, Guy Arceneaux, Sr. Director, Marketing & Communications



## CLIENT SUCCESS STORY

# Changing a Home Environment for the Better

by Kimberly Street,  
Director, Support Services

Clara and her son, Robert, came to the attention of a MOWCM's HUBS (Housing Upgrades for Baltimore Seniors) case manager when a concerned neighbor drew attention to this urgent case, and an alert was sent to the city-wide program for assistance.

Not only had Clara and Robert been without running water for five days due to a burst pipe in the basement—the mother and son were not able to walk safely in their environment.

They were without running water and were depending on deliveries of bottled water and food from concerned neighbors. Because they would forget to turn off the stove, they could no longer cook for themselves.

The family was quickly referred to MOWCM for our HUBS program, knowing that many other services were available once assigned.

### A Case Manager was able to:

- Get the flooding in their basement cleaned up
- Reinstate running water service
- Begin Home-delivered Meal Service for both, seven days a week through a Title III subsidy
- Refer them to other services to enhance their ability to continue to live at home and stay within their community

Shortly after being placed on meal delivery service, Clara and Robert called the Meals on Wheels case manager to express their gratitude for her efforts on their behalf. Just another example of how we are *more than a meal* to our clients and their families.

For more information, call  
410.558.0932 and ask for Jackie.

## 2016 Volunteer Services Highlights

- About 1,300 active volunteers each quarter
- 310 new volunteers
- 67 different groups packed meals in the kitchen
- 14 students earned their student service learning hours in the Main Office kitchen over the summer
- 52 special projects were donated from various companies, community groups/clubs, and schools—including: The Calvert School, Walter S. Mills Parole Dolphin School, Bryn Mawr, Patterson Park Charter School and Liberty's Promise, a Program for High School Immigrants
- 872 handmade scarves were delivered to homebound clients in December
- 53 volunteers served as grocery shoppers
- 16 routes delivered the Kibble Connection pet food program
- New volunteer Ambassadors training program established to recruit potential clients

For more information please visit: [www.mealsonwheelsmd.org/volunteer](http://www.mealsonwheelsmd.org/volunteer)

## News



Each year, a number of companies and government agencies give their employees a way to give to MOWCM through their workplace giving campaigns. Please note our designation codes below:

### IMPORTANT CHANGE:

The designation code for the **Maryland Charity Campaign** (for state employees) is now:

**#52-6074723**

The following campaign designation codes will **remain the same:**

### United Way of Central Maryland (UWCM)

(For private sector employees and Baltimore City employees)

Designate agency: **#8094**

### Combined Federal Campaign (CFC)

(Federal Govt. employees)

Designate agency: **#85588**

## Thanks to Our Grantors

The following grants have been awarded since our Spring Meal Times issue:

- Annapolis Rotary Foundation
- Anne Arundel Senior Provider Group
- GEICO Philanthropic Charitable Foundation
- W. R. Grace Foundation
- Howard County Department of Community Resources and Services
- The Johns Hopkins Neighborhood Fund
- Maryland State Department of Human Resources
- Montgomery County Council
- Nordstrom Charitable Giving
- Northrop Grumman Corporation, Office of Corporate Citizenship
- United Way of Central Maryland, Baltimore City and Baltimore County Partnership Boards, Grocery Assistance Program





## Tributes

# Gifts made In Memory of and In Honor of those we cherish. Gifts received February 1, 2016 - July 31, 2016

### IN MEMORY OF

Juanita H. Arndts Nathan & Glenda Chernoff	Mildred Cordish Joan Raskin	Dr. Irving O. Galperin, My Husband Gloria Galperin	Helen Jackson Jane C. Jackson-Kolstrom Marlene Jaworski Frank T. Von Rinteln	Marie Leyh Kenneth E. Spencer
Allan Bahr Linda M. Roe	Cleopatra Curtis Bertha Curtis	Carol Geist, Former MOW Volunteer Elizabeth Brown	Kenneth Joel Elsie L. Kaste	Naomi Levin JCC Community Garden Club
Rex Bailey Corey Bailey	Rosalind Deutsh Raymond Weill	Harry & Annette Gendason Neal E. Trieber	Arthur Johnson Julie K. Purnell Maryann Lofft Judge Eileen Lofft	Katherine Littles Julie K. Purnell
Edward J. Balles Jacki Mattheu	Harry Dewey Mr. & Mrs. Hugh B. O'Donnell	Herbert Z. Given Suzanne L. Given	Gerald Kahan Moses Montefiore Anshe Emunah Hebew Congregation Sisterhood	Francis Lovetinsky Richard Lovetinsky David D. Lynch Simone Lynch
Georgina L. Barnes, My Mother Bertha I. Colbert	Bessie Vnuk Diamond, My Mother Gloria Galperin	Mary Godding Kenneth A. Heath	Larry and Gertruce Katz Fuchs & Fried Families	Marie Mackay Rosemarie L. Rauzino-Heller
Charlotte Bart Fredric Cohen	Gertrude "Booty" Drafts Donigian Michael Donigian	Marie Goedeke, My wife A former MOW Volunteer Edmund J. Goedeke	Cecile Kessler Joan Raskin	Mac & Elvera MacPherson From your Loving Family
Barbara Berdon Rodney and Laura Cole	Jon Drobek James F. Hart	Alan Goldberg Betty L. Silver & family	Elizabeth (Betty) Fitzgerald Kettler Steven C. Taylor Drs. Pike & Valega, PC Clifford (Kip) and Nancy Forlines Preeya Gholkar Peter Kettler Terry Kettler Gabrielle McCree William and Marie Hoffman Jane Bell Brent & Peggy Cooley Susan McClure Nicole, Randee, Amy Freia K. Kershow David C. Chalfant Allen & Cheryl Jones 8th Street Investments Catherine McMullen Jennifer Chalfant Claudia Gelzer Jody Reitzes Lorraine K. Marsh Ellen & Scott Pasetliner Roger and Jo Ann Lang	Margaret Mann Bob and Arlene Nusbaum
William Jerome & Dorothy Bracken Ann Bracken	Helen Ebert George E. Schwinn, Jr.	Mary Gordon Bertha I. Plawin	Melvin Kitt Phyllis & Paul Freiman	Laura Marks Sheila Whitman
Phillip Bregstone William M. Mitchell	Carolyn Maxine Edison, R.N. Beverly M. Taylor	Richard Gravois Scott, Maria, Alana and Paul Raper	Mary Klair Nancy B. Cavey	Jacqueline McCosh Andrew W. McCosh
George W. Brewer Betty B. McCullough	Dorothy Edwards Mary E. Cole	Rita Davidson Gross Betty L. Silver	Bertha & Jacob Klein Susan J. Klein	Lois McNamara James M. McNamara
Robert L. Brown Sr. Gaye P. Downs	James C. Edwards Mary A. Cole	Elliott Grossman Helen S. Naviasky	Norman I. Klein Phyllis & Paul Freiman	Morris A. and Clarrise Mechanic The Morris A. Mechanic Foundation, Inc.
William Brown Robert Brown	Ruth Anna Edward Yvonne Edwards	Marie Grube Karen E. Grube	Ray Klein Roz & Steve Blum	L. Frances Meyers Kimberly Cannon
Conner and Jakob Campbell Jeff Campbell	Otto Frank Eisemann Rita L. Siarkowski	Robert Hankin Phyllis & Paul Freiman	Lee Krupsaw Charles & Kathleen M. Kramer Edward B. McGehee Robert J. Lewis	D. Allan Mills Sharon Lee Robinson
Ann Barnes Carlsen John H. Russell Toby Lomax Natasha Rothwell John Carlsen Audrey & Don Lomax Jackie Crispell Robert A. & Nancy R. Hirst Northrop Grumman Law Department Nancy D. Barnes Joanne J. Goodman John Russell & Denis Cortis Dorothy Davis	Albert Einstein High School Walter Duryea Nick & Susan Spinnato Joan Rackey	Anne Heath Kenneth A. Heath	Frank Kurth Frank L. L. Kurth	Caroline E. Mitchell Joy C. League
Kenneth Chamberlain Carole M. Chamberlain	Elsie Wilfred F. Schmidt	John & Marjorie Henderson Patricia L. Henderson	Joel Landsberg Joan Raskin	Amelia & Richard Moran John & Helen Barrett
Phyllis W. Clarke Carol Clarke	Alvin Englert Carol Gray	Joe D. Henrich Phebe Ellis-Roach		Wahib Morgan Claire Morgan
Charles & Sava Cohen Neal E. Trieber	Jack Harold Fisch Ellen Falk	Dr. Norman Herbert Phyllis & Paul Freiman		My Grandparents Jacqueline S. Jackson
Leon & Leon Cohen Neal E. Trieber	Emmaline V. Fodel David T. Fodel	Jerry Herling Phyllis & Paul Freiman		My Mom Sandra Ross
Charles F. Cole Mary E. Cole	Wallace Forrest John J. Barrett	Eleanor Honig Berman McAleer		My Mother Vivian Martin
Edith Cole Mary A. Cole	Milton Franks Jeff and Ann Krieg Bob & Margaret Appel Doris & James Curley Leandra D'Eramo Karen L. Broxon Catherine Franks Margaret Albright Pamela Franks	Ella Hooker Maxine Gaskins		Jane Mueller Irma Sofinowski
Rose Coleman Christine R. McLachlan	Frank Frattali Mr. & Mrs. Robert Hancock	Lillian Hopkins, My Grandmother Pamela Silver		Andrew Murray Myers, a faithful MOW volunteer in Oregon Martha M. Yeager
	Margaret & Louis Frazzitta John J. Barrett	David Houseknecht Norma Fedder		Agnes Nachman Mary Lynn Feakes
	Dorothy Galoon Ellen Levin	August Hudnet Anna J. Hudnet		Marianna & Francesco Napolitano Amedeo Napolitano
		Robert (Bob) Hundsrucker James W. A. Downie		Doris E. and John S. Neubauer Thomas E. Neubauer
		Henry Hynson Edward P. Brunner		Mildred Nochumowitz Norma Fedder



Your tribute gift is the perfect way to help people who are homebound due to age or disability, while also honoring the memory of a loved one or recognizing important moments in the lives of friends and family. When you make a memorial or honor gift to Meals on Wheels of Central Maryland, a special card "In Memory of" or "In Honor of" is sent to the person you indicate. See the form on the back of this newsletter to make your gift.

## Tributes



Edward Norris Dorothy M. Norris	Annette Schatz Andrew Schatz	Mildred Guernsey Smeallie Kathleen Sears Ann Glazer Marge Penhallegon Nancy Grasmick Anthony G. Marchione Richard McElroy Peter Smeallie Elizabeth Taggart Melinda McGhin	Leonard Stinchcomb, Sr. Evelyn E. Stinchcomb	James Kenneth Walter Ann O. Paul Joseph Bowen Penny Brown Keith Fritz Pamela Myirski Vikki Romm Arthur & Sudan McTighe Raymond Smith Stewart & Mary Oliver George Walters Julie L. Boston
Nora & McKinley Jacqueline S. Jackson	Ogle Fitzgerald Scott, My Aunt Dr. Edward F. Taylor	Henry Smith Susan M. Pearce	Doreen Stone Robert S. Fleishman & Laurie Remer Cheri Milrad Ilene & Neri Cohen Seth & Karen Bonnie Eaton Harvey and Janice Berger	Ken & Flo Walter Susan Porembski
Regina O'Connor Frank T. Von Rinteln	Russ Seabold Beverly & Chris Polites	Margaret Smith Natalie F. Jeffrey	Henry & Josephine Strawderman Linda & Mark Padilla	Mary Whitaker Cecil Hassell
Frank & Barbara Pavlich Anne L. Pavlich	Aristidis K. Serevetas Sherri Johnson	Robert Smith Shara B. Alpert	Charlotte W. Sudhoff Richard I. Sudhoff	Lew White Michael E. White
Ethel Pawlak Elaine M. Everley	Anastasia M. Serti, My Mother Dr. Veronica M. Friel	Rosella S. Smith James F. Smith	Janice Teeple Gwen Jones Kelley Kay Keyes Janice Davis & Calvin Sproul	Thomas J. & Helena D. White Thomas F. White
Beverly Pickrell Paxton E. Pickrell	Dr. Machiko Shirahata The Players of the Carolina Rail Hawks	Sarina Smith Cheryl D. Smith	Eunice L. Tillman, My Mother Gail L. Tillman	Dick Whitney, Former MOW volunteer Candy Whitney
Dr. Irvin Pollack Joan Raskin	Ken Shotlander Susan M. Pearce	Mary Smulski David Smulski	Mary Margaret Tweed Pauline Baker Peggy & Jacques Boudin Tracy Freidel	Emma Williams Ara Hardig Pathway, LLC Brian Stoker Carol Holmes Denise Aversa Rudy & Tommie Ayles
Dr. Ronald Pomerantz Alan Feiler	Frieda Shualy Joan Raskin	Robyn Smulski Richard Kieber	Dorothy Vaughan, My wife Leland O. Vaughan	Barbara Yarlott Judith A. Downing
Nellie Porterfield Meyer J. "Mike" Levin	David Silcor Robert Spielmann	Elaine Solomon Phyllis & Paul Freiman	Ruth Bishop Velker Gina Scarinzi	Catherine Veronis Melissa V. Odell
David Posner Leon & Sonia Guggenheim	Betty Lyn Silver Kathleen Bernhardt Deron & Sandy Simpson, Dana Kibler Marsha Goldberg Eli Soka Bruce & Pattie Schindler Jane Weiss	Clifton Spath Debra A. Ray	Ernest Wagner & Anne Wagner Marjorie Gustafson	
Irene J. Rever, a former MOW Volunteer Jean M. Rever	Victor & Pearl Simmons Marilyn S. Phelps	Michael Stange Goucher Family		
Claire Richardson Margaret Bradford	Velma & Frederick Skinner Jacqueline S. Jackson	Leonard Stinchcomb, Jr. Evelyn E. Stinchcomb		
Danny Robertson Evelyn E. Stinchcomb				
Fern Coopen Sandrock Fern C. S. Sargent				
Jacqueline Schmidt Orkin Pest Control (Greg Adkins)				

## IN HONOR OF

All MOW Volunteers and Staff Marjorie J. Chesnut	Michael Duffy Michael D. Duffy	David Mock D. W. Wells Obrecht	Mary Price, Happy Birthday! Beverly & Jordon L. Max	Jule Sockman, A current MOW Volunteer for over 50 years! Village Chapel Presbyterian Church
All Seniors Nancy W. Tripp	Michaeli Erickson Marilyn Price	Jan Montgomery James A. Botelle	Ginny and Ted Rein Patricia J. Thomas	St. Martin de Porres Laura M. L. Maroldy
Wallace Anderson D. W. Wells Obrecht	Nedda Evans, We wish you a speedy and complete recovery! Cheryl R. Kaplowitz and Irwin Weiss	Helen Moran John J. Barrett	Andrew Roseman-Hanauer, Happy Birthday! Robert A. Rosen	Dorothy Stange Goucher Family
Brian Barrett John J. Barrett	The Friday MOW "girls," Deena, Shelly, Norma, Phyllis & Gerry Phyllis & Paul Freiman	Mr. & Mrs. Peter Nicholl, In Honor of Katie's Marriage! Beverly & Jordan Max	Sarah Roth Bruce Roth	Anne Weichert, Happy Birthday! Anne Wiechert
Paul Barrett John J. Barrett	Constance Hammond Maxine Gaskins	Sam Noah Joann & Rob Parr	Freddy Rupp Thomas Burden	Tamy Williams, RN Danielle Brown
Gwen Barbour Maxine Gaskins	Rita & Steve Hoose's Marriage Arline C. Nitzberg	Gary Peisach Michael and Judy Finifter	Ross Smith, Jr., Happy Father's Day! Lois Galinat	Barbara M.J. Yarlott Richard H. Brown
Ella Booker Maxine Gaskins	The Immaculate Heart of Mary Laura M. L. Maroldy	Barbara Pettegrew Hillary L. Pettegrew	Jeannette S. Smith, Happy Mother's Day! Lois Galinat	Martin Zuckerman Susan Pearl
A. Stanley Brager John, and George & Jo Marie Gafos	Frances Makino, Happy 60th Birthday! Cheryl R. Kaplowitz	Gino Polsinelli, Happy 80th birthday! Edward McIntyre & Patricia A. Mank		
Preston Brown Maxine Gaskins				





515 South Haven Street  
Baltimore, MD 21224

**Meal Times**  
VOLUME 23, NO. 2, **Fall 2016**

Non-profit Org.  
U.S. Postage  
Paid  
Suburban, MD  
Permit No. 800

*... enabling people to live independently at home through the provision of nutritious meals, personal contact and related services.*



<http://www.facebook.com/mealsonwheelsmd>



<http://twitter.com/mealsonwheelsmd>



## Donation Form: In Honor Of/In Memory Of

ENCLOSED IS MY GIFT OF: \_\_\_\_\_

IN MEMORY OF: \_\_\_\_\_

IN HONOR OF: \_\_\_\_\_

PLEASE SEND CARD TO (NAME): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

MY NAME: \_\_\_\_\_

MY PHONE NUMBER: \_\_\_\_\_

MY ADDRESS: \_\_\_\_\_

Please send your check with the form to:  
Development Office  
Meals on Wheels of Central Maryland  
515 South Haven Street  
Baltimore, Maryland 21224

While the amount of the gift is never mentioned on the acknowledgement card, we do suggest a minimum of \$10.00.

You can also call **(443) 573-0930** to charge gifts to your credit card or log on to **www.mealsonwheelsmd.org**, then click "Donations."

