

# NEWS RELEASE



FOR MORE INFORMATION, CONTACT:

Toni Gianforti      410-558-0932 Ext. 10914  
Email:                marketcomm@mowcm.org  
Web Site:            [www.mealsonwheelsmd.org](http://www.mealsonwheelsmd.org)  
Address:             515 South Haven Street  
                            Baltimore, MD 21224

## FOR IMMEDIATE RELEASE – August 30, 2007

Baltimore, MD – Meals on Wheels of Central Maryland will honor program volunteers at the **47<sup>th</sup> Annual Volunteer Appreciation Bull Roast**, Sunday, October 7, 1:00 p.m. to 5:00 p.m., at the UAW Hall Local #239, 1010 South Oldham Street, Baltimore.

Individual volunteer awards will be presented, as well as a special corporate recognition award to **Phillips Foods, Inc.** Phillips donated crab cakes and other seafood product for Meals on Wheels clients on the Fourth of July. Phillips employees have also volunteered for the program, delivering meals to clients in South Baltimore.

**Sheilah Kast**, host of *Maryland Morning with Sheilah Kast*, will be guest speaker. Ms. Kast's program airs on WYPR-88.1FM.

Meals on Wheels volunteers are asked to call 443-573-0925 or 1-866-558-0827 (toll-free) to make a reservation.

**-end-**

*Meals on Wheels of Central Maryland is a nonprofit organization that enables homebound people to eat well and remain in their own homes. Our dedicated staff and volunteers prepare and deliver over 800,000 nutritious meals a year. But Meals on Wheels is more than a meal – we also provide grocery shopping and other support services to help our clients maintain independence and peace of mind.*

