

## May 2018 KOSHER HOT MEALS Meals on Wheels of Central Maryland

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1) Vegetable Soup Cilantro Chicken Herbed Orzo Broccoli Fresh Fruit Dinner Roll W/ Margarine Prune Juice	2) Barley Soup Meatloaf w/ Gravy Mashed Potatoes Sautéed Cabbage Fresh Fruit Wheat Bread W/ margarine Apple Juice	3) Minestrone Soup Baked Tilapia Seasoned rice Spinach Fresh Fruit Wheat Bread w/ Margarine Orange Juice	4) Matzo Ball Soup Honey Baked Chicken Tzimmes Green Beans Fresh Fruit Potato Bread w/ Margarine Prune Juice
7) Lentil Soup Spaghetti & Meatballs Zucchini Baked Apples Dinner Roll W/ Margarine Apple Juice	8) Vegetable Soup Baked Chicken Baked Sweet Potato Sliced Carrots Fresh Fruit Whole-Grain Bread w/ Margarine Cranberry Juice	9) Split Pea Soup Roast Beef w/ Gravy Mashed Potatoes Green Beans Fresh Fruit Wheat Bread w/ Margarine Apple Juice	10) Barley Soup Stuffed Shells w/ Marinara Sugar Snap Peas Baked Peaches Bread Stick w/ Margarine Cranberry Juice	11) Matzo Ball Soup Cajun Chicken Baked Potatoes Fresh Squash Blend Fresh Fruit Potato Bread w/ Margarine Prune Juice
14) Five Bean Soup Stuffed Peppers Pasta w/ Marinara Sliced Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice	15) Chicken Noodle Soup Pepper Steak Fluffy Rice Broccoli Fresh Fruit Wheat Bread w/ Margarine Tomato Juice	16) Vegetable Soup Rosemary Chicken Sweet Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine Prune Juice	17) Lentil Soup Cheese Lasagna Green Beans Fresh Fruit Dinner Roll w/ Margarine Orange Juice	19) Matzo Ball Soup Roast Beef w/ Gravy Potato Latkes Sautéed Spinach Fresh Fruit Potato Bread w/ Margarine Apple Juice
<b>21) MOW will be closed                      For the                      Shavuot Holiday                      You will receive your                      meals                      On 5/16/18</b>	22) Bean Soup Baked Chicken Mashed Potatoes Summer Squash Fresh Fruit Wheat Bread w/ Margarine Tomato Juice	23) Chicken Noodle Soup Hot Dog w/ Roll Baked Beans Sauerkraut Fresh Fruit Prune Juice	24) Vegetable Soup Stuffed Shells w/ Marinara Green Beans Baked Apples Wheat Bread w/ Margarine Orange Juice	25) Matzo Ball Soup Baked Honey Chicken Potato Latkes Vegetable Blend Fresh Fruit Potato Bread w/ Margarine Apple Juice
<b>28) MOW will be closed                      For the                      Memorial Day Holiday                      You will receive your                      meals                      On 5/23/18</b>	29) Vegetable Soup Cilantro Chicken Herbed Orzo Broccoli Fresh Fruit Dinner Roll W/ Margarine Prune Juice	30) Barley Soup Meatloaf w/ Gravy Mashed Potatoes Sautéed Cabbage Fresh Fruit Wheat Bread W/ margarine Apple Juice	31) Minestrone Soup Baked Tilapia Seasoned rice Spinach Fresh Fruit Wheat Bread w/ Margarine Orange Juice	

# May 2018 KOSHER COLD MEALS Meals on Wheels of Central Maryland

**OVER →**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1) American Cheese Cole Slaw Tropical Fruit Salad Pumpnickel Bread Mustard 1% Milk Prune Juice	2) Sliced Turkey Italian Vegetable Salad Three Bean Salad Mandarin Oranges Wheat Bread Mayonnaise V-8 Juice	3) Tuna Salad Pickled Beets Fruit Cup Multi-Grain Bread 1% Milk Cranberry Juice	4) Gefilte Fish Carrot Raisin Salad Pasta Salad Sliced Peaches Dinner Roll 1% Milk V-8 Juice
7) Egg Salad Garden Salad w/ Dressing Chilled Pineapple Wheat Bread 1% Milk V-8 Juice	8) Swiss Cheese Southern Vegetable Salad Macaroni Salad Fruit Cocktail Rye Bread Mustard 1% Milk Orange Juice	9) Sliced Turkey 3 Bean Salad Potato Salad Slice Pears Potato Bread Mustard Prune Juice	10) Tuna Salad Garden Salad w/ Dressing Apricots Wheat Bread 1% Milk Orange Juice	11) Creamed herring Cole Slaw Rotini Pasta Salad Mandarin Oranges Pumpnickel Bread 1% Milk Orange Juice
14) Tuna Salad Garden Salad w/ Dressing Chilled Apricots Whole-Grain Bread 1% Milk Apple Juice	15) Muster Cheese Fiesta & Pasta Salad Sliced Pears Wheat Bread Mustard 1% Milk Cranberry Juice	16) Sliced Roast Beet Cole Slaw Mandarin Oranges Kaiser Roll Mayonnaise V-8 Juice	17) Egg Salad Tossed Salad w/ Dressing Applesauce Marble Rye Bread 1% Milk Cranberry Juice	18) Pickled Herring Pickled Beets Mexican Bean Salad Chilled Pineapple Dinner Roll 1% Milk Prune Juice
<p><b>21) MOW will be closed For the Shavuot Holiday You will receive your meals On 5/16/18</b></p>	22) Muster Cheese Creamy Garden Salad Sliced Pears Wheat Bread 1% Milk Cranberry Juice	23) Sliced Turkey Carrot Raisin Salad Mandarin Oranges Kaiser Roll Mayonnaise V-8 Juice	24) Tuna Salad Tossed Salad w/ Dressing Chilled Pears Marble Rye Bread 1% Milk Cranberry Juice	25) Whitefish Salad Pickled Beets Three Bean Salad Chilled Pineapple Dinner Roll w/ Dressing 1% Milk Prune Juice
<p><b>28) MOW will be closed For the Memorial Day Holiday You will receive your meals On 5/23/18</b></p>	29) American Cheese Cole Slaw Tropical Fruit Salad Pumpnickel Bread Mustard 1% Milk Prune Juice	30) Sliced Turkey Italian Vegetable Salad Three Bean Salad Mandarin Oranges Wheat Bread Mayonnaise V-8 Juice	31) Tuna Salad Pickled Beets Fruit Cup Multi-Grain Bread 1% Milk Cranberry Juice	