

meal times

FALL 2009 Volume 16, No. 2

A newsletter for the friends of Meals on Wheels of Central Maryland



Catherine Max, President
Board of Directors

As President of the Meals on Wheels of Central Maryland Board of Directors, I want to offer a message of thanks to all of our volunteers, donors, and friends for your unwavering support of our charitable mission.

As the season of Thanksgiving approaches, and despite the climate of recession, job loss, and the increasing costs of preparing and delivering meals to our clients, we have much for which to be thankful.

Our volunteers are dedicated individuals who bring compassion and humor, along with the meals, every day to our clients. Their work is truly a labor of love. Our

donors and event sponsors have also exhibited great generosity toward our program this past year. Because of their contributions we can proudly say that our program is one of a very few Meals on Wheels programs across the country that has not established a waiting list in these tough economic times.

Lastly, as we look forward to celebrating our 50th Anniversary this coming year, my hope is that you will continue to believe in, and support, our organization and the necessity of our charitable mission.

Sincerely,

Catherine

Catherine Max, President
Board of Directors

UPCOMING EVENTS

Please visit www.mealsonwheelsmd.org for more information.

5K & 1 Mile Fun Run/Walk
Saturday, November 7, 2009
Meadowbrook Park
9:00 a.m.
\$30, \$25, \$10

Meals on Reels
Wine Tasting and Film
Monday, November 9, 2009
Charles Theatre
5:30 p.m. – 9:00 p.m.
\$35

6th Annual NACE Uncorked!
Monday, March 15, 2010
American Visionary Arts Museum
6:00 p.m. – 10:00 p.m.
\$125
Fundraiser to benefit MOWCM
and the Foundation of NACE
www.baltimoreuncorked.com

18th Annual Culinary
Extravaganza
Monday, May 3, 2010
6:00 p.m. – 9:00 p.m.

Designate on time in '09!

To designate in the 2009 **United Way of Central Maryland Campaign**: when you receive your pledge card, write in *Meals on Wheels of Central Maryland, 515 S. Haven St., Baltimore, MD, 21224* in the space provided for agency designations.

To designate in the 2009 **Combined Charity Campaign** (for Baltimore City employees), the **Maryland Charity Campaign** (for state employees): when you receive your pledge card, write in **8094**, Meals on Wheels of Central Maryland's four-digit designation number.

To designate in the 2009 **Combined Federal Campaign** (for federal employees): when you receive your pledge card, write in **85588**, Meals on Wheels of Central Maryland's five-digit designation number.

And thank you for your support!

Early Pre-Season Victory for Ravens Roost #50

Football season is just underway but Ravens Roost #50 scored a pre-season touchdown with a \$300 donation to Meals on Wheels of Central Maryland. This donation allowed us to purchase more than 75 cases of water for our busy (and thirsty!) volunteers throughout our program areas during the hot days of summer.

Thank you Ravens Roost #50 and GO RAVENS!



(From left to right): Jeremy Kaufman, Tom Grazio, Executive Director, MOWCM, Mark Klein, Catherine Max, President, MOWCM, Cheryl Kaufman, MOWCM, Outreach Coordinator, Bill Dunahoo, Kirsten West & Jerry Schepers.

Praxis Engineering Technologies Scores a Hole in One for Meals on Wheels

Praxis Engineering Technologies, Inc. (located in Annapolis Junction, MD) graciously donated \$12,000 to Meals on Wheels at their 2nd Annual Golf Tourney on Friday, May 8, 2009.

More than 150 golfers participated in this event at the Compass Pointe Golf Course in Pasadena, MD. After a week of rain, the sky and clouds finally cleared and the sun shined brightly on the golfers.

Many thanks to Praxis Engineering, Inc. and their management team: Bill Dunahoo, President, Mark Klein, Executive Vice President, Jeremy Kaufman, VP Technologies, Solutions & IP, Jerry Schepers, VP Sales & Marketing & Kirsten West, Event Chair.

Culinary Re-cap Monday, May 4, 2009

It may have been raining outside on the night of the 17th Annual Culinary Extravaganza but the crowd inside certainly didn't notice! The M&T Pavilion of the Hippodrome was decorated in a "street side cafe" theme (thank you, P.W. Feats) and the guests strolled throughout the venue enjoying delicious dishes prepared by our fabulous chefs. Our mistress of ceremonies, Jessica Kartalija, WJZ TV News

Anchor, shined on stage once again and Petra Compel of P.W. Feats energized the crowd during the Live Auction. Live auction items included: a private chefs dinner for 24 (auctioned off twice!), a Persian Lamb coat graciously donated by Mano Swartz, a limited edition Joe Flacco hand-signed canvas framed print and an afternoon of golf with Baltimore Colts legend, Lydell Mitchell.

Even during these tough economic times, Meals on Wheels of Central Maryland was able to raise more than \$142,000 at this event; an increase of \$25,000 from last year.

2009 Participating Chefs:

Jerry Edwards, Chef's Expressions and Meals on Wheels spokesperson, Paul Lever (Spectrum Catering), Tim Mullen (Baltimore Marriott Waterfront), Mitch Cooper (Baltimore Marriott Inner Harbor at Camden Yards), John Walsh (Chef's Expressions), Barry Fleischmann (Innovative Gourmet), Nino Germano

(La Scala), Paul Glomp (The Johns Hopkins Club), Duff Goldman (Charm City Cakes), Nancy Longo (Pierpoint), Jerry Pellegrino (Corks), Kimberly Rigby (Perfections), Michel Tersiguel (Tersiguel's French Country Restaurant), Bill Tien (Matsuri), Ronnie Ching (Classic Catering), Winston Blick (Clementine), Rey Eugenio (Roy's Hawaiian Fusion), Rodney Henry (Dangerously Delicious Pies) and Meals on Wheels' very own chef, Michael White (pictured left).

And, finally, a big thank you to all of our sponsors, chefs, in-kind donors and more! We couldn't have done it without you. Also, thank you to the 17th Annual Culinary Extravaganza Committee: Catherine Max (Event Co-Chair), Greg Martin (Event Co-Chair), Anne Winter West (Auction Chair), Rita St. Clair (Decor & Logistics Chair) and Jonathan Wachs (Sponsorship Chair). **Mark your calendars for next year's event: May 3, 2010.**



MAKING IT PERSONAL

Arnold Eppel and Jerry Edwards use personal milestones to help others



Chef Jerry Edwards

CHEF JERRY EDWARDS, Meals on Wheels' indefatigable and magnanimous spokesperson, is reminiscent of the late Chuck Buerger who refused to draw the line between having fun and doing good. Chuck was on the Meals on Wheels Board of Directors and was the "creator," if you will, of our annual gala fundraising event — the Culinary Extravaganza. Jerry is the most apt person to follow in Chuck's footsteps. When Jerry's lovely wife, Julie, acting on

his wishes, hosted a 50th Birthday Party for her husband at Silo Point Residences, the invitations celebrated Jerry's passions — a love of life, travel, great food, wonderful wine, and friendships filled with love and laughter. They also requested of those who were invited to forego a gift to Jerry and, instead, make a contribution to Meals on Wheels. To date, Jerry's family and friends have donated over \$7,000 to help us meet the need for our service. Having fun and doing good — and it was a great party!

Meals on Wheels would like to acknowledge the following for honoring Jerry Edwards:

Mr. Steve Narowanskie	Joanne Mastropolo	Michaeline Fedder
Mr. David Miers	Janet Caslow	Beth Harbinson
Thomas Ward	Jennifer Sullivan	Mr. & Mrs. James
Marilyn Braiterman	Beth Satran	A. Franzoni
Bonnie & Howard	Tracy Kwiatkowski	Mr. & Mrs. John P.
Heneson	Ellen Torres	Edwards
Barbara & Tom Bozzuto	Lee Johnson &	Diane S. McMenamin
Sherri Griffith	Patrick Lowe	Mr. & Mrs. Bernard
Natalie Thompson	Henry Pertman	H. Cohen
Edward Dopkin	Larry & Diane Macklin	Mr. & Mrs. Charles
Harriet Dopkin	Marcianna Sturgill	S. Brown
Valerie Vollmer	Larry Frank	Bonny Oppen
Jay & Karen Buck	Jeffrey Bober	Susan Slagle
Ed & Mary Jo Suddath	Catherine Heaps	Anne Berman
Harold & Barbara	Raymond Hofmann, Jr.	Mr. & Mrs. Marc Kahn
Marks	R. Carol Nickerson	Doris G. Piazza
Paula Fenner	O. Manuel Ny	Mr. & Mrs. Ronald
Mr. & Mrs. Robert	Simon Koumjian	A. Pomykala
W. Lindner	Mr. & Mrs. Frank	Henry Page
Angela Lewis	D. Scurti	Catherine Max
Gary Jackson	Mr. & Mrs. Joe Sachs	Mr. & Mrs. George
Stacey Lynn &	Randi & Chris Hilfiger	A. Sifakis
Stuart Munsell	Lisa Hopkins	Mr. & Mrs. John
Debbie D'Amico	Ana Luz Dearholt	D. Grimm
Robert Willie	Laura Alima	Angela & Trey Lewis
George & Jennifer	Maurice Furchgott	Terry & Chip Lewis
Reynolds	Mr. & Mrs. Jerome	Gayle Skelton &
Norlene Gensler	A. Edwards	Carol Rivera



Arnold Eppel (second from left) presents a check representing gifts in his honor to Tom Grazio (left) as Baltimore County Executive Jim Smith looks on.

WHEN **ARNOLD EPEL** retired as executive director of the Baltimore County Department of Aging in May he cleverly used the occasion to benefit a program he has thought so highly of in his years in that office. Instead of encouraging the usual retirement fare for someone

who has held a position for a number of years — a "rubber chicken" dinner — Eppel decided to put into motion a "virtual retirement" event. And what a success it was! In carrying out Eppel's wishes, friends and colleagues honored his years of service by contributing \$8,500 to benefit Meals on Wheels of Central Maryland. Baltimore County Executive Jim Smith, Meals on Wheels Executive Director Tom Grazio, and other friends and colleagues were present at a July 17 ceremony when Meals on Wheels was presented with an oversize check. The ceremony took place at The Atrium, a retirement community in Owings Mills where Eppel is now director of assisted, dementia and independent living.

Meals on Wheels would like to acknowledge the following for honoring Arnold Eppel:

Mary N. Rauscher	Sheila Eick	NuStep, Inc.
Mary E. Gugerty	Shabse H. Kurland	Lansdowne-Baltimore-
Susan E. Casey	Harry W. McDaniel	Highlands Senior
Custom Moves LLC	Schaefer & Associates,	Center Council
Regina M. Curran	LLC	Armel, Inc.
Donald A. Gabriel	Keith A. Dorsey	F. Patricia Boyett
Marilyn A. Zunikoff	Benjamin Bronstein	William D. Pence
Edwin Jules	Linda P. Lilly	Dennis Buckless
William F. Kerwin	James T. Smith	Carl F. Madigan
James Brochin	James A. Medvitz	Rosalie B. Coffman
Clara J. Fitz	Colby Hall	Arnold Eppel
Clark T. Riley	Mary A. Williams	Rita Conger
Donna M. Morrison	Donna L. Brill	B & B Caregivers, LLC
Edward C. Adams	Barbara D. Cornman	K. Lacy Flynn
Phyllis M. Fulcher	C. Michael Casserly	Richard Compton
Harold R. Wills	Judith A. Landis	Stephen G. Lippy
Baltimore County Retired	Patrick P. Platt	Jacksonville Senior
School Personnel	Mary T. Kohajda	Center
Association, Inc.	Charlestown Residents	Frank R. Palmer
Ronald C. Howard	Association	Leroy E. Hoffberger
Maurice R. Feldman	William D. Ward	Timothy W. Griffith
Brenda R. Shoeng	Janice MacGregor	Virginia L. Billian
Thomas B. Weadock	Brian N. Davis	Samuel J. Silverblatt
Carol R. Baker	Stan Roll Management	Patricia A. Venable
Susan Ehman	Co.	Leadership —
Margaret A. Bradford	Friends of Senator Stone	Baltimore County
Michael Panopoulos	(FOSS)	



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Meal Times is the official Newsletter for the Friends of Meals on Wheels of Central Maryland.

515 South Haven Street
Baltimore, MD 21224

410-558-0932
410-558-1321 fax

1-866-558-0827 toll free
info@mowcm.org email
www.mealsonwheelsmd.org

Meals on Wheels of Central Maryland, Inc. is a 501(c)(3) nonprofit organization, donations to which are tax deductible to the fullest extent allowed by law. A copy of Meals on Wheels' current financial statement is available upon request by contacting Meals on Wheels at 515 South Haven Street, Baltimore, Maryland 21224 or by calling 410.558.0932. Documents and information submitted to the state of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage.

Meals on Wheels would like to acknowledge the following for honoring Arnold Eppel (continued):

Frank, Frank, & Scherr, LLC Pikesville Senior Center Council Phyllis Myers Joseph E. Smith Joanne E. Williams Margaret S. Miller David Weiss Stephen Showers Beth L. Wiseman Edward J. Gilliss William Arwady Marlene B. Siegel Veronica Lloyd William Rosenstein James MacGill Eugene M. Weinzwieg Sandra D. Peregoy Julie Lynn Susan R. McCarter James H. Fish David S. Holzer Barry L. Green Lawrence S. Levin BCASCO, Inc. John Cavaluzzi Michael R. LaChance Michael J. Finifter Life Work Synergy, LLC David B. Kurland Jacqueline F. Kreinik Kimberly L. Heil Jonas M. L. Cohen Mary R. Rachinskas AARP Machzikei Torah Society of Beth Tfiloh Congregation Susan E. Shock Angela Dories Diana Baumann Thomas P. Swift Charles E. Mills	James E. Gourley Marni N. Seyyid Debra Orlove Oliver Friedman Carol A. Leinhard Diana M. Givens Ilene W. Rosenthal Robert W. Breiner Sarah R. Galloway Gregory W. Branch Carol Ziminski Donald E. Nash Brenda L. Lydic Cynthia M. Silverblatt Howard Consulting Group Rosedale Senior Center Council Bykota Senior Center Council Ronald F. Young Gary G. Scher Stacey A. B. Hendricks Barbara L. Sweren Mimi Z. Burch Rosalie Dashoff Edward F. Kehl Robert E. Adams Robert Gifford Martin Myers Michael E. Field Eilenn A. Pelovitz Monroe D. Leister Sybil Barer Camay Woodall John F. Klausmeier J. Clarke Griffin Donna L. Wagner William H. Young Elizabeth S. Young Dutch Ruppertsberger For Congress Janice R. Bragg	Ronald J. Sweren Eugene L. Shaver Mildred E. Baxter Donald W. Haun Dorothy A. Doub Stuart L. Moss Ruth J. Klein Charles E. Conklin Michael A. Lehmutz Genesis Eldercare Staffing Faron N. Lebson Beacon Newspapers Nurses Available, Inc. Stella Maris, Inc. Bravo Health, Inc. Charles H. Culbertson Susan J. Vaeth Sidney S. Eppel Baltimore County Employees Federal Credit Union Steven M. Eick Woodlawn Senior Center Council James W. Bonnett Debra N. Aberle Mary R. Eckert Mary F. Chrisley Anil S. Bhave Yvonne M. Yentsch Selma H. Kofsky Barry L. Roth Ruth J. Thompson Dean E. Cook Teresa S. Tacka Cynthia S. Allen Strouse Harvey E. Marshall Roslyn C. Prayer Hien H. Clayton Mary C. Naugle Lawrence D. Rose David J. Goldman Harold G. Freeberger	William J. Moulds Deborah L. Meehan Stephen G. Samuel Moxley Marie Amer-Cascio Carolyn A. Miner Beatrice A. Broccolino Anthony R. Sarmiento Eva C. Kasten Karen B. Robb Elmira Thornton Charles W. Waissman Albert D. Blank John Basmajian Insurance H. Lee Allers Fleming Senior Center Council James E. Gourley Gail R. Myers Paul F. Causey Gail M. Fennelly Thomas Lorenzo Edward J. Rasmussen Anonymous Martha Bromberger-Barnea Laura M. Myers Stephen H. Gargerman Samuel Levitan Marie T. Logue Madeleine J. Bryant Ehtel R. Rasmussen The Atrium Village Caren Beth S. Hoffberger Doris A. Salmond Richard E. Thompson Senior Box Office
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Special Recognition To . . .

Anne Arundel County Department of Aging for assisting us in the purchase of a "Hot Shot" Truck and a steam table with a portion of their stimulus fund monies...



Many thanks to our volunteer **Anna Wloczewski** for filling out the right paperwork and getting it to her employer, Cargill. In recognition of her work and the other Cargill employees and retirees who volunteer for Meals on Wheels of Central MD in the White Marsh area, Meals on Wheels received a \$1,000 grant; Thank you Cargill and thanks Anna!

The following corporations/ organizations are NEW members of our "Lunch Bunch" corporate volunteer recruitment program -

- TeleRep of Glen Burnie
- First Class Petty Officers Association of Ft. Meade for taking the lead on our Kibble Connection Program as of October 1, 2009.

Lindsay and Mark Henderson – A Personal Story

“Lindsay and I feel like we’re making a difference. We’re still feeling our way around a bit, but we’re starting to really learn the neighborhood and all the client stops,” says Mark Henderson. His wife Lindsay sits beside him in the passenger seat, thumbing through the Route Book to determine the next client on the delivery schedule, as he maneuvers the car through Greek Town side streets. What springs to mind — as they talk about the rigor of being in their fifth year of a six-year doctoral program at The Johns Hopkins Medical Institutions — is that old adage: “If you want something done, ask a busy person to do it.”

They met at Hopkins on the first day of classes and ended up working in labs that have a common focus on Cystic Fibrosis. Mark is in Cellular and Molecular Medicine and Lindsay is fighting the disease through a Human Genetics disciplinary track. She’s from Minnesota, while Mark’s roots are in rural New Jersey. From all appearances, and as we converse along the meal delivery route, it is evident that they are not only committed to each other, but to a common perception about what’s important and what is not, as well as what should be a common cause for everyone — helping others.

“It was back in high school, in Sussex County, New Jersey, when I first began to see a big, unmet need — people just weren’t getting the food they needed every day. We decided to take a look at the issue and wound up starting a soup kitchen that still serves about 250 people a week. It’s called Harvest House — actually, Lindsay and I went back there this past Thanksgiving and served dinner to everyone,” says Mark. “I kept up that interest through college, but also shifted toward isolation and loneliness issues among the elderly.”

Lindsay’s commitment sprang from the work she used to do in a nursing home. Part of her job was to serve meals to the residents. The nursing home also prepared meals for people who were homebound, so she became familiar with the whole concept of a home-delivered meal service. “I helped put the lunches together and made sure the homebound clients got what they needed,” says Lindsay. “But delivering meals to our clients, one-on-one, visiting and talking with them, is what I really enjoy.” Both agreed that their flexible work schedules at Hopkins enable them to volunteer for Meals on Wheels.



Mark and Lindsay Henderson

The Hendersons got married in late 2008 and settled into a residence on Fleet Street, close to Hopkins’ East Baltimore medical campus. They started to look for a volunteer opportunity and decided to check out Meals on Wheels’ web site after driving by the building on Haven Street. They signed on as volunteers in early 2009 and now deliver every other Tuesday. When we caught up with them it was only the fourth time on their meal delivery route. They both say that their experiences have been positive and that it’s a great feeling, not only to be of service, but to be able to thread some of their past into their current lives — together.

*Meals Times wishes to acknowledge and thank **The Johns Hopkins Neighborhood Fund** for awarding Meals on Wheels in March 2009 a \$10,000 grant to support our home-delivered meal program.*

If you would like to deliver meals to our homebound clients, become a grocery shopper, or phone pal, call 443-473-0925, e-mail volunteer@mowcm.org, or log on to www.mealsonwheelsmd.org

Your special gift is the perfect way to help people who are homebound due to age or disability while also paying tribute to the memory of a friend or loved one, or honoring the special occasion of someone you know. These thoughtful gifts enable Meals on Wheels to provide home-delivered meals to people in the community who need our service. When you make a special memorial or honor gift to Meals on Wheels of Central Maryland, a tasteful card "In Memory Of" or "In Honor Of" is handwritten and sent to the person you indicate.

Below is a list of Memorial and Honor Gifts received between February, 2009 and August, 2009.

In Memory Of

27th Engineer Combat Battalion
Mr. W. Edwin Eiting
Akira Tom Tomoyasu
Ms. Diane Shankman
Al Garczynski
Judy & Jerry Macks
Alice Ann Swartz
Ms. Elizabeth Kirk
Allen Shuham
Ms. Florence E. Brenner
Anita Caplan
Ms. Norma Galinn
Anna Anderson
Mr. & Mrs. Grant Dannelly
Anna M. Thompson
Mr. John A. Reid
Ms. Hallie R. Tucker
Audrey F. Hallam
Ms. Lynn Pagan
Harmonizer's of Charlestown
Ms. Karen Williams
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Mr. Jim Vidmar
Ms. Laurie Ann Blecha
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Ms. Mary E. Graham
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Roland Park Elementary
/Middle School PTA
Rosenberg, Martin &
Greenberg, LLP
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Schwartz
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Kouyate
Ms. Laura Miller
B. Norman Frisch
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Bernice Meyers
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Bernie Rubenstein
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Mrs. Junita Whitfield
Carmela Platania
Ms. Norma Galinn
Carol Jacobson
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Joetta, Marvin &
David Miller
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Ms. Janet E. Lowman
Charles Zdenick
Ms. Bonnie Hurwitz
Christine Sarbanes
Ms. Fannie E. C. Alston
Cliffon Wissner
Mr. John Blouse
Cotton Osborn
Pat & Barb Coppinger
Daniel Brown
Earl, Celestine &
Barbara Jackson

Denise Hittle-Cordial
Mary Billings &
Renee McCabe
Ms. Gloria Raut
Dolly Alexander
Ms. Karen Teplitzky
Doris Klein
Mr. & Mrs. Joe Setters
Dorothy A. Brown
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Douglas Goodwin
Mr. & Mrs. Larry Kaufman
Doyle Hedges
Ms. Dollie Ceder
Dudley P. Digges
Ms. Sally S. Digges
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Mrs. Jackie Mattheu
Edward Watkins
Buzz & Dorothy Parsley
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Mr. & Mrs. David Dolan
Ms. Susan Fogle
Emily Owens
Mr. James W. Schmidt
Ethel B. Pawlak
Ms. Elaine M. Everley
Eva Guthorn
Mr. & Mrs. Jay Lenrow
& Family
Evelyn Kvedar
Friends & Co-Workers
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Evelyn Wassom
Mr. Perry S. Wassom
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George Walter Frey
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Gilbert Bass
Betty & Joan Raskin
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Grace Hazard
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Julie Klein
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Mr. Andrew N. Schatz, Jr.
Kay Burkert
Mr. Joseph J. Burkert
Lawrence & Delia Davern
Ms. Ella Mae Raysinger
Lawrence & Doris Liebrecht
Ms. Lauren Liebrecht
Lea Mindel
Mr. Robert Spielmann
Leonard Stinchcomb Sr.
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Mr. John B. Seal, Jr.

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Mr. Joseph F. Siebenhaar, Jr.

Mr. & Mrs. William Wagner
Mr. Joseph F. Siebenhaar, Jr.

Mrs. Ackerman
Mr. Leonard Creel

Mrs. Carmen McFarland
Ms. Barbara S. Klees

Mrs. Clemente
Ms. Kathie A. O'Quinn

Mrs. Elizabeth Joerdens
Grayson B. Fleming Clarke

Mrs. Gertrude Kalish
Betty & Joan Raskin

Mrs. Henry C. Evans
Mr. Charles T. Albert

Mrs. Rita Hoyt
Mr. John Blouse

Mrs. Schloss
Mr. & Mrs. Jonathan Schochor

Murray & Lillian Slotkin
Mr. Robert Spielmann

Nancy Hynson
Mr. & Mrs. Edward Brunner

Nellie A. Sprecher
Mr. & Mrs. Dana E. Sprecher

Norma Brand
Mr. & Mrs. William D. Klarman

Oma Brackstone
Nuchshon Fertel

Patricia Sanner
Mr. John W. Sanner

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Sondra & Lisa Shuman

Pearl Shiling
Ms. Sorelle B. Feldberg
Ms. Brenda Koblick
Ms. Dorothy Stein
Ms. Patsy Miller Perlman
Ms. Shirley T. Hollander
Mr. & Mrs. Herman Shapiro
Neurology Associates LLC
Mr. & Mrs. Roger K. Garfink
Sondra Solomon &
Edward Leviton
Brodie Management, Inc.
Mr. & Mrs. Charles A.
Herndon, Jr.

Raymond J. Gordon
Ms. Alice J. Gordon

Raymond Wharton
Ms. Lynn Sanders

Rebecca Savage
Mr. Oscar L. Savage, Sr.

Rev. Adrian Purvis
Mr. Don M. Dasher

Rita L. Wise
Ms. Tracey M. Wise

Robert Irven Cowen
Mr. & Mrs. Vernon Neilson
Mr. & Mrs. Roy Fosler
Mr. & Mrs. William F. List
Mr. & Mrs. James H.
Franzoni
Gas House Gang

Robert Smith
Ms. Shara Alpert

Rose Aberbach
Ms. Sondra Shuman

Rose & Al DiClemente
Mr. Carlo DiClemente

Rosella S. Smith
Mr. James F. Smith

Rosemarie Wills
Ms. Mary Wolfe

Sandy Heschiel
Ms. Betty Silver

Sarah C. Moose
Mr. Nicholas W. Soffos

Shirley Pelavin
Mr. Harvey Galinn

Sonny Schloss
Mr. & Mrs. Jon Schochor

Sydney Goldfield
Ms. Helen S. Naviasky

Thomas & Elizabeth Kress
Mr. Joseph Siebenhaar

Thomas Ross
Ms. Catherine Max

Vernon McDade
Bob & Arlene Nusbaum

Viola B. Jones
Ms. Brenda S. Jones

Virginia Keyes
Woman's Club of
Towson, Inc.

Vittorio Cantalupi
Mr. Andrew N. Schatz

Vivian M. Fitzpatrick
Mr. Robert W. Fitzpatrick, Jr.
(Beloved Wife of 65 yrs)

Vivian Manekin
Ms. Pearl Shiling

William "Bud" Laynor
Charlie & Debbie Muller
Mr. Jim Miller
Mr. & Mrs. Alexander
R. Psaros
Ms. Ogle Wheatley
Howard County Risk
Management
Ms. Rosemary Noble
Mr. Ronald S. Battocchi
Ms. Jodi L. Reeves
Mr. Bert Porter
Ms. Loretta A. Cameron
Ms. Sharon Welsh
Ms. Joan L. Porter
Mr. & Mrs. John A. S. Green
Ms. Doris H. Lapin
Ms. Gwendolen Owens
Cornblatt, Bennett,
Penhallegon &
Roberson, P.A.
Mr. & Mrs. Buddie L. Boyer
Mr. & Mrs. Richard P.
Mergehenn
Mr. & Mrs. Robert L. Fudge
Ms. Betty Jane Evans
Ms. Nancy Lee Squires
Mr. & Mrs. Ronald Nickles
Ms. Mary Teresa Cook
Ms. Doris Hall
Chateau Ridge Lake
Community Association
Mr. & Mrs. Bruce C.
Sahlman
Mr. & Mrs. Evan Walding
Mr. & Mrs. Thomas Sullins
Mr. & Mrs. Ranford M. Sapp
Patrick, Marie, John &
Donald Kelly & their
families

Yvette S. Heyman
Ms. Florence E. Brenner

Donn & Sharon Weinberg
Ms. Catherine Max

Dylan Tyler Weinman
Mr. & Mrs. Jon Schochor

Elizabeth M. Appel
Mr. Dennis M. Nonemaker

Elizabeth Worthington Tyler
Robb & Elizabeth Tyler
Foundation, Inc.

Elven Pyles, Sr.
Ms. Evelyn Stinchcomb

Ester Rogers
Ms. Elizabeth Miller

Friends, Family Members &
Tom Wallace, Sr.
Ms. Fannie E. C. Alston

George Schmaus
Mr. Joseph F. Siebenhaar, Jr.

Grant Evans
Ms. Faye Carey

James Soffos
Mr. Nicholas W. Soffos

Jerome Kress
Mr. Joseph Siebenhaar

Joan Sullivan's Retirement
Mr. Bill Sullivan

John Morgan
Mr. & Mrs. Michael J.
Morgan

John & Barbara Sterle
Mr. Joseph F. Siebenhaar, Jr.

June Family Birthdays
Mr. George R. Reese

Justin Malament
Ms. Freida G. Malament

Kathleen Cooke
Mr. & Mrs. Barry Potts

Lewis Miller
Ms. Florence E. Brenner
Happy Special Birthday!

Lindsay & Adam Sherwood
Mr. & Mrs. Charles
Copperman

Lize Karaolis
Mr. James P. Wade &
Ms. M. Alisa Rock

Lois Gross
Mr. & Mrs. Michael M. Myer
Happy Mother's Day!

Marcia Roseman
Ms. Ellen Rosen

Mr. & Mrs. Jerome Esterson
Mr. & Mrs. Phil Willen
Mr. & Mrs. Henry Haendler
Mr. & Mrs. Morton Esterson
Mr. & Mrs. Stanley Hellman
Mr. Melvin Polster
Mr. & Mrs. Lenny Esterson
Happy 50th Wedding
Anniversary!

Mr. & Mrs. John Fiala
Mr. William Fiala

Mr. & Mrs. Toby Hymer
Mr. & Mrs. Oscar Schapiro
Happy Anniversary!

Mrs. Catherine H. Brown
Mr. & Mrs. Edward C.
Wilson, III

Mrs. Ruth Leibowitz
Mr. & Mrs. Oscar Schapiro
Happy Birthday!

Nancy Rouse
Ms. Dorothy Hellman

New Grandson & my wife,
Nancy
Mr. Robert Merritt

Noah Burchard
Mr. Carl Scarbnick

Norma Fedder
Paul & Phyllis Freiman
-Speedy Recovery-

Norman Shillman
Ms. Susan Weinstein

Pat Harper & Staff at
Weinberg House
Mr. & Mrs. Harry Bass

Patricia Beam
Ms. Amy Watkins

Peggy Sheeler
Mr. & Mrs. Michael Myer
Mr. & Mrs. Richard C. Gross
Happy 80th Birthday!

Phyllis Wynchgram
Ms. Mary W. Dunsay
Happy Mother's Day!

Richard Ruggieri's Meals on
Wheels Board of Directors
Service
Mr. & Mrs. Ray Palmer

Rita Cannizzaro
Mr. & Mrs. George Horner

Sally Eveleth
Mr. & Mrs. Gordon C.
Pollock
Happy 90th Birthday!

Shawn Steele
Mr. & Mrs. Ralph Youngs
Happy Birthday!

Suzanne & Gerald Katz
Mr. & Mrs. Stan Katz
Mr. & Mrs. Arthur Shanker
Happy 50th Anniversary!

The Kosher Site of Meals
on Wheels
Nachshon Fertel

The Monday Bridge Club
Ms. Sylvia G. Tarnove

The Thursday Birthday Group
S. Tarnove & A. Friedman

Trudy Kaufman
Mr. & Mrs. Steven Pepper
& Family

Veterans in Need
Mr. Stephen M. Sierocki

William Doefler
Mr. Joseph F. Siebenhaar, Jr.

In Honor Of

Beatrice Levi
Ms. Anne W. West
Happy 90th Birthday!

Betty M. Canham
Mr. Bruce Canham

Birth of Sandi & Steve's
grandchild
Ms. Judith A. Stamberg

Brooke Sullivan
Mr. Bill Sullivan, Sr.
Happy 3rd Birthday!

Bunny & Mike Roseman
Mrs. Florence E. Brenner
Happy 60th Anniversary!

Chaya Kaplan
Mr. Gerson Kaplan

Colin W. Sullivan
Mr. Bill Sullivan

Dr. William J. Sullivan, Jr.
Mr. William J. Sullivan, Sr.

Leave A Legacy

Do you have an estate?

Your “estate” is the sum of your assets, including property you own, insurance policies, retirement accounts, cash on hand, etc. Wealthy people may have very large estates, but even people who aren’t wealthy often have the resources to make a charitable bequest. If every adult in America made a will and included a bequest of just \$100, billions of dollars would flow to charitable causes every year.

You can make a difference in the lives that follow by including a gift to Meals on Wheels of Central Maryland in your will or estate plan.

Make that difference. Leave a Legacy!

For more information on legacy gifts, please contact Faye Carey at the Meals on Wheels office: 443-573-0928 or carey@mowcm.org.

Enclosed Is My Gift Of: _____

In Memory Of: _____

In Honor Of: _____

Please Send Card To (name): _____

Address: _____

My Name: _____

My Phone Number: _____

My Address: _____

Please send your check with the above form to:

Development Office
Meals on Wheels of Central Maryland
515 South Haven Street
Baltimore, Maryland 21224

While the amount of the gift is never mentioned on the acknowledgement card, we do suggest a minimum of \$10.00.

You can also call 443-573-0930 to charge gifts to VISA or MASTERCARD or log on to www.mealsonwheelsmd.org, then click “Donations.”

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