

NEWS RELEASE



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FOR IMMEDIATE RELEASE – AUGUST 28, 2007

Baltimore, MD – Two individuals were honored recently by the Howard County Meals on Wheels program at their August 3 Volunteer Appreciation Luncheon.

Karen Spranza, a resident of Savage, was presented with the Howard County Volunteer of the Year award, and **Jim DiPaolo**, a Laurel resident, was presented with the Laurel Volunteer of the Year award. The awards were presented by **Karen J. Saul**, program service supervisor, Howard County Meals on Wheels.

Ms. Spranza, a 12-year Meals on Wheels volunteer, drove a weekly meal delivery route for many years, and also assumed the role of route chairperson. Although she no longer delivers meals to homebound clients in the county, she continues to volunteer as a grocery shopper for clients of the program.

Mr. DiPaolo, who just recently became a Meals on Wheels volunteer, delivers meals bi-weekly to clients in the Laurel area and also volunteers as a shuttle driver from the Meals on Wheels site at the Bain Center in Columbia to the Phelps Center in Laurel.

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Last year, the Howard County Meals on Wheels program delivered 57,445 meals to 247 Howard and Prince George's County homebound residents. But Meals on Wheels is more than a meal – we also provide grocery shopping and other support services to help our clients maintain independence and peace of mind.

