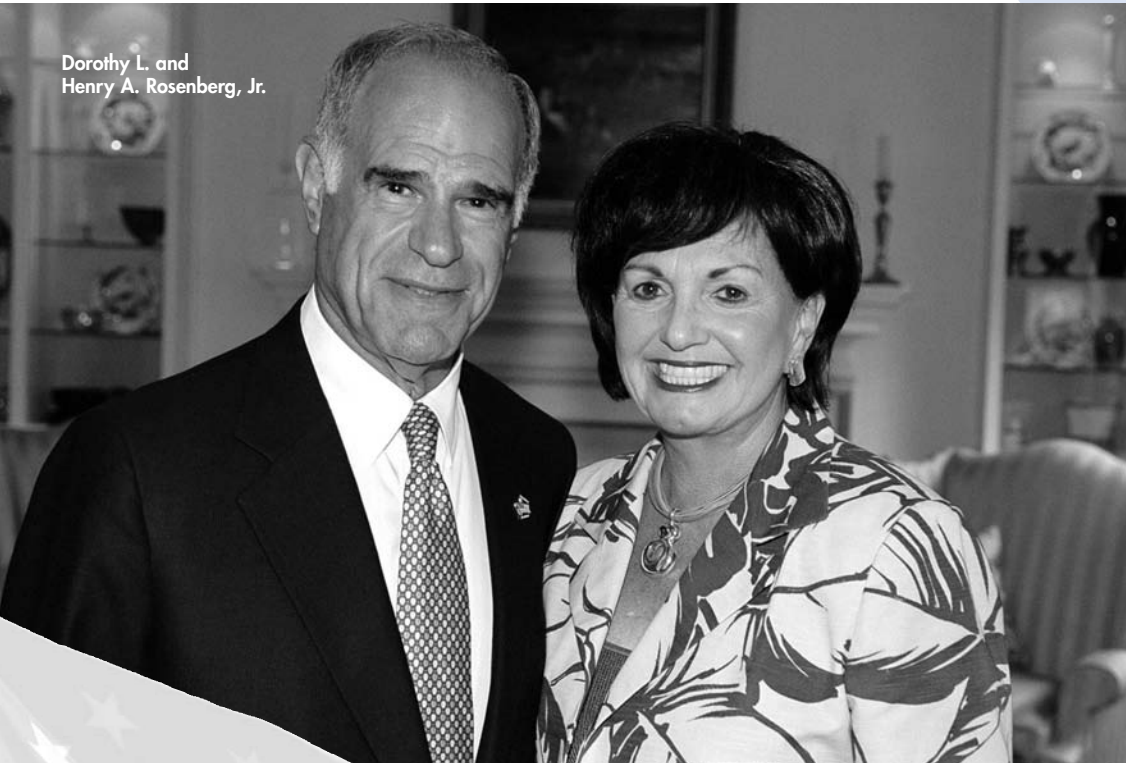


meal times

SPRING 2007

A newsletter for the friends of Meals on Wheels of Central Maryland

Dorothy L. and
Henry A. Rosenberg, Jr.



- 3 events
- 4 fundraising/
donor survey
- 5 client services
- 6 volunteering
- 10 memorials

Chef Jerry Pellegrino



Stand At Attention For The 15th Annual Culinary Extravaganza – A Salute To American Cuisine!



Monday, June 11, 2007

6:30 p.m. – 9:30 p.m.

Baltimore Marriott Waterfront
700 Aliceanna Street, Baltimore

Your Culinary

Extravaganza Hosts:

Dorothy L. and Henry A. Rosenberg, Jr.

To find out more about the event, become an event sponsor, or to purchase tickets, log on to www.mealsonwheelsmd.org/culinary, e-mail events@mowcm.org, or call Faye Carey at 410-558-0932 Ext. 10928.

CORPORATE SPONSORS as of March 5

Platinum Plate

Allegis Group Foundation

Constellation Energy

Mercantile Bank & Trust

The Dorothy L. and Henry A. Rosenberg,
Jr. Foundation

Gold Plate

M&T Bank

Silver Plate

Ward Development Group

Media Partners

Style Magazine

Baltimore Messenger

The Daily Record

Comcast Cable Communications

Maryland Public Television

WLIF-101.9FM

WTMD-89.7FM (Towson University)

WYPR-88.1FM



*"When we are no longer able to change a situation,
we are challenged to change ourselves."* Victor Frankl

One of the standard axioms of a successful organization is that it strives to adapt to the changing and sometimes challenging environment. *Meals on Wheels of Central Maryland* is not immune to these circumstances. We have served every client in need throughout Central Maryland for over forty-five years, and we have done so despite limited government support, rising food prices, and the ever-increasing cost of fuel. The leadership of this agency has been prudent in its use of our precious funds, and the community has always been generous in its support. We now find ourselves facing another challenge that will test our adaptive skills.

I have been asked quite a bit recently about United Way of Central Maryland's December announcement of a new funding/allocation system and its anticipated impact on our agency. *Meals on Wheels of Central Maryland* submitted an application for funding under United Way's new grant application process, but we were not selected as a Community Impact partner. Although we are disappointed, our immediate attention has turned to an unfortunate complication created by the United Way's decision.

Effective with this change, our name and three-digit donor designation code, along with those of 35 other highly reputable charitable organizations, will no longer appear in the 2007 United Way Campaign's Participating Agencies Booklet. We fully expect that this action will deter some individuals from designating to a charity whose name no longer appears in the booklet. In the case of *Meals on Wheels of Central Maryland*, we could face a potential loss of approximately \$70,000 in designated contributions to our program in the upcoming 2007 campaign.

In financial terms, those dollars help us to prepare and deliver 14,000 meals. In human terms, it is our clients who would suffer. But, despite their decision, I believe our mission remains essential to our communities and an integral part of the safety net for our seniors. In fact, we will continue to serve our clients because we must not allow them to go hungry.

This is our challenge – we must identify and implement new communication strategies in this upcoming United Way campaign to accomplish two things: maintain our base of donor designations from those who have designated us in past campaigns and grow that donor designation base to include those who have not designated previously to Meals on Wheels.

With that in mind, we will be contacting those who have contributed to us in the past via the United Way private sector campaign, and we will be asking them to consider making a donation directly to *Meals on Wheels of Central Maryland*. This agency's success is based on the community's belief in what we do, and their confidence that we do our job well. If we continue to be true to our mission, I am confident that the Central Maryland community will support our work, and our clients' needs, regardless of the decisions made by the United Way.

A. Thomas Grazio
Executive Director



Officers

Kevin C. McCormick *President*
Karen A. Jacobs *1st Vice President*
Liselotte H. Karaolis *2nd Vice President*
James Gabriel *Secretary*
Richard J. Ruggieri *Treasurer*
Rita St. Clair *Assistant Secretary*
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Linda Weinberg
Ben Zager

Meal Times is the official Newsletter
for the Friends of Meals on Wheels
of Central Maryland.

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Baltimore, MD 21224

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410-558-1321 fax

1-866-558-0827 toll free
info@mowcm.org email
www.mealsonwheelsmd.org

Meals on Wheels of Central Maryland, Inc. is a 501(c)(3) nonprofit organization, donations to which are tax deductible to the fullest extent allowed by law. A copy of Meals on Wheels' current financial statement is available upon request by contacting Meals on Wheels at 515 South Haven Street, Baltimore, Maryland 21224 or by calling 410-558-0932. Documents and information submitted to the state of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage.



Saturday, April 28, 2007
First Annual Turbo Turtle Race

3:00 p.m. – 5:00 p.m.
 McDaniel College Indoor Pool
 Westminster

When supporters adopt a turtle for \$5, they provide a nutritious hot meal to a person who is homebound in Carroll County and also qualify for a chance to win \$10,000.

Visit www.turtlesplash.com for more information

Monday, June 11, 2007
15th Annual Culinary Extravaganza – A Salute to American Cuisine!

6:30 p.m. – 9:30 p.m.
 Baltimore Marriott Waterfront
 700 Aliceanna Street
 Baltimore

One night of fabulous food that will feed you for one night and thousands of others for days. Live and Silent Auctions, live music.

2007 Culinary Hosts:
 Dorothy L. & Henry A. Rosenberg, Jr.

Visit www.mealsonwheelsmd.org/culinary for more information



Friday, July 13, 2007
Hawaiian Bingo!

7 p.m.
 Rosedale Gardens
 8037 Philadelphia Road

Tickets are \$20 for 20 games



Monday, October 22, 2007
NACE UNCORKED!

Event Time TBA
 The American Visionary Arts Museum
 800 Key Highway
 Baltimore

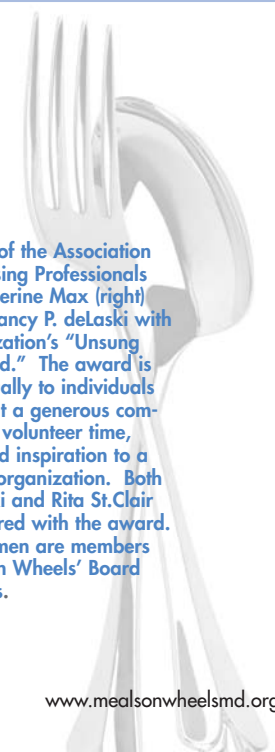
Meals on Wheels of Central Maryland has been a beneficiary of this event for the past two years.

Visit www.baltimore.nace.net for more information

If you have a fundraising idea or are interested in scheduling a fundraising event to benefit Meals on Wheels, call 410-558-0932 or e-mail events@mowcm.org



On behalf of the Association of Fundraising Professionals (AFP), Catherine Max (right) presents Nancy P. deLasky with the organization's "Unsung Hero Award." The award is given annually to individuals who exhibit a generous commitment of volunteer time, support and inspiration to a non-profit organization. Both Ms. deLasky and Rita St.Clair were honored with the award. All the women are members of Meals on Wheels' Board of Directors.





Double Your Gift To MOWCM

Did you know that many companies have matching gift programs for their employees AND retirees. When you make a contribution to Meals on Wheels, many employers will match it. Often it's as simple as including your company's gift form when you send in your check. Meals on Wheels completes and submits the form and, *voila*, your gift is doubled! Check with the Human Resources department of your current or former employer to find out if you can make a match!

Endow Your Gift

How to make your gift last forever.

Endowing your gift involves leaving a gift to Meals on Wheels in your will in an amount whose investments create a gift for current use year after year – forever.

Here's how it works: Meals on Wheels will invest your bequest and then spend a fixed amount of your gift annually, (currently set by the Board of Directors at 5%), to provide meals for the homebound. Any additional amount is reinvested to help grow the endowment.

How much would it take to endow your annual gift, so that Meals on Wheels could receive that amount indefinitely? Let's use, as an example, an annual gift of \$100. With our endowment spending policy set at 5%, you would multiply your annual gift by 20. In this case, a bequest of \$2,000 will insure your annual gift indefinitely.

The added benefit is that the spending policy of the endowment allows the asset value and, thus, the annual income, to grow to offset inflation. Because of this increase, you may actually increase your gift to Meals on Wheels over the years. Setting up an endowment could be the most farsighted and enduring act of your lifetime!

Endowment gifts to charitable organizations provide them with a steady, dependable source of income. By endowing your gift to Meals on Wheels, you create a way to play a special part in sustaining a cause that means a lot to you.

We would be happy to discuss endowment gifts further with you, your tax advisor or attorney. Please contact us today at 410-558-0932.

log on to www.mealsonwheelsmd.org to donate

Donor Survey

From over 24,000 of our current donors, Meals on Wheels mailed a questionnaire to a cross-section of 4,000 seeking their feedback on a number of questions related to their perceptions about Meals on Wheels (MOW). 370 donors returned their questionnaire (29%), which is considered a good level of response.

"What follows are what we consider to be some of the more significant findings from the survey responses." Each represents a strength or a weakness in how we communicate our messages to donors. We will be using this information in the future to increase client and volunteer recruitment, better educate the public about our services, and communicate more strongly our message of donor designations to MOW in the upcoming United Way Campaign.

- 74% of respondents donated to Meals on Wheels because the money went to serve the truly needy;
- 66% of respondents expressed a positive regard for the agency;
- Only 51% of the respondents knew that Meals on Wheels used volunteers to deliver meals to clients;
- Although 86% of respondents valued programs with low administrative costs, only one-third of respondents realized that Meals on Wheels has a low administrative overhead, with .84 cents of every dollar going to direct services.
- 73% of respondents had contact with a client, volunteer or someone familiar with Meals on Wheels;

A Personal Story

Richard Holmes, recuperating at home with the help of Meals on Wheels after quadruple bypass heart surgery in November, is needed back at work at GTV (Government TV) in Howard County. His supervisor, GTV Station Manager **Tara Gary**, is visiting when *Meal Times* arrives for an interview. Ms. Gary is hopeful that Dick will be getting back to work soon.

“Dick first came to us in 1995 and he’s been producing our ‘Pages from the Past’ spots since 1997,” she says. “He has a great interest in history and had been researching, writing and doing the voice-overs for all the spots that are part of our ‘Inside Howard County’ feature program.”

Even before his GTV career in later life, Mr. Holmes had already built up a wealth of experience in both radio and television during the 50s and 60s. After earning a B.A. in Communications from American University, he held several communications positions on the east coast. It was while he was employed as a film editor at Channel 7 in D.C., however, that he became allergic to film dust – life is filled with irony. Facing a career change, Mr. Holmes went to the University of Maryland and obtained teacher certification in special education, which he then taught for a number of years until health concerns demanded yet another career change. And that’s when Richard Holmes began his career on stage.

“My mother was involved in singing, performing, and teaching drama – I grew up watching her on stage and would sit in on her classes when I was little,” he says. He got an apprenticeship at Arena Stage in D.C. and went to Broadway three years later with one

of their shows. “I worked with James Earl Jones at Arena Stage in *The Great White Hope* and then went to Broadway with the play. I also did a lot of musicals. Working with Jones was a wonderful experience. It’s always a pleasure to recall that,” he reminisces.

After about 14 years working out of New York City, he came back to the D.C. area to take care of his ailing parents and continued to do some stage work in local dinner theaters until health concerns, again, necessitated that he make another career change.

“I found out about the Green Thumb Program which was about how seniors can get back to work after they’ve been out of the workplace for a number of years, which was my situation,” said Dick, “So I got in touch with them and that’s how I wound up at GTV.”

“Dick is a professional – he has a good eye and I rely on him to help us review the show every week. He has given us great input,” says Ms. Gary. “He also has a great voice, so we use him for voice-overs.”

As if he didn’t already meet and exceed the eclectic standard for careers, Richard Holmes has one more surprise on his resume. He is also a professional Santa Claus. Although he missed working the holiday season this past December because of his surgery, Richard Holmes has got the gig on his calendar for 2007.

“I’m feeling better every day and can’t wait to get back to GTV,” he says. “The first time I got Meals on Wheels was back in 1997 after a hospitalization – so when my social worker at the rehab facility suggested it to me this time I said ‘Oh, yea, I’ve done that before’ – both times have



Richard Holmes and Tara Gary, station manager, Howard County GTV

been positive experiences, the quality of the food is good and there’s decent variety.”

Richard Holmes, and others, are helped daily through good nutrition and a friendly visit from caring Meals on Wheels volunteers. Less frequently, Meals on Wheels helps people like Mr. Holmes “bridge” the gap between recuperating from an illness or hospitalization and getting back to work.

“We’re into ‘Pages From the Past’ re-runs now, Dick, so you have to get back soon,” concludes Ms. Gary.

And Meals on Wheels is happy to help him do just that!

Toni Gianforti, Editor

To obtain service or to become a Meals on Wheels volunteer, call toll-free 1-866-558-0827 or log on to www.mealsonwheelsmd.org

Special Thanks To . . .

Bob and Nancy Pohl, Towson Volunteers – On January 11, Bob and Nancy Pohl were delivering meals to clients on Route 8 in Towson. When they arrived at one client's Westbury Road home, they found him bleeding profusely. They first stemmed the bleeding and then called for an EMT crew which transported the client to the Greater Baltimore Medical Center. Both quick actions saved the client's life.

Dottie Galoon and Joan Hoppenstein, Weinberg House Volunteers – When one of their clients, who lives in a high-rise apartment building, didn't answer his door to take his meals as usual, Dottie and Joan went to the building manager and expressed their concern. When the building manager opened the client's door, they discovered that he had fallen and was in need of medical attention which they obtained immediately. The client is doing fine – two more Meals on Wheels volunteers who are everyday heroes.

Gino and Gerry Polsinelli – While delivering on their route on a recent holiday, the Polsinellis discovered that one of their clients was in some pain. They suspected that she had broken her hip and quickly reported this to their Site Coordinator, who then called the client's emergency contact to notify them. The family is very thankful for their quick action.

Meals on Wheels is, indeed, "more than a meal" – some of our volunteers are literally life-savers!

The Honorable Elijah E. Cummings (D-7th District) – In addition to again participating in our March 2006 "March for Meals" Campaign, when he delivered meals to some of his homebound constituents in the West Baltimore area, Congressman Cummings wrote a personal letter introducing Meals on Wheels to many church leaders and directors of grassroots organizations in his District. The Congressman eloquently relayed his thoughts on his own experience delivering meals and called on the community to think about volunteering time with Meals on Wheels. As a result of his help, Meals on Wheels has been asked to present information about the assistance it provides to local residents at various speaking engagements with some positive results.

2006 Annual Volunteer Recognition Event "Picnic Pics"

Below: We were saddened to learn that Meals on Wheels volunteer Jean Small (left) passed away in early March. Jean was presented with the 2006 Ernestine McCollum Award in recognition of over 39 years of dedicated service to Meals on Wheels. At the time of her passing, Jean lived and volunteered at the Weinberg Place Distribution Site, where she had given over 600 hours this past year packing meals. Jean was presented with the award by Tom Grazio, MOW executive director, and Catherine Max, Board member and fellow Weinberg Place volunteer. Our condolences go out to Jean's family and friends – she will be missed by all of us.



Moms On Wheels

As moms decide what activities their children will be involved in over the summer, they should consider delivering meals together. Starting this May, Meals on Wheels will begin the “Moms on Wheels” campaign to encourage every mom to do just that.

“Even if a mom, or grandmom, has a child at home during the day, taking them with you to deliver meals can be a valuable and rewarding experience for both,” said Erin Boguski, volunteer coordinator.

Many scholarships are available to students who have logged hundreds of hours of community service. It’s never too early for children to start earning those hours, while also teaching them the value of service to the community.

The “Moms on Wheels” campaign will kick off on May 1. To learn more about this special volunteer recruitment campaign, call your local Meals on Wheels office, toll-free, at 1-866-558-0827.

Kirin Dozier and her children (left to right), Sterling, Lamont, and Shayna, whom she home-schools, deliver meals once a week at the Faith Distribution Site.



The Pet Food Program

Thanks to the participation of some of the Banfield Pet Hospitals in the MOW “Season of Suppers” campaign, many of our clients received donations of pet food this past winter.

“We visited several Banfield locations in our service area and all donated several large bags, assorted cans, even some toys, treats, a cage, and a carrying case,” said Erin Boguski, volunteer coordinator. “The Banfield in White March donated over 600 lbs. of pet food!”

For more information about the Pet Food Program or to volunteer, contact Volunteer Services at 410-558-0932.



Above: Career Starters Volunteers, who volunteer every month, pack emergency meal kits

Right: Jill Spriggs, a Carroll County Grocery Shopping volunteer, writes:

“I and the children I watch a few days a week before the bus comes made these snowmen for the clients. After seeing how the lady I grocery shop for enjoys such small things, we decided to try to give others a little happiness and some smiles. I think each month we will try to do something for the clients.”

Left to right in the photo: Suzy Spriggs; Sarah Thomas; Amanda Wolbert; Robert Flutka; Bryan Flutka



... More Volunteer Pics



Left: Volunteer Coordinator Erin Boguski (left) presents Becky Gochar, a 40-year Meals on Wheels Dundalk Site volunteer, with a check for \$50 donated by Captain Harvey’s Submarine Shop on Dundalk Avenue. Steve Sharon, manager at Captain Harvey’s, donated the gift to recognize the commitment of a volunteer.

Below: Johns Hopkins Bayview Medical Center volunteers





We're Speaking Up!

With the completion of their training in late January, a group of Meals on Wheels volunteers are now available and eager to speak at social, civic and service clubs, church and community organizations, or other group meetings regarding the Meals on Wheels program and the Meals on Wheels volunteer experience.

To schedule a speaker for your group meeting, or if you have questions about the Speakers Bureau, contact Erin Boguski, 410-558-0932 Ext. 10940 or Toni Gianforti, 410-558-0932 Ext. 10914.

log on to www.mealsonwheelsmd.org to learn how to volunteer

THANK YOU!

Since the fall 2006 issue of Meal Times, the following individual volunteers and volunteer groups, civic organizations, churches and businesses, gave generously of their time by packing and delivering meals, creating special occasion greeting cards and place mats, or making a financial contribution on behalf of our clients.

Although there is no question that the primary service provided to our clients is nutritious meals, it is also a fact that our clients' spirits are lifted by the thoughtfulness paid to them through the efforts of these individuals and groups. Their work and our work complement each other.

ANNE ARUNDEL COUNTY

The Pascal Senior Center
David and Anne Ansel
Donald and Delma Taylor
United Way
Four Rivers Garden Club
Arinc
United States Naval Academy,
Religious Offering Fund
Woods Memorial
Presbyterian Church
Severna Park Kiwanis Club
Foundation, Inc.
Flossie and Robert Randall
Lakeshore Rotary Club
Nan Croft
Gibson Island Garden Club
Hillsmere Garden Club
Community Center After School
Program
Brownie Troop #2245
Shipley's Choice Elementary School
First Grade
Cub Scout Troop #771
Annapolis Homeschool Co-op
Severna Park Lady Lions
Best Western on Riva Road
Avon Store
Capital Vac and Sewing Center
Cathy Horrell
Karen DeCoste

Jan Puckett
Ralph and Madeline Horrell.
Girl Scout Troop #2301
Glen Burnie Methodist Church
Glen Burnie Improvement Association
Annapolis Pottery
Protestant Community USNA
Religious Offering Fund,
St. Andrew the Fisherman
Paul & Karen Bunting
Woods Memorial
Presbyterian Church
Asbury United Methodist Church
Severna Park Kiwanis Club
Lake Shore Kiwanis Club
Our Lady of Sorrows Catholic Church
Glen Burnie
United Methodist Church
Severna Park Lions club
St. Martin's Lutheran Church
Ruth Parker Eason School
Anne Arundel Community College,
Service Learning Center

BALTIMORE CITY/ BALTIMORE COUNTY

Brownie Troop #178
Brownie Troop #937
Girl Scout Troop #1640
Girl Scout Troop #1869
Josh Griffin, Art Education Student

Middle River Boys' and Girls' Club
Mount Royal Elementary School
Perry Hall Elementary School
Prettyboy Elementary School
Ridge Ruxton School
Roslyn Garden Club
Sandalwood Elementary School
The Glen Arm Garden Club
The Heatherfield Garden Club
Towson Presbyterian Church
Towson University's "Art on Wheels"
Art Education Program
Woodbury-Murray Hill Garden Club
High Grounds
Wegman's
Mosaic Community Services
Banfield Pet Hospitals in
Central Maryland
Living Classroom's Career Starters
Mary Sue's/Naron's Candy
Little Garden Club
Captain Harvey's Submarine Shop,
Dundalk Avenue
Blue Wing Transportation
JOINS Unit
National Association of
Catering Executives (NACE)
Louis Ross Foundation
T. Rowe Price Associates Foundation
Glenn L. Martin Foundation
American Red Cross
Choice Program
Richmond Reserve Bank
Athelas

CARROLL COUNTY

Sonlight Stamp Ministry
CHANGE, INC.
Senior Inclusion Program,
Carroll Co. Bureau of Aging
Girl Scout Community #71
Helping Hands/Sandymount
Elementary School
Scout Troops #171 & #1586
Girl Scout Troop #4002
Jill Spriggs' daycare children
Cub Scout Troop #381, Den #3
Girl Scout Troop #810
Lend-a-Hand, South Carroll
High School
Girl Scout Troop #391
Runnymede Elementary School

Liberty Good-Timers at Wards
Chapel United Methodist Church
Edgewood Church of the Brethren
First United Presbyterian
Church of Westminster
Stone Chapel
United Methodist Church
Wesley Freedom
United Methodist Church
Margaret Malta-Caplan
William Miller
Robert Billheimer
City of Westminster

HARFORD COUNTY

Baldwin 4-H Club
The ARC
Aberdeen High School
Christ Our King Lutheran Church
Jarrettsville United Methodist
Church
The Church of St. Patrick
Catholic Church
Grace United Methodist Church
Aberdeen Proving Group
Federal Credit Union
Jones Junction, Inc.
Mrs. Susan Fiala
Bel Air United Methodist Church
Fallston Presbyterian Church
North Harford High School
Churchville Presbyterian Church
Hopewell United Methodist Church
Bel Air Lions Club

HOWARD COUNTY

Adele Lurie
Columbia MedcomGroup
Girl Scouts of Central Maryland
Jim and Susan Rouse
Mr. and Mrs. Babu Baradwj
Popular 4-H Club
Robert and Bonnie Johnson
The Atkins Family

To find out how your club, service organization, or school can volunteer for Meals on Wheels, log on to www.mealsonwheelsmd.org and click on "How To Volunteer."

A Volunteer Story

Living a full life is more than academic to Timonium residents John and Mary Jordan. Both have had active and challenging careers – John retired in 2000 after 35 years at Loyola College, most recently as dean of academic services, and Mary was administrative assistant to the vice president for academic affairs at College of Notre Dame for 18 years before she retired at about the same time. One might expect they would elect to spend most of their retirement years in leisure activity – not the Jordans.

With each of their three daughters facing either difficult pregnancies or postpartum illnesses six years ago (within 14 months of one another), the Jordans decided to retire their academic careers and become day care providers for three of their grandchildren – Liam, Julianna, and James. At about the same time, they became interested in volunteering for Meals on Wheels of Central Maryland.

As active celebrants for over 25 years in the Social Ministry of the Catholic Archdiocese (their church was St. Pius X on York Road and is now Church of the Nativity on Ridgely Road), the Jordans began delivering to Meals on Wheels clients served from the Towson Distribution Site. Their grandchildren accompanied them on their delivery route.

Several years later, with everyone in the family healthy and happy, the Jordans are grateful every day for their good fortune, but are always aware that many of the clients to whom they deliver meals are not as fortunate.

John and Mary Jordan want to encourage others to volunteer for Meals on Wheels and share with them how their own lives have been enriched through their association with the program, the clients, and above all through social ministry.



Mary and John Jordan delivering meals in Towson

To become a Meals on Wheels volunteer, call toll-free 1-866-558-0827 or log on to www.mealsonwheelsmd.org and click on "Volunteer."

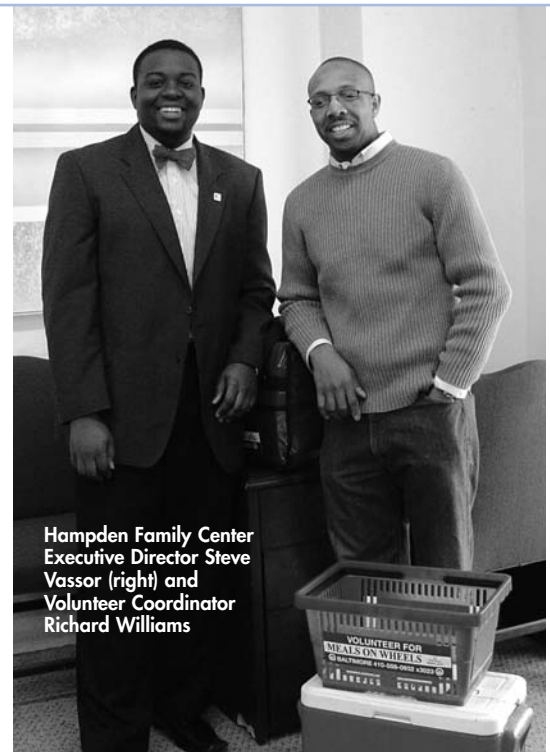
Hampden Family Center Reaching Out

This past February, volunteers from the Hampden Family Center, located on 36th Street ("The Avenue") in Baltimore, began delivering meals to people in the surrounding community who are homebound. Hampden Family Center began their program with meal delivery to 14 clients on one route.

Steve Vassor, executive director of the Center, Richard Williams, an Americorps volunteer and overall volunteer coordinator at the Center, and Ali Danois, program director, worked closely with Meals on Wheels to get the program off to a successful start.

"We have a number of programs serving the community and its seniors," said Vassor. "Partnering with Meals on Wheels made a lot of sense, since we know that there are roughly over 1,600 seniors in our area who may need service now or sometime in the near future."

Hampden Family Center is also taking on volunteer recruitment activities for the home-delivered meal program, as well as reaching out to identify people who may need the service.



Hampden Family Center Executive Director Steve Vassor (right) and Volunteer Coordinator Richard Williams

Your special gift is the perfect way to help people who are homebound due to age or disability while also paying tribute to the memory of a friend or loved one, or honoring the special occasion of someone you know. These thoughtful gifts enable Meals on Wheels to provide home-delivered meals to people in the community who need our service. When you make a special memorial or honor gift to Meals on Wheels of Central Maryland, a tasteful card "In Memory Of" or "In Honor Of" is handwritten and sent to the person you indicate.

Below is a list of Memorial and Honor Gifts received between July 1, 2006 and January 31, 2007.

In Memory Of

Granville Meredith "Curly" Adams

Ronnie Caron
Christ Child Society
of Annapolis
Jim & Betty Cockrill
Four Rivers Garden Club
Audrey Gilbert
U.S. Naval Academy Class
of 1937

Marian Baker
Betsy & Tom Swann

Sarita Baker
Victory Chapter #40 OES

Ernest L. Barnard
Helen V. Barnard

Doris Baxter
Don & Carol Grier

Catherine Riner Bednego
Jean Boznick

Karen Loreen Berbig
D. Rus

Gordon Betz
Roland Brown

Pearl Bishop
William Bishop

Elizabeth C.B. Blake
Sally & Ed Allinson
Christopher R. &
Janice M. Ford
Kenneth & Sally Smith

My mother, Marie Brandon
Marva Waid

George W. Brewer
Lena J. Brewer

Frances & Walter Brown
Jo Ann K. Brown

Robert Buckingham
Mr. & Mrs. M. Huddleston

Charles A. Buerger
Ronnie Buerger
Mr. & Mrs. Robert S.
Hillman

Gladys Elizabeth Bush
Delma & Donald Taylor

Mr. Kenneth P. Canton
Pat Lorentzen

David Caplan
Ruth Goodman

Dorothy W. Carter
Robert E. Carter

The descendants of the
Chester/Brothers family
Fannie E. Chester Alston

Cindy
Betty L. Shiver

Helen Clayson
Connie Fink

Marie Clements
Nesbert E. Parker

Gilbert M. Cohen
Alice J. Gordon & Family

Rev. Louis Cole
James & Rosemary Dehn

Gertrude Collier
Mrs. Betty Silver

Betty Corken
Lt. Col. and Mrs. C.K.
Whitfield, USMC (Ret)

Mary Cossentino
John J. Cossentino

My mother, Marta Cougoux
de Gordin † 10/08/05
Estela White

Ruth Crenshaw
Mr. & Mrs. Olin Conrad

Kathlyn M. Davison
Eileen K. Barth
Betsy Tolland

Kathlyn M. Davison, with
whom I served Meals on
Wheels for several years
Jane T. Swope

Helen O. Downs
Howard & Ginny Rutherford

Marilyn K. Dunn
Lewis R. Kurt

Bernard E. Ebkens, father of
Anne Ebkens
Nate & Glenda Chernoff

Alice Herrick Ekern
Barbara E. Simerl

Junior M. Evans
Kathryn C. Evans

Anna Fach's son and daughter
Flossie & Robert Randall

Rob & Betty Feeley
Ella M. Raysinger

Capt. Earl P. Finney
Phil & Carmen Liebrecht

Joseph Firmani
Mr. & Mrs. Santo Barco

Martha Ford
Frank Anders

Eugene Fouse
Patricia J. Thomas

Elizabeth Friedman
Barbara D. Comman

Sarah Friedman
Bev & Alan Gersh

Mr. B. Norman Frisch
June E. Frisch

Joan Furr
Mr. & Mrs. Nello Girella

Ellen Gaber
Morton Schindler

To Barry Ganz, in memory of
his father
The Bridge Family

Mr. George George
Betty and Joan Raskin

Dorothy Gibson
Don & Carol Grier

George Goldberg
Lue & Irv Maggin

Raymond J. Gordon
Alice J. Gordon

Ray Gordon
Susan Wood

Simone Graham
Dr. George G. Graham

Paul R. Greenberg, R.P.H.
Sylvia J. Greenberg

Rev. William B. Greynolds
Earline Greynolds

Alice Gross
John Scott, Jr.

Elizabeth Haines
James H. Gutman

Jerome P. Hannon
Andrew N. Schatz

Edward M. Hanrahan
Virginia S. Burns

Belle & Bert Hart
Leslie Pick

Norma Hartung
Lorraine Lukens
Eugene & Anne McGraw
The faculty & staff of Notre
Dame Preparatory School
Anita Rothman

Betty T. Hatch
Elaine DePoy

James H. Hebron
Darlene Y. Morrison

John & Marjorie Henderson
Patricia Henderson

Rosie Hendricks
The Harford County Infants
& Toddlers Program

Gil Henneger
Ingeborg Weinberger

Mildred Hood
Judy Harkins

Dr. Daniel & Esther Hostetler
Heather Hostetler

Mr. Teh-Shing Huang
Christina Huang

Jean B. Hubbert, sister
Lois Gross

Evelyn Hyde
Ruth B. Velker

Charles J. Hymiller
Mrs. Ann Hymiller

Charles J. Hymiller, Sr., for his
9/19 birthday
Anna Hymiller

Mrs. Viola B. Jones
Brenda Jones

Ethel Kaplan, mother of
Mrs. Sue Guben
Beverly Epstein

Orrin C. Kaste
Elsie Kaste

Masako Katahira
Lucy Siegel, Keiko Okano
and Staff of Bridge Global
Strategies
New York Pharma Forum,
Inc.

Helmut Kayser
Robert Kayser

Janice Kellenhouse
Mr. & Mrs. Richard Allen, Sr.

Isabella Kerns
James Hart

Craig Keuski, on what would
have been his 30th birthday
Mr. & Mrs. Arthur Stritch

Rosalie Kim
Derwin F. Kim

George & Nora King,
my parents
Mabel Ricciardi

Mr. Patrick B. Kirwan
Betty and Joan Raskin

Your beloved mother (to the
Krome family)
Dorothy Galoon

Hannah E. Kurtz
Lewis R. Kurtz

Edward Legum
Gary Legum & Carol Seydel

Bud Lell
Roy & Joyce Gary

The father of Barbara Leventhal
Robert Paul

Lorraine Lilienfeld
Annette Siamon Feit

Emma Lindemon
Alexandra Lindemon

Mary Loeb
Ray Loeb

Paul Lubbe
Roger J. Rath

Evangeline Maguire, mother
Marjorie Cuneo

Stanley H. Majewski
Frank J. Majewski

William B. Manda
Carole J. Caplins

Doris & Will Martini
Cindy Kirtley

John S. Maykuth, Sr.
Jean Maykuth

Bill L. McCauley
Richard & Jane McCauley

Esther Mehlman
Maxine & Abraham Forman

Herman & Anne Mendelson
Geraldine Mendelson

Frances L. Miller, volunteer
Joseph O. Miller

Nella Mosca
Andrew N. Schatz

Darlene Neff
Morton Schindler

Dr. Robert S. Nichols
Rose Ann Nichols

Dorothy Nizio, beloved mother
and grandmother
Doris Cohen

Tom & Helen Ogilvie
Stephanie Verhage

John Leonard O'Neal
Ethel Nason

Mr. & Mrs. Orenstein
Howard Orenstein

Anna Orentlich
Pam & Randy Roberts

Emily Owens
James W. Schmidt

Parents
Frank & Rosalind Baker

My parents
Harriet J. Cohen

Anthony Parisi
Frieda Malament

Walter M. Patterson
Grace Patterson

Henry Pear
Mr. & Mrs. Oscar Schapiro

Mrs. Shirley Perkins
Jr. & Mrs. Richard Allen –
Tracie's dad and mom

Carmen Plante
Maryann Lofft Judge

Miss Dorothy H. Rawlings
Nancy Rawlings

Grace Rayfuse
Frances Sedney

Ann. R. Reese
Mr. & Mrs. Edward Reese
Dorothy Wilcox

Doris Richmond, with my deepest sympathy
Dotty Galoon

Helen Ritterspusch
Mary L. Gordon

Victoria Rockman
Cecelia Blalock

George Rogers
Patricia Totzauer

Doris E. Rolf
Patricia Totzauer

My brother, Al Rosen
Rose Tuber

Selma Rudo
Cyrile & Ron Goldman

Mr. & Mrs. L. Oscar Rust, Sr.
Mary I. Rust

Morris Sackel
Chelsea Sackel

Esther Sapperstein
Golden Ring Travel and Transportation

Alec Satsky
Arlene & Box Nusbaum

Andrew N. Schatz, Sr.
Andrew N. Schatz, Jr.

Mr. Bill Schindhelm
Mr. & Mrs. John (Jack) Garbart

Herbert W. and Marion M. Schroeder
Michael A. Schroeder

Morris Schwab
Robert & Shifra Weinberger

Robert E. Schmellenkamp
Wilmer J.E. Sauerbrey

Pearl Scruggs
Charles Scruggs

Betty Sheehan
Mary Jo & Brad Cross

Laura Sherman
Louise Brown

Rosella Smith
James F. Smith

My son
Bettye Bachran

Martha Spivak, our mother and longtime Meals on Wheels volunteer
Mr. & Mrs. Ellis A. Caplan

Edith Steinberg
Phyllis G. Gilgore

James Stevenson
Deneitra Hutchinson

Maude L. Stewart
Perry W. Stewart

Patricia Stockus
Jo Gibson
David Gotwald
JoAnn Lynn
David A. Vignolo

Helen D. Strock
Janet O'May

Sue
Jim & Jeanne Galbreath

Margaret D. Swope
Nathan Chernoff

My son, Kevin Thraillkill
Agnes Thraillkill

Alice Totzauer
Eugenia Blevins
Doug & Mimi Corry
Elayne Hendrickson
Hollis Mooney
Nesbert E. Parker
Sally & Ed Ross
Margaret Sydnor
Edward & Patricia Walton

Charles & Alice Totzauer
Mr. & Mrs. Paul Wilkinson

Gordon & Justine Townsby
Heather Hostetler

To Rachel & Jennifer Krause, in memory of their grandfather
Frank Tralins
The Bridge Family

To Lois Karp in memory of her father, Frank Tralins
The Bridge Family

Jeanne C. Trexler
The Edwin J. & Jeanne C. Trexler Foundation

Linda Tudor
Leonard Bass

Stephen Vaughn
Nicole King

Beth Vaughn
John DeSantis & Bonnie Hurwitz

Stephen Vaughn
Nicole King

Catherine Veronis
Vincent & Melissa Veronis Odell

Charlotte Wamboldt
Friends at Homewood Products, Homewood Sales & Homewood Energy
Jerry & Cindy MacConnell
Jill Wittman

Doris Wawrzynkiewicz, beloved mother of John Clark & Robert Clark, who died January 14, 2007
Robert Paul

Nathan Weinberg
Barbara Kaylor

Edna Weisman
Edna R. Shaffer

Elmer P. West
Barbara West

Donald E. Wetzel, volunteer and award winner
Donna Balls

Ellen Frances White
Mary Ellen Gamber

Charles Whitmer
Jeannette Whitmer

Charlotte Willasch
JoAnn Baumgardner
Dudley & Annette Ewen
Margaret Goodhand
Cathy & Richard Jones
Audrey Kahnle
Edith Kozma & the Tuesday Bridge Club
Esther Lang & the Tuesday Bridge Club
Shirley B. Powell
Marian Sause
Phil & Nancy Sause
Frieda G. Schaefer
Charles Smyrk
Elizabeth Steiner
Roland & Peggyann Willasch
Anna Williams

Lewis B. Williams
Mary Williams

Elsie Wilt
Lovettia Johnson

John E. Wineke
Nate & Glenda Chernoff

Seymour Wingrat
Betty & Joan Raskin

Aileen S. Winter
Donald L. Winter

Mrs. Anna Wollschlager
Deborah Wyda

George Woodhead
Joe Biddle

Fortunata Yedlin, beloved mother
John DeSantis & Bonnie Hurwitz

Rose Yuspa
Catharine Yuspa
Stuart & Eleanor Yuspa

For you, Dad, Henry J. Zorn
JoAnn Baumgardner

In honor of

R.M. Albert & Jane Davis
Mary Elizabeth Albert

Leonard Bass
Anne Milstein

Mrs. Nana Bernstein
Susan Gold

Kathy Bredbenner
Mary Louise Ellenberger

Rabbi Brull
Phyllis G. Gilgore

Our daughter Wendy Camlin, for all her hard work to be the best nurse she can be!
Mr. & Mrs. Irving Pratt

William E. Campbell, Jr.
Christine Opalenik

Mrs. Edythe Canton
Pat Lorentzen

The many clients who have been served so well by Meals on Wheels over the years!
Carolyn C. Workman

Edward L. Cochran
Chris Cochran

Mrs. Norma Jane Danzer
Richard & Mary Ellen Huether

Mrs. Bruce Danzer
Cathy & Mac McClelland

Adrienne Dern
Maxine Saunders

Brian & Robin Garner
Beverly Garner

Bruce & Nettie Garner
Beverly Garner

Mr. & Mrs. Thomas A. Garner
Beverly Garner

Jean Geddes, Harford County Site Manager
The Campbell Family

Our beloved grandmother
Michael Alexander

Julia Hammond
Mr. & Mrs. John A. Martin

Janet & Herb
Sandra R. Leichtman

Viola B. Jones
Brenda Jones

Edwin Jules
Steve & Michelle Hecht

July Birthdays!
The Thursday Birthday Group

Caroline Kaufman
Gail Fishman
Jessie M. Montague
Julie Regine
Catherine Steiner

Caroline Kaufman's 9th Birthday
Mark & Lisa Kaufman
Michelle Leff
Lauren Taylor

Julia Kaufman
Carline Kaufman

Ben Lubbehusen
Julie A. Novak

Catharine Max
Her parents, Beverly & Jordan Max

Jeffrey Meyers
Carole M. Sterner

Anne Milstein
Leonard Bass

Mr. Kevin Moore, for being a great friend and in celebration of the holiday season
Debra Weinberg

Ed & Mary Nettleship, who have devoted countless hours for the benefit of others
Robert L. Hocutt

Our troops who are fighting in Iraq and Afghanistan
George & Arlene Horner

Dolly Phillips
Northern Hills

My daughter, Lauren Ryan
Sara Levin

Marion Sause, a good friend, at Christmas
Mrs. J.E. Pfarr

Nancy Shults, Meals on Wheels Volunteer
Elizabeth Knupp

Francis & Ed Strike
Curtis & Kimberly Dupree

Kathi & Joseph Thomas
Kathleen Thomas

Those who become inactive
Inez Vaughn

My mom, Faith Wenk
Wolfgang Kahan

The Wheeler Family
Mary L. Dunn

Dr. John Young
Yu-Chen Lee

In honor of Special Celebration

In honor of a special birthday for Mrs. Ethel Chase
Norma & Oscar Schapiro

Rose Goldener's Special Birthday!
Evelyn & Izzy Morrison

The wonderful dinner party hosted by the Gubens and the Reynolds!
Martin & Rhona Levin

Hanukkah and Babs Putzel-Bischoff and Chuck Bischoff
Joan E. Rosenstein & Kenneth R. Roberts

The 50th wedding anniversary of Mr. and Mrs. John Heyn!
Cyrile & Ron Goldman

For a Happy Chanukkah to Mrs. Linda Himmerlich
Doris & Bill Fader

The marriage of Mr. & Mrs. Kenneth Holland
Calvin E. Tyler

Viola B. Jones' 99th Birthday!!
Brenda Jones

Twins born to Mr. & Mrs. Alex Klaff!!
Janet Caslow

The Honorable Jonas D. Legum being made Judge of District Court for Anne Arundel County!
Trudy & Joe Kaufman

To honor the wedding of Janet and Herb Maloney
Donna Levy

In honor of the 50th wedding anniversary of Mr. and Mrs. Philip Marcus
Miriam & George Black

Esther Michelson's 90th Birthday
Frederick N. Hyman

In celebration of Bruce Sandler's birthday
The Sanders

Get well soon Oscar Shapiro
Barry Shapiro

Thomas D. Wallace Sr.'s 81st birthday
Fannie E. Chester Alston

Enclosed Is My Gift Of: _____
In Memory Of: _____
In Honor Of: _____
Please Send Card To (name): _____
Address: _____

My Name: _____
My Phone Number: _____
My Address: _____

Please send your check with the above form to:
Development Office
Meals on Wheels of Central Maryland
515 South Haven Street
Baltimore, Maryland 21224

While the amount of the gift is never mentioned on the acknowledgement card, we do suggest a minimum of \$10.00.

You can also call 443-573-0930 to charge gifts to VISA or MASTERCARD or log on to www.mealsonwheelsmd.org, then click "Donations."

Running Hot, Running Cold!

"HOT SHOT" Vehicle
Now In Operation In
Montgomery County



Montgomery County residents in Leisure World and the Burtonsville area who are unable to shop for their groceries or prepare their own meals now receive two nutritious meals a day as a result of a cooperative agreement between the public and private sectors.

Meals on Wheels received word in June that then Montgomery County Council President George Leventhal and members of the Council awarded funds through their community grant process toward Meals on Wheels' purchase of a "Hotshot" vehicle. The remainder of the vehicle's cost was provided by The Carl M. Freeman Foundation.

"Hotshot" vehicles are retro-fitted to maintain foods at a safe temperature while being transported. Meals on Wheels began providing service in Montgomery County in 1999 to locations in the county not being served by other meals programs. This past year, Meals on Wheels served over 12,000 meals to 72 Montgomery County residents.

To obtain service or to become a Meals on Wheels volunteer in Montgomery County, call toll-free 1-866-558-0827 or log on to www.mealsonwheelsmd.org.



Meals on Wheels
of Central Maryland

515 South Haven Street
Baltimore, Maryland 21224

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