

NEWS RELEASE



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FOR IMMEDIATE RELEASE – MARCH 17, 2008

APPLEBEE'S & MEALS ON WHEELS TEAM UP!

Columbia, MD – Show your support for the Howard County Meals on Wheels program by dropping by the **Applebee's** on Benson Drive in Columbia anytime on **Thursday, April 3, 2008**. Applebee's will donate 10% of your food and beverage purchase to Meals on Wheels. Make it an occasion!

Invite friends and family to join in to help support an organization that provides a valuable service to people who are homebound in Howard County. Log on to the Meals on Wheels web site – www.mealsonwheelsmd.org – and go to the Howard County page to download the Applebee's invitation. Diners must present the invitation in order to benefit Meals on Wheels.

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The Howard County Meals on Wheels Program is a nonprofit organization that enables homebound people to eat well and remain in their own homes. As part of Meals on Wheels of Central Maryland, our dedicated staff and volunteers prepare and deliver over 73,000 nutritious meals a year to over 300 homebound individuals in Howard, Montgomery, and Prince George's counties. But Meals on Wheels is more than a meal – we also provide grocery shopping and other support services to help our clients maintain independence and peace of mind.

