

NEWS RELEASE



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Baltimore, MD – The Meals on Wheels program that serves the Leisure World area in Silver Springs and the Phelps Center area in Laurel is in critical need of volunteers to deliver meals to individuals who are homebound, frail and elderly.

Volunteers would pick up the pre-packaged meals at either Leisure World or Laurel, and then return the empty cooler and hotbox containers to the same location after they have delivered the meals to clients of the program. Volunteers should anticipate meal delivery routes taking approximately one hour to an hour and a half to complete.

To volunteer or for more information, contact Karen Saul, 410-730-9476 or toll-free at 1-866-558-0827.

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Meals on Wheels of Central Maryland is a nonprofit organization that enables homebound people to eat well and remain in their own homes. Our dedicated staff and volunteers prepare and deliver over 800,000 nutritious meals a year. But Meals on Wheels is more than a meal – we also provide grocery shopping and other support services to help our clients maintain independence and peace of mind.