

meal times

FALL 2007 Volume 14, No. 2

A newsletter for the friends of Meals on Wheels of Central Maryland

executive director's message



As I informed readers in the spring 2007 issue of Meal Times, in the upcoming 2007 United Way of Central Maryland private sector (business) campaign, Meals on Wheels, and several other nonprofit, charitable organizations, will not be listed in the campaign booklet. However, individuals who participate in this campaign can still direct, or designate, their campaign contributions to Meals on Wheels by writing in our full address, as instructed on this page. It is also important to note that any designation to Meals on Wheels, or to any other agency not listed in the booklet, will be applied to the total dollars raised both in your workplace and in the United Way campaign.

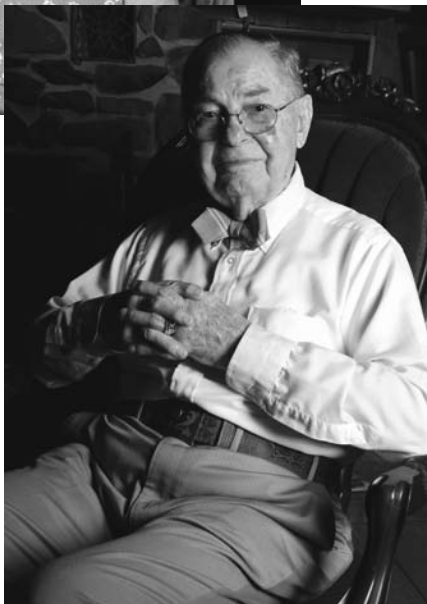
If you participate in the Baltimore City, state of Maryland, or federal workplace campaign, nothing will change—look for Meals

on Wheels in your campaign booklet and write in on your pledge card the designation number next to our name.

Meals on Wheels' success is based on the community's belief in what we do, and their confidence that we do our job well. Help us continue to do that—show your support by designating Meals on Wheels of Central Maryland in your 2007 workplace charity campaign.

If you have any questions about the designation process or Meals on Wheels' role in the campaign, contact Faye Carey, development director, at 410-558-0932 Ext. 10928 or e-mail donate@mowcm.org.

A. Thomas Grazio, Executive Director



3 Reasons to Designate Meals on Wheels of Central Maryland to Receive your 2007 Workplace Charity Campaign Donation

To designate in the United Way of Central Maryland Campaign: when you receive your pledge card, write in Meals on Wheels of Central Maryland, 515 S. Haven St., Baltimore, MD, 21224 in the space provided for agency designations.

To designate in the Combined Charity Campaign (for Baltimore City employees), the State Charity Campaign (for Maryland State employees), and the Combined Federal Campaign (for federal employees): when you receive your pledge card, write in Meals on Wheels of Central Maryland's designation number in the space provided for agency designations.

Sunday, October 7, 2007
47th Annual Volunteer Recognition Celebration—It's a Bull Roast!

1:00 p.m. – 5:00 p.m.
 UAW Hall
 1010 South Oldham Street, Baltimore
 The Volunteer Recognition Celebration is a time for Meals on Wheels to thank our over 2,000 volunteers who do so much for our clients every day. Check for more information to follow on our Web site www.mealsonwheelsmd.org.

Tuesday, October 16, 2007
Friends Helping Friends

Boscov's Stores at Marley, Westminster & White Marsh
 Meals on Wheels supporters can buy a one-day shopping pass for \$5 and receive 25% off all purchases that day

Monday, October 22, 2007
NACE UNCORKED!

Event time TBA
 Benefits the National Association of Catering Executives (NACE) Foundation, a supporter of Meals on Wheels of Central Maryland. Check for more information to follow on our Web site www.mealsonwheelsmd.org.

October 2007
Bingo!

Time and Date TBA

November 2007
Spin Yours Wheels Spin Fest!

Cycle from 6:00 a.m. to 6:00 p.m. - \$20/hour donation
 Date TBA

Indoor cycling at various fitness locations in the metropolitan area

February 2008
Dinner & Comedy Show

Towson American Legion



Thanks
to All
Who Made the
Meals on Wheels Turtle Splash
a Huge Success:



Deborah Goff and her volunteer committee
McDaniel College
 And the following sponsors

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log on to www.mealsonwheelsmd.org to learn more about our events

Phillips Crab Cakes Made For a GREAT July 4th!

Buy Any Phillips Crab Meat or Frozen Seafood Product
 Restaurant Quality Seafood

Save **55¢**

Expires 6/30/08. Coupon void if altered, copied, sold, purchased, transferred, exchanged or where prohibited or restricted by law. **Consumer:** One coupon per item purchased. Good only on product indicated. **Retailer: Do not double.** Phillips Foods, Inc. will redeem coupon for face value plus 6¢ handling if in compliance with our Redemption Policy. Void if restricted or taxed. Mail to: Phillips Foods, Inc., CMS Department #70057, 1 Fawcett Drive, Del Rio, TX 78840



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Thanks to Phillips Foods, Inc. Meals on Wheels clients had a great 4th of July holiday meal that could be characterized as true American cuisine—crab cakes and tuna steaks!

“We thought that delivering crab cakes and tuna steaks on the 4th of July would be a great way for us to benefit all Meals on Wheels clients and also help them enjoy this very special holiday,” said Honey Konicoff, marketing vice president at Phillips Foods.

As another expression of support for Meals on Wheels, Phillips is offering our friends and supporters a \$.55 retail coupon for any Phillips Crab Meat or Frozen Seafood Product.

To sign up for Phillips monthly newsletter on Seafood visit www.phillipsfoods.com.

Culinary Extravaganza Raises \$145,000

Meals on Wheels of Central Maryland was honored this year to have Dorothy and Henry Rosenberg, Jr. chair our annual fundraising event. They interjected a fresh perspective and made everything fun – from planning the event to the night of June 11.

The Rosenbergs knew we had a sizeable stable of culinary talent, but for this year's event they asked the chefs to give their creations a decidedly American twist. The chefs, always up for a challenge, did not disappoint. In a "Salute to American Cuisine," the chefs presented the crowd with Chesapeake Crab Sautee, Barbequed Baby Back Ribs with Cheddar Cheese Mashed Potatoes, Baked Rock Oysters with Bacon, Cabbage & Guinness Sabayon, Red, White & Blue Fire-Roasted Buffalo with Bleu Cheese, Summer Corn and Crab Soup, Fresh Peach Cobbler, to name but a few of the dishes set out for the crowd.



Above: Chef Duff Goldman, Charm City Cakes

Left: Chef Nancy Longo, Pierpoint

Far Left: Chef Paul Glomp, Elkridge Club



*To Our Great Culinary Chefs ...
... Many Thanks!*

Tim Mullen
Baltimore Marriott
Waterfront Hotel

Cabot Creamery
Cooperative

Daniel Chaustit &
Christopher Ellis
Christopher Daniel
Restaurant

Mitch Cooper
Baltimore Marriott
Inner Harbor @
Camden Yards

Peggy Cooper
Baltimore Marriott
Waterfront Hotel

John Degges
Phillips

Jerry Edwards &
John Walsh
Chefs Expressions

Barry Fleischmann
Innovative Gourmet

Nino Germano
La Scala

Paul Glomp
Elkridge Club

Duff Goldman
Charm City Cakes

Nancy Longo
Pierpoint

Ray Mikesell
Stone Mill Bakery

Jerry Pellegrino
Corks

Benjamin Erjavec
The Oceanaire Seafood
Room

Donald Spence
An Poitin Still

Kimberly Rigby
Perfections

Michel Tersiguel
Tersiguel's French
Country Restaurant

Bill Tien
Matsuri

Rashad Edwards
Kali's Court Restaurant

James Minarik
The Prime Rib

Chris Paternotte
VIN

Dennis Shakan
Baltimore's Tremonts

Ronnie Ching
The Classic Catering
People

THANK YOU To our Corporate Sponsors and Media Partners

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Foundation

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WTMD-89.7FM (Towson University) WYPR-88.1FM

Special Thanks To . . .

The Seton Keough High School's Student Council and Drama Department – For generously donating to Meals on Wheels over \$800 in proceeds from their annual Variety Show. They also related to us the following: “During the last performance, an announcement was made that the Variety Show would benefit Meals on Wheels. Applause broke out! ... We hope that this [donation] helps you in your mission to continue being advocates for those most vulnerable.”

Glen Burnie Volunteers **Theresa Weir** and **Lou Calka, Sr.** – When they knocked on a client's door in April and heard a cry for help, they called 911 immediately. Although paramedics took over and cared for the client, both Theresa and Lou helped calm her and encouraged her to go to the hospital for further observation. She is now doing fine, although it took three days for medical staff to stabilize her.

The client's niece, **Laurel White**, wrote to tell us the following: “How do you say thank you to these two heroes? There are not enough words to express our family's gratitude to these two outstanding volunteers. They went above and beyond what they had set out to do that day on their delivery rounds. I hope they realize just how much of a difference they made that day. I don't want to forget how much of a difference any one of your volunteers make on a daily basis for helping the needy.”

St. Margaret's Episcopal Church, East Joppa Road – When Towson Presbyterian Church needed to reclaim the space that Meals on Wheels had been occupying in order to expand their child day care program, **Eric Crouse**, church sexton at St. Margaret's said it was a pretty easy decision to take in Meals on Wheels. “Our church was named after St. Margaret of Scotland, who did a lot of outreach for the hungry and the community,” he said. “Having Meals on Wheels here is continuing the tradition. We're very excited to have them here.”

Towson Presbyterian Church – For providing a home for our program's Towson Distribution Site for over 40 years. Many heartfelt thanks!

Volunteer Snapshots

Athelas Institute volunteers Michael Rosen, Joseph Edgerton, and Damien Gough (pictured, left to right) were presented in June with volunteer recognition awards at MOWCM's Volunteer Appreciation Luncheon at Catonsville United Methodist Church. Mr. Edgerton, who is a counselor at the Institute, and his students, have been delivering meals for the past two years to clients in the Catonsville/Woodlawn area.



Charlotte Keegan and Grandson Connor Naunton



Deloitte Touche employees

Deloitte Touche employees recently spent a day at Meals on Wheels packing meals in the Central Kitchen and then delivering meals to clients on several area routes. Deloitte's community service was part of the company's nationwide Impact Day initiative.

Connor Naunton delivers meals to clients in Old Ellicott City every Tuesday with Grandmother "Mom Mom Char" (Charlotte) and Grandfather Brian Keegan.



Athelas Institute Volunteers



Rebecca Wells-Wright



Linda DeBlase

Hats Off to Social Security Administration!

Meals on Wheels presented a special recognition award to **Social Security Administration/Center for Medicaid Services (SSA/CMS)** at their 2007 Volunteer Recognition Luncheon in March. Since 1978, when 77 SSA/CMS employees began delivering meals to homebound people in the Catonsville-Woodlawn area, people who are homebound and in need of nutrition can count on SSA/CMS employees to come through for them. Associate Commissioner **Cheri Arnott**, Social Security Administration's Office of External Affairs, received the award from Meals on Wheels Executive Director **Tom Grazio**, on

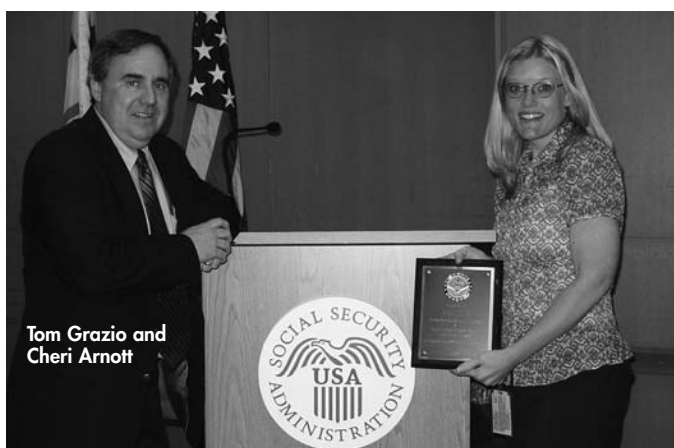
behalf of Social Security Commissioner **Michael J. Astrue**.

Rebecca Wells-Wright was selected as 2007 SSA/CMS Volunteer of the Year.

Meals on Wheels also presented an award to **Linda DeBlase**, who retired from SSA in January of this year after over 41 years of service.

In 1984, Ms. DeBlase began with Meals on Wheels by delivering meals on one route and then picked up a second route soon after. In February 1997, she took on the additional role of scheduler for Thursday volunteers. Beginning in June 1998, she took on even more responsibility as SSA/CMS Coordinator, responsible for recruiting and training new volunteers and acting as liaison between employees and Meals on Wheels.

Although now retired, Linda requested that she continue as the SSA/CMS Meals on Wheels coordinator – a request gratefully granted by Meals on Wheels. It was fitting that at this year's SSA/CMS Volunteer Appreciation Luncheon Linda was presented not only with a special plaque acknowledging her service to Meals on Wheels, but also a key chain with a small steering wheel attached!



Tom Grazio and Cheri Arnott

Your special gift is the perfect way to help people who are homebound due to age or disability while also paying tribute to the memory of a friend or loved one, or honoring the special occasion of someone you know. These thoughtful gifts enable Meals on Wheels to provide home-delivered meals to people in the community who need our service. When you make a special memorial or honor gift to Meals on Wheels of Central Maryland, a tasteful card "In Memory Of" or "In Honor Of" is handwritten and sent to the person you indicate.

Below is a list of Memorial and Honor Gifts received between February 1, 2007 and July 2, 2007.

In Memory Of

Dorothy Amrhein
Doris Argo
Alice J. Gordon

Mary Asendorf
Mr. & Mrs. Raymond Smith

My son, Bryan Bachran
Bettye Bachran

Shirley C. Baesch
John F. Baesch

Brenda Blyweiss
The Bain Center Council
JoAnne Baumgardner
Evelyn Belduc
Mrs. Marten Blumberg
Janet Caslow
Carolyn Clough
Dina Davis
Peggy Ecker
Aunt Betty, Uncle Herb,
& Nelson Freed of
Canton, OH
Dick & Rita Goldberg
Ellen Gutow
Elizabeth Hibbard
Inge Hyder
Stanley Kaiser
Barbara Kaplan
Shirley Kaufman
Bob & Diane McGraw
Joe Murphy
Lorraine O'Connor
Robert & Ligaya Petrisko
F. Jean Razmus
Robert & Gail Reno
Christina Ritzcovan
Nick & Estelle Sarlanis
Jennifer & Joseph Sclafani
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Mark & Liz Sherwin
John F. Sietsema &
Michelle Domangue
Dean & Dotti Smeins
Ann Spiegler
Karen Spranza
Stephanie Stern
Carol Stretmater
Anne Talvacchio
Mary Cate Walter
Nancy Wasserman
Phyllis & Harold Wilson

Helen Boehm - Happy
Birthday, Mom
Rita Boehm

Bernard P. Bogdan, Sr.
Bernard P. Bogdan, Jr.

William Brines
Constance B. Brines

Richard B. Buck
Elizabeth G. Bennett

Mary S. Burgess
Ward Burgess

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Paulette Achilli
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David Schranck &
Margaret Bobick
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Clifford R. Camp
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Kelly M. Socia
Fay D. Tucker
The University of Vermont
ACSYS Program
Mary Ann Villemaire
Beverly Wallace
Gavin Youngquist

Clara L. Carr
Sterling Carr

Dan Carroll
Mr. & Mrs. Ted Marshall

Ms. Hilda Chapman
Gloria B. Harris

Bill Christhilf
E. Marian Pentz (Penny)

Mr. & Mrs. Julian H. Coates, Sr.
Elizabeth W. Fravel

Mr. Gabriel Cordish
Betty & Joan Raskin

Berthenia Pue Crocker
Rosa F. Crocker

Mary Lou Cuppett
Katie Lockman

Capt. John J. D'Angelo,
USMC (Ret)
Lt. Col. & Mrs. Charles K.
Whitfield, USMC (Ret)

Kathlyn Davison
Jane T. Swope

Deceased Family Members
& Friends
Fannie E. Chester Alston

Latika Deshpande
Sharad S. Deshpande

My father, Dudley P. Digges, a
Meals on Wheels volunteer
Sally S. Digges

Marilyn K. Dunn
Lewis R. Kurtz, Jr.

Marion Eldridge
Diane & Mayer Zimmerman

Joseph W. Farrell
Mildred Farrell

Thekla & George FitzPatrick
Thekla FitzPatrick

Norma P. France
James E. France

Ethel Friedman
Helen S. Naviasky

B. Norman Frisch
June E. Frisch

Charles Funk
Timothy & Jeanette Gisriel

Arlene Gibbon
Kathy & Brian Chappell

Virginia Gibson
James R. Gibson, Jr.

JoAnn Gole
Sheila Glanz

Ray Gordon
Robin Hadel

Rev. William B. Greynolds
Earline B. W. Greynolds

Iva L. Hall
Elizabeth H. Dodge

James Harris
Irmgard Hartzelius

Norma Harting, my dear friend
Margaret Kelly

Norma Harting
Jeannette Massaro

Mary C. Hawkins
Lewis & Linda Kessler

Mary L. Hemler
Lynette Armstrong
Baker Elementary School
(Her son) Robert's peers at
Baltimore Gas & Electric
Samantha Cook

Joel Court
Jeanne Emig
Victoria Fishback
Mr. & Mrs. Robert Hemler
Doris & Irvin Hoyer
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Frances Nilsson
Kira Sekulow & Jim Keim
Karen Trennepohl
Elizabeth C. Wagner

Margaret Hendrick
Barbara Simerl

Charles Hergenroeder
Your Friends at Between
the Lines Book Club

June Hiken
Norma & Oscar Schapiro

June Hiken, beloved mother
of Fred Hiken
Barry Schapiro

Alfred Himmelrich
Doris & Bill Fader

Cmdr. Jonathan Hine, USN (Ret)
Lt. Col. & Mrs. Charles K.
Whitfield, USMC (Ret)

Joanne Hooper
Joseph & Marie Dollard

Blanche W. Hopkins
Colonel & Mrs. Charles N.
D. Smith, USAF (Ret)

My beloved husband
Mrs. A. L. Wedmore

William Hyde
Ruth Bishop Velker

Charles J. Hymiller, Sr. -
for Easter
Mrs. Ann Hymiller

Catharine 'Kay' Innes
Jane & Jim Cosgrove
Bruce & Jo Ann Crawford
Mark & Marcella Crawford
Mr. & Mrs. Woodrow Dils
Donna & John Easton
Donna & Geary Foertsch
Adrian & Deborah Force
Elizabeth Haigh
Diane & George Holl
John & Rose Hudson
Mr. & Mrs. Robert W. Jones
Evelyn Kendrick
Sally K. Lee
Long & Foster Realtors -
Phoenix Office
Catherine C. McConnell
Jacqueline Roddy
Mary Helen Smith
Rob & Dagmar Wherley
Tom & Sheila Woolfolk

David Jaskulsky
Emanuel Donik

Mrs. Viola B. Jones
Brenda Jones

Martin Keary
Ms. Irene Hebert

Mary Kelly
Bonnie Lancaster

My son, Kevin
Agnes Thraikill

Mr. Patrick B. Kirwan
Joan Raskin

Moses Kleiner
Mr. & Mrs. Gilbert Kleiner

Mark Kreshall
Catherine Max

Mark Kreshool
Janice & Marty Dansicker

To the Krone family, in memory
of your beloved mother
Dorothy Galoon

Hannah E. Kurtz
Lewis Kurtz, Jr.

Dorothy P. Leach (mother of
Patricia Fiske)
Nate & Glenda Chernoff

Ed Legum
Joan Sperger

Rev. & Mrs. E. F. Leonhardt
Esther M. English

Russell Lessner
Lisa Minter

Leonard Levitas
Betty Silver

Marie Leyh
Kenneth Spencer

Jack Lissy
Shirley Kimmel

Angela F. Lynch
Patrick J. Lynch

In memory of my mother,
Evangeline Maguire
Marjorie Cunco

John Michael Martin
William & Mary Maselko

My father, Camden McAtee
Marietta McAtee

Karemh McCormick
Frieda Shama

Peter & Elizabeth McSherry
Barbara McSherry

Esther Mehlman
Maxine & Avraham Forman

Mrs. Bertha Mentzel
Susie Pearce

Diana Mercer
Sharon Y. Thomas

My dear mother and father
Bette Rinker

Lillian Mund
Lynn & Brett Katzen

Clara & Jack Orenstein
Howard Orenstein

Emily Owens
James W. Schmidt

Virginia L. Packard
Mary L. Robinson

Helen & Nick Plakatoris
Dianne Lefter

Lee Plevan
Norma Fedder

Irene Rever
Helene Sheer

Alma Rhodes
Calvin E. Gladden II

My wife, Lucille Ridgley
Howard W. Ridgley

George H. D. Rinehart
Bonnie & Bud Powell

William "Robbie" Robinson
Lois B. Robinson

Robert Rosen
Susan & Ron Schwartzman

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Dorothy Stein
Sidney & Sylvia Weinberg

Rosella Smith
James F. Smith

Jean F. Smith, my late wife
E. B. Smith

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Catherine Max

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Reine Tauber

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Mrs. Evelyn Stinchcomb

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Melissa A. Temple

Lillian Geneva Thompkins
John Blouse

Kevin Thraikill (our dear
friend)
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Gus & Charlotte Crenson

Martin J. Tulkoff
Sondra, Lisa, Mort
& Pam Shuman

Evelyn Wassom
Perry S. Wassom

Ellen Frances White
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White Eagle
Mr. & Mrs. Richard &
Lorraine Allen

Jennett Wieszynski &
Walter Wieszynski
Dennis Clements

Mary Reagan Wolf
The Dietrich Family

Thelma Zepp
Ellen Raysinger

**In Honor Of
Special Celebrations**
The 50th Wedding Anniversary
of Mr. & Mrs. Harry Bass
Evelyn & Izzy Morrison

Sharon & Irv Caplan's Birthdays
Wendy & Bill Branoff
Deborah & Leonard Foland
The Lowell & Harriett Glazer
Family Foundation
Sally & Morton Katz
Harold & Ellen Mendelson
Jane & Ron Reifler
Donna & Howard Weiss

Irvin Caplan's special birthday
Irene & Alvin Powers
Judy & Marty Woolfson

A Special Birthday to
Mrs. Ethel Chase
Norma & Oscar Schapiro

Phyllis Cramer, Mazel Tov on the
birth of your grandson, Quinn
The Members of Between the
Lines Book Club

Susan & John Fiala's 40th
Anniversary
Lou Ann & Jesse Bane
Marlene Butler
Florence (Sis) & Don Costello
Christina & Kevin Everard
Deneice & Doug Hall
Mildred Hopkins

50th Wedding Anniversary of
Lois & Bill King
William E. King

Rev. Edwin Foley's 60th Jubilee
Diane Foley

45th wedding anniversary of
Harry and Stephanie Franzoni
Doris Argo

Anniversary Greetings -
Stephanie & Harry Franzoni
Mrs. Raymond (Alice) Gordon

The 60th Wedding Anniversary
of Mr. & Mrs. Jerome Goldberg
Freda Switzenbaum

In honor of Elliot Greenwald's
Bar Mitzvah
Laurey Cosowsky &
Jean-Pierre Raufman

In honor of Jory Frankels
college graduation
Catherine Max

Mr. Tim Linck's special birthday
Mary Jo & Brad Closs

In honor of the 50th Wedding
Anniversary of Charles &
Nancy Marshall
Gene Langellotto

Flo McAtee - Happy
Mother's Day
Ett & Linda

In celebration of your 65th
wedding anniversary -
Mr. & Mrs. Sidney Morrison
Evelyn & Izzy Morrison

Beth Philipson's 50th Birthday
Sandy & Karen Teplitzky

Mr. Jerome Robinson -
a special gift for a very special
friend - Happy Birthday
Harriet Dubowsky

In honor of the 80th birthday
of Jesse Rosenberg
Sol Fisher

Your special birthday,
Mrs. Lee Rubin
Evelyn & Izzy Morrison

In honor of Narman Shillman -
Happy Father's Day
Mr. & Mrs. Bruce Hoffberger

Mrs. Marlyn Ulgur - [Wishing
for a] speedy recovery
Robert Spielmann

Thomas D. Wallace, Sr.,
on Father's Day
Fannie E. Chester Alston

Mrs. Betty Zilber - In honor of
happy occasions
Norma Schapiro



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Enclosed Is My Gift Of: _____

In Memory Of: _____

In Honor Of: _____

Please Send Card To (name): _____

Address: _____

My Name: _____

My Phone Number: _____

My Address: _____

Please send your check with the above form to:
Development Office
Meals on Wheels of Central Maryland
515 South Haven Street
Baltimore, Maryland 21224

While the amount of the gift is never mentioned on the acknowledgement card, we do suggest a minimum of \$10.00.

You can also call 443-573-0930 to charge gifts to VISA or MASTERCARD or log on to www.mealsonwheelsmd.org, then click "Donations."

Meal Times is the official Newsletter for the Friends of Meals on Wheels of Central Maryland.

515 South Haven Street
Baltimore, MD 21224

410-558-0932
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info@mowcm.org email
www.mealsonwheelsmd.org

Meals on Wheels of Central Maryland, Inc. is a 501(c)(3) nonprofit organization, donations to which are tax deductible to the fullest extent allowed by law. A copy of Meals on Wheels' current financial statement is available upon request by contacting Meals on Wheels at 515 South Haven Street, Baltimore, Maryland 21224 or by calling 410-558-0932. Documents and information submitted to the state of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage.

love Letters

From the daughter of a former Baltimore County client:

I just wanted to let you know that my Dad passed away on May 17, 2007 ... Just wanted to thank you all for taking such good care of my Dad for all the years that you did. We always appreciated that someone else was looking in on him every day.

From the daughter of a former Anne Arundel County client to a Anne Arundel County volunteer:

I appreciate your card and kind words to my mom ... She has moved into an assisted living facility in Pasadena ... [and] has adjusted well to her new environment. Because of Meals on Wheels and the generous contribution of time by people like you, we were able to keep Mom in her home for much longer than would have been the case without Meals on Wheels. Thank you for doing that ... and for your friendship to Mom.

**To obtain service or to become a
Meals on Wheels volunteer,
call toll-free 1-866-558-0827 or log
on to www.mealsonwheelsmd.org**

Take action to help feed people who are homebound, elderly and need your help.

Designate Meals on Wheels of Central Maryland in your workplace charity campaign - see page one for details!



Meals on Wheels
of Central Maryland

515 South Haven Street
Baltimore, Maryland 21224

Meal Times

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