

CHILD NUTRITION

To ensure that your children are provided with the best possible nutrition,

**PLEASE CONTACT
US FOR A
PRICE QUOTE**

410 - 558 - 0932

Option 3

or

1- 866 - 558 - 0827

or e-mail

food@mowcm.org

"The children love the turkey breast with gravy and enjoyed the special treat of cherry smoothies." — **Mary Darrow, Director, Umoja Head Start Academy**

"The parents appreciate the availability of fresh fruits and whole grains on the menu." — **Gerard J. Cohee, M.A., Director, The Children's Learning Center at CCBC Catonsville**



Meals on Wheels of
Central Maryland
515 South Haven Street
Baltimore, MD 21224

410 - 558 - 0932, Option 3
1 - 866 - 558 - 0827 (Toll Free)

410 - 675 - 4880 (Fax)

food@mowcm.org (E-mail)

All brochure photographs taken by Meals on Wheels at the
The Children's Learning Center at CCBC Catonsville



**CHILD
NUTRITION
PROGRAM**

**MEALS ON WHEELS
OF CENTRAL MARYLAND
515 South Haven St.
Baltimore, MD 21224**

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MEALS ON WHEELS OF CENTRAL MARYLAND WANTS TO BE YOUR CHILD NUTRITION FOOD SERVICE PROVIDER OF CHOICE



Meals on Wheels of Central Maryland, has delivered meals to local child care programs for over 20 years.

MEALS OFFERED

- Breakfast
- Up to three snacks
- Hot noon meal
- Box Lunches



COST

Cost is variable depending on the following:

- Location of the site
- Number of meals served at each site
- What menu options are chosen



BENEFITS

- Menus planned by a registered staff dietitian
- Meals are designed to meet Child and Adult Care Food Program guidelines
- HACCP certified food managers
- Monthly nutrition activities/education materials to promote healthy eating in children
- Information on child allergies/special diets is available