

NEWS RELEASE



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Baltimore, MD – Meals on Wheels of Central Maryland (MOWCM) is kicking off their first *Moms for Meals* campaign beginning May 1.

“*Moms for Meals* is a volunteer recruitment campaign targeted for mothers and grandmothers who realize the value of performing volunteer activities with their children and grandchildren,” said Erin Boguski, MOWCM volunteer services coordinator. “We thought it would be a great idea to begin our campaign in May because of Mother’s Day and also because May is Older Americans Month and the majority of our clients are women who are frail and elderly.”

MOWCM will conduct the *Moms for Meals* volunteer recruitment campaign through their Central Office in Baltimore (also covering Baltimore County) and in their local county offices in Anne Arundel, Carroll, Harford, and Howard counties.

“We hope mothers and grandmothers will join our campaign and find out how they and the children in their family can make such a positive difference in the lives of our homebound clients who live in their community,” added Boguski.

For more information on *Moms for Meals* call 410-558-0932 Ext. 10925, toll-free 1-866-558-0927, or log on to www.mealsonwheelsmd.org.

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Meals on Wheels of Central Maryland is a nonprofit organization that enables homebound people to eat well and remain in their own homes. Our dedicated staff and volunteers prepare and deliver over 800,000 nutritious meals a year. But Meals on Wheels is more than a meal – we also provide grocery shopping and other support services to help our clients maintain independence and peace of mind.

