

December 2018 KOSHER HOT MEALS Meals on Wheels of Central Maryland

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Beef Vegetable Soup Baked Salmon Wild Rice Glazed Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice	4) Bean Soup Smothered Chicken Breast Mashed Red Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine V-8 Juice	5) Chicken Noodle Soup Hot Dog w/ Roll Baked Beans Sauerkraut Fresh Fruit Mustard Prune Juice	6) Vegetable Soup Meatballs w/ Marinara Sauce Green Beans Baked Apples Dinner Roll w/ Margarine Orange Juice	7) Matzo Ball Soup Baked Honey Chicken Potato Latkes Vegetable Blend Fresh Fruit Potato Bread w/ Margarine Apple Juice
10) Navy Bean Soup Sliced Turkey Whipped Potatoes Green Beans Fresh Fruit Dinner Roll w/ Margarine Orange Juice	11) Vegetable Soup Baked Fish Herbed Orzo Broccoli Fresh Fruit Dinner Roll w/ Margarine Prune Juice	12) Split Pea Soup Meatloaf w/ Gravy Mashed Potatoes Ginger Snap Peas Fresh Fruit Dinner Roll w/ Margarine Apple Juice	13) Minestrone Soup Baked Manicotti Hot Peaches Spinach Dinner Roll w/ Margarine Orange Juice	14) Matzo Ball Soup Roast Beef w/ Gravy Tzimmes Green Beans Fresh Fruit Dinner Roll w/ Margarine Prune Juice
17) Lentil Soup Beef Stew Zucchini Baked Apples Dinner Roll w/ Margarine Apple Juice	18) Vegetable Soup Baked Chicken Baked Sweet Potato Sliced Carrots Fresh Fruit Whole-Grain Bread w/ Margarine Cranberry Juice	19) Navy Bean Soup Meatloaf w/ Gravy Mashed Potato Green Beans Fresh Fruit Wheat Bread w/ Margarine Apple Juice	20) Tortellini Soup Stuffed Shells / Marinara Sugar snap Peas Baked Peaches Bread Stick w/ Margarine Cranberry Juice	21) Matzo Ball Soup Roast Beef w/ Gravy Baked Potatoes Fresh Squash Blend Fresh Fruit Potato Bread w/ Margarine
24) Five Bean Soup Salisbury Steak w/ Gravy Mashed Potatoes Sliced Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice	25) Meals on Wheels Will be closed for the Christmas Holiday You will receive your meals For this day on 12/18/18	26) Beef Vegetable Soup Beef Stew Sweet Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine Prune Juice	27) Lentil Soup Baked Fish Green Beans Fresh Fruit Dinner Roll w/ Margarine Orange Juice	28) Matzo Ball Soup Baked Chicken Brown Rice Sautéed Spinach Fresh Fruit Potato Bread w/ Margarine Apple Juice
31) Beef Vegetable Soup Baked Salmon Wild Rice Glazed Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice				

December 2018 KOSHER COLD MEALS Meals on Wheels of Central Maryland

OVER →

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) Munster Cheese Marinated Vegetables Sliced Pears Whole Wheat Bread Mustard 1% Milk Cranberry Juice	4) Egg Salad Tossed Salad w/ Dressing Tropical Fruit Whole-Grain Bread 1% Milk Apple Juice	5) Sliced Turkey Carrot Raisin Salad Mandarin Oranges Kaiser Roll Mayonnaise V-8 Juice	6) Tuna Salad Tossed Salad w/ Dressing Chilled Pears Marble Rye Bread 1% Milk Cranberry Juice	7) Whitefish Salad Pickled Beets Three Bean Salad Chilled Pineapple Dinner Roll 1% Milk Prune Juice
10) Egg Salad Tossed Salad w/ Dressing Pears Rye Bread 1% Milk Apple Juice	11) American Cheese Cole Slaw Tropical Fruit Pumpernickel Bread Mustard 1% Milk Cranberry Juice	12) Slice Turkey Marinated Vegetables Three Bean Salad Mandarin Oranges Whole Wheat Bread Mayonnaise V-8 Juice	13) Tuna Salad Pickled Beets Fruit Cup Multi-Grain Bread 1% Milk Cranberry Juice	14) Gefilte Fish Carrot Raisin Salad Pasta Salad Sliced Peaches Potato Bread 1% Milk V-8 Juice
17) Swiss Cheese Marinated Vegetables Macaroni Salad Fruit Cocktail Rye Bread 1% Milk Orange Juice	18) Egg Salad Tossed Salad w/ Dressing Chilled Pineapple Whole Wheat Bread 1% Milk V-8 Juice	19) Sliced Turkey 3 Bean salad Potato Salad Sliced Pears Potato Bread Mayonnaise Prune Juice	20) Tuna Salad Tossed salad w/ Dressing Apricots Wheat Bread 1% Milk Orange Juice	21) Creamed Herring Cole Slaw Rotini Past Salad Mandarin Oranges Pumpernickel Bread 1% Milk V-8 Juice
24) Munster Cheese Marinated Vegetables Sliced Pears Whole Wheat Bread Mustard 1% Milk Cranberry Juice	<p style="text-align: center;">25) Meals on Wheels Will be closed for the Christmas Holiday You will receive your meals For this day on 12/18/18</p>	26) Sliced Roast Beet Cole Slaw Mandarin Oranges Kaiser Roll Mayonnaise V-8 Juice	27) Egg Salad Tossed Salad w/ Dressing Applesauce Marble Rye Bread 1% Milk Cranberry Juice	28) Pickled Herring Pickled Beets Mexican Bean Salad Chilled Pineapple Dinner Rolls 1% Milk Prune Juice
31) Munster Cheese Marinated Vegetables Sliced Pears Whole Wheat Bread Mustard 1% Milk Cranberry Juice				