

NEWS RELEASE



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FOR IMMEDIATE RELEASE – NOVEMBER 13, 2008

Baltimore, MD – Meadowbrook Park, Ellicott City, played host to 139 runners who turned out on Saturday, November 8 to help support the Howard County Meals on Wheels Program. W. R. Grace & Co. was lead sponsor for the event. **Bernadette Woods** (photo attached), WJZ-TV 13 meteorologist and mistress of ceremonies welcomed the runners, their families, and Howard County Executive **Kenneth Ulman** to the morning event.

Tony Pistorio (photo attached), the youngest to run, finished the 5K in 25.07, and won the award in the 1-15 age category. Tony just beat out his mom, **Jamie Pistorio**, who finished the race at 25.09 and won the award in the 30-39 age category. The Pistorios are from Cockeysville.

From July 1, 2007 to June 30, 2008, the Howard County Meals on Wheels Program served 35,564 meals to 166 county residents who are homebound due to age or disability.

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