

meal times

FALL 2008 Volume 15, No. 2

A newsletter for the friends of Meals on Wheels of Central Maryland



Jerry Edwards, CPCE, president and Corporate Chef, Chef's Expressions Catering and Consulting; president, Wine Express and "Elements by Chef's Expressions," a design firm

Meals on Wheels of Central Maryland recently did me the honor of requesting that I become their agency spokesperson. Since 1992, when I participated in the first Culinary Extravaganza, I've been hooked on the whole idea of one organization preparing and delivering approximately 3,000 meals a day, Monday through Friday, for roughly 1,500 people. I'm in the catering business, so I fully understood the daily effort put out by the Meals on Wheels Central Kitchen operation. But, I'd never experienced first-hand what it was like to get out there and actually deliver meals to clients. So, even as I said "yes," I asked that Meals on Wheels set me up on a route to deliver meals. I had a great time and I'm more committed than ever to this organization's mission.

For anyone who wants to know what I would call a "recipe for success," it is simply that getting in there and volunteering for Meals on Wheels is like looking at a brand

new recipe. It might appear to be a bit intimidating at first because you don't know all the details, but once you get in there and get some basic information, read the recipe all the way through, so to speak, it starts to make sense.

I am looking forward, as Meals on Wheels spokesperson, to helping the public understand how rewarding an experience being a Meals on Wheels volunteer is and sincerely hope that you will do all you can to help support this organization in whatever capacity you can.

Sincerely,

Jerry Edwards



It's Charitable Campaign Time!

Designate in 2008!

To designate in the 2008 **United Way of Central Maryland**

Campaign: when you receive your pledge card, write in *Meals on Wheels of Central Maryland*, 515 S. Haven St., Baltimore, MD 21224 in the space provided for agency designations.

To designate in the 2008 **Combined Charity Campaign**

(for Baltimore City employees), and the **Maryland Charity Campaign** (for state of Maryland employees): when you receive your pledge card, write in **8094**, Meals on Wheels of Central Maryland's designation number.

To designate in the **Combined Federal Campaign**

(for federal employees): when you receive your pledge card, write in Meals on Wheels of Central Maryland's designation number (**85588**) in the space provided for agency designations.

Meal Times readers may be aware that the media has run recently several print, TV and radio stories about the effect of gasoline prices on nonprofit agencies. As you might expect, our program has been featured in several of these stories because of our clear reliance on our volunteers and their automobiles to accomplish our mission. I am proud to say that, in part due to some of this media coverage, some community members have stepped up to assist us. Notably, **System Source**, a major computer training firm in the area, provided gasoline cards for our volunteers' use. Their consideration goes a long way to helping our agency meet its mission. On behalf of our clients and volunteers – Thank you, System Source!

Although some of our volunteers have decided that the cost of gasoline has become too challenging to continue with us, others have not taken that position. One volunteer told me that she would cut back in other areas and that there “. . . is no way I'm giving up on my clients.”

Meals on Wheels has been very concerned about our drivers and visitors, many of whom are retired and living on a fixed income. We worry that the current economic situation will reduce our numbers, and that our clients will have no one available to serve their needs – and, to be truthful, recruiting new



volunteers during this gas crisis has been a challenge for us.

So, while donating gas cards might be something those of you who have the capacity to do so might consider, there is another way in which you can be of assistance to us. If your workplace would like to give back to the community, and is interested in creating a collegial experience among you and your fellow employees, I can think of no better way to achieve those goals than to help us serve our homebound clients. Volunteering is easy and only takes an extended lunch hour to complete. We have sites throughout Central Maryland that can facilitate the volunteer experience. In fact, check out the article in the “Volunteering” section to learn about the personal experiences of two employees at **Social Solutions**, a Canton software business, who have been delivering meals to their homebound neighbors in the Highlandtown/Canton area for the past two years.

The benefits that have accrued to them, as I am confident they will to you, are “priceless” – just like the commercial says.

Tom

Thomas Grazio, Executive Director

Culinary Extravaganza Raises \$117,000

Many thanks to our star chefs who lit up the night on April 7!

Paul Lever, Host Chef
Spectrum Catering
The Hippodrome

Beverly Baker
Vegetarian Desserts Bakery

Cabot Creamery Cooperative

Mitch Cooper
Baltimore Marriott Inner Harbor @
Camden Yards

John Degges
Phillips Foods



Chef Ronnie Ching,
The Classic Catering People

Jerry Edwards & John Walsh
Chef's Expressions

Christopher Ellis
Christopher Daniel Restaurant

Barry Fleischmann
Innovative Gourmet

Nino Germano
La Scala

Paul Glomp
The Johns Hopkins Club

Duff Goldman
Charm City Cakes

Garrett Gooch
Watertable Restaurant

Nancy Longo
Pierpoint

Ray Mikesell
Stone Mill Bakery

Tim Mullen
Baltimore Marriott Waterfront
Hotel

Jerry Pellegrino
Corks

Benjamin Erjavec
The Oceanaire Seafood Room

Donald Spence
An Poitin Stil

Michel Tersiguel
Tersiguel's French Country
Restaurant

Bill Tien
Matsuri

Chris Paternotte
VIN

Ronnie Ching
The Classic Catering People

Thank you to our corporate sponsors and media partners

Platinum Plate Sponsors

BGE
Merritt Properties, LLC
The Dorothy L. and Henry A.
Rosenberg, Jr. Foundation

Gold Plate Sponsors

Allegis Group Foundation
Law Offices of Peter T. Nicholl
M&T Bank
Venable, LLP

Silver Plate Sponsors

Broadway Services
Bill & Jennifer Burgy
Catherine and David Max
Johns Hopkins Medicine
Leonard Paper Company



Chef Garrett Gooch,
Watertable Restaurant

Lockheed Martin IT Services
MECU of Baltimore
PNC Bank
Sherman Family Foundation
Southern Management
Whiteford Taylor & Preston

Media Partners

Baltimore Jewish Times
Baltimore Messenger
Chesapeake Life Magazine
The Daily Record
Generations
Comcast Cable Communications
WEAA-88.9FM (Morgan State
University)
WTMD-89.7FM (Towson University)
WYPR-88.1FM

**Meals on Wheels Sponsors
a Night at Ripken Stadium
Monday, September 1, 2008**

7:05 pm
Ripken Stadium
Aberdeen, MD
Tickets are \$13

Come spend some of your Labor Day holiday at Ripken Stadium and watch the Aberdeen Ironbirds and the Brooklyn Cyclones go to bat for Meals on Wheels of Harford County. Ticket includes price of admission, parking, souvenir program, and an Ironbirds baseball hat. Proceeds go towards serving clients in Harford County.

Visit www.mealsonwheelsmd.org for tickets and more information.

**Wine Express Presents a
Chef's Expressions Wine Dinner
to Benefit Meals on Wheels
Wednesday, September 17, 2008**

6:00 pm
Gramercy Mansion
1400 Greenspring Valley Road
Stevenson, MD 21153
\$99.95 per person plus service and tax

This is a very special wine dinner presented by **Chef Jerry Edwards**, Meals on Wheels Spokesperson, and **Chef John Walsh**, both of Chef's Expressions, to benefit Meals on Wheels. The atmosphere is elegant, the cuisine is world class, the company is jovial! A six-course meal with accompanying South African wines for each course will make for a fantastic evening. At the end of the dinner, guests will be able to purchase the wines they had throughout dinner. A portion of the proceeds from wine sales will go directly to Meals on Wheels.

Visit www.mealsonwheelsmd.org for tickets and more information.

**Boscov's Department Store –
Friends Helping Friends Day
Tuesday, October 7, 2008**

9:00 am – 9:00 pm
Friends Helping Friends day is an opportunity for Meals on Wheels of Central Maryland to raise funds by selling “shopping passes” to Boscov's Department stores. The ticket is a 25% discount shopping pass (\$5) and individuals who have purchased the ticket can use it only on Tuesday, October 7, 2008 at all Boscov's locations. Some exclusions apply. Tickets must be purchased through Meals on Wheels in order for the organization to receive ticket sales proceeds.

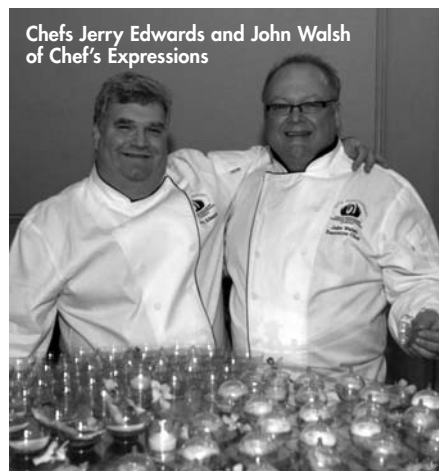
E-mail brown@mowcm.org or call 443-573-0929 for tickets or more information.

**Purple Passion “Big Basket” Bingo!
Friday, October 24, 2008**

Doors Open at 6:00 pm
Games Begin 7:00 pm
Rosedale Gardens
8037 Philadelphia Road
Tickets are \$20 for 20 games

Come dressed as your favorite football player or in as much purple as you can muster! Raffles, extras, door prizes, food, Charlie Brown, and more! Prize for the best-dressed football player!

Visit www.mealsonwheelsmd.org for tickets and more information.





Meals on Wheels of Carroll County would like to thank the individuals and volunteers who participated in and supported the 2nd Annual Turbo Turtle Splash on Saturday, May 10, 2008 at McDaniel College.

What a turtle-riffic day!

Congrats to the individual and business winners:
Jill Minick
Undersea Outfitters

Also, many thanks to:
Carroll County Times
Ben's Rentals, Inc.
Carroll Community College
Finch Services
McDaniel College
Naylor Plumbing Heating & A/C, Inc.
New Windsor Bank
Seales & Tales
Stu's Music

For more information on Meals on Wheels of Carroll County and our services and volunteer opportunities offered, please call: 410-857-4447 or visit: <http://www.mealsonwheelsmd.org>



**First Annual 5K &
1 Mile Family Fun Run/Walk
Saturday, November 8, 2008**

9:00 am
Meadowbrook Park (off Route 100)
Columbia, MD

Whether you're a runner or walker, this event is a great way to get outside, spend time with your family and teach the importance of giving back to the community in which you live! So lace up your sneakers and come have a blast! Proceeds go towards serving clients in Howard County. **Bernadette Woods, WJZ-TV 13** meteorologist, is our mistress of ceremonies!

Race registration prior to 10/1/08 is \$25; \$30 after 10/17/08; Race Day registration (7:30 – 8:30 am) is \$35. 1 Mile Family Fun Run/Walk registration is free for children ages 9 and under; \$10 for ages 10+.

Thank You to Sol Levinson & Sons, Inc. for Sponsoring the April 25 Spring Basket BINGO!

Social Solutions - Making it **More** than a Meal

“Putting together pieces of a person’s life” is how David Butz describes his experiences as a Meals on Wheels volunteer over the past two years. He’s made it his mission with clients to engage them in conversation and make an attempt to get to know them and what makes them tick. “One of my first visits resembled a ‘drive-by’ food delivery,” he says. “I really didn’t like that. I want the clients to understand that I’m interested in knowing how they are really doing. I want to make a difference for them. I want to make it more than a meal.”

David and his delivery partner, Asnake Hailegiorghis, are both employed by **Social Solutions**. Social Solutions serves the nonprofit, human services market and works with them to do two things: organizational change and measurement of the “intangibles” that are applied in their work to effect the right outcomes. Social Solutions now serves about 2,000 organizations nationwide that use them as their primary database.

The organization’s mission and motto, “Efforts To Outcomes,” is what drives David and Asnake as they make their meal delivery rounds. For their efforts, they’ve had some significant outcomes with clients.

“I always asked open-ended questions of this one woman on our route,” says David. “But every question was always met with ‘okay, okay’ as an answer. Now she’s opening up more.”

“She noticed one day that we had a



Ethel Pawlak, David Butz (middle), and Asnake Hailegiorghis – enjoying each other’s company.

different car when we made our delivery,” Asnake added. “This was a real breakthrough. We said ‘we thought you could only say ‘okay, okay!’”

Ethel Pawlak, one of their clients, is clear about how she feels about meal delivery by David and Asnake. “They make my day,” she says. “I always ask for hugs before they go. If they miss a week, they have to give me extra hugs!”

We wanted to know David and Asnake’s reaction to the following question: What if Meals on Wheels, because of cost constraints, decided to deliver meals only two days a week instead of five days a week? We asked the same question of Ethel Pawlak.

“I guess it would depend on the client,” said David. “But I keep on going back to the measure of success

we’ve had with some of our clients on the route. They’ve opened up to us and seem to look forward to talking with us. I can’t help but think that we’ve made a big difference in their lives.”

As for Ethel – “You know, I have family who takes care of me, but I really look forward to seeing David and Asnake on Thursdays. We really have some nice conversations!”

If your business is interested in giving back to the community through volunteering, call Meals On Wheels, toll-free, at 1-866-558-0827, Extension 3, and learn more about our “Lunch Bunch” corporate volunteer recruitment program, or visit www.mealsonwheelsmd.org

Special Recognition To . . .

System Source, an e-business provider and systems integrator serving mid to large size businesses in Maryland – they acknowledged recently the good work of many of our volunteers who have continued driving and delivering meals to clients despite the crushing cost of gas over the past many months. System Source donated gas cards to Meals on Wheels for each class registration they offered to the public this past July (over 388 classes were scheduled). A total of \$1,800 in gas cards was donated to Meals on Wheels as of July 18, 2008 for distribution to volunteers.

The following corporations/organizations that are part of our “Lunch Bunch” corporate volunteer recruitment program – **FAST (a subsidiary of Microsoft); Social Solutions, Inc.; The ARC of Howard County, Inc.; The ARC of Carroll County; The ARC of Baltimore; Change, Inc.; Camp Miracles; Summerville At Westminster; and Ritz Carlton Residences Inner Harbor.**

Anne Arundel County Executive John R. Leopold and the Anne Arundel Department of Aging and Disabilities – who authorized an emergency grant of \$50,000 to Meals on Wheels to subsidize home-delivered meals and emergency meal kits (EMKs) to an additional 40 clients in Anne Arundel County. The one-time grant, in addition to previous funds received from the county, will enable the Anne Arundel County Meals on Wheels program to serve approximately 120 clients who are deemed most in need.



Betsy Toland (middle) with Elizabeth Galea, MOWCM volunteer coordinator and Tom Grazio, MOWCM executive director

Board Member Elizabeth E. “Betsy” Toland – upon receiving this past May a 2008 Older Volunteers Enrich America Award from the MetLife Foundation and the National Association of Area Agencies on Aging (N4A). Mrs. Toland was one of 25 honorees of the award in the “Team Spirit” category, so honored because of her contributions to serving older adults. Mrs. Toland is a 25-year Meals on Wheels volunteer. In addition to delivering meals twice a week, she also serves Meals on Wheels as a member of the Board of Directors, the Marketing Committee and the Council of Site Representatives. As part of Mrs. Toland’s award, Meals on Wheels also received a \$1,000 donation from The MetLife Foundation.

Bettina Lukas, a Meals on Wheels Grocery Shopping volunteer – **Molly Goldstein** and her husband, both Meals on Wheels clients, called Meal Times and wanted us to mention how much they appreciate what Bettina does for them. “Bettina is such a wonderful person, she is so kind,” says Molly. “My husband is in his 90s and had a stroke. And I’m older, too, so I can’t really grocery shop. I don’t know what I would do without her and Meals on Wheels.”

St. Paul’s United Church of Christ in Westminster (Outreach Committee) – over the past three years, the church has generously donated gas cards to help the efforts of Carroll County’s steadfast volunteers. Twenty gas cards were recently donated.

Chick-fil-A and Eastpoint Mall – for donating \$100 raised from a pie, brownie and Chick-fil-A sandwich eating contest on June 14. Also, special thanks to Chick-fil-A Manager Danielle G. Alderson.

Baltimore City Mayor Sheila Dixon and the Baltimore City Commission on Aging and Retirement Education (CARE) – who increased their home-delivered meal contract for FY2008 by \$50,000.

Your special gift is the perfect way to help people who are homebound due to age or disability while also paying tribute to the memory of a friend or loved one, or honoring the special occasion of someone you know. These thoughtful gifts enable Meals on Wheels to provide home-delivered meals to people in the community who need our service. When you make a special memorial or honor gift to Meals on Wheels of Central Maryland, a tasteful card "In Memory Of" or "In Honor Of" is handwritten and sent to the person you indicate.

Below is a list of Memorial and Honor Gifts received between January 12, 2008 and June 30, 2008.

In Memory Of

- | | | | | |
|---|--|---|---|--|
| Aaron Krew
Ms. Betty Silver | Charles & Evelyn Kummert
Mr. Wayne Kummert | Edna Weisman
Mr. Thomas L. Shaffer | Hannah E. Kurtz
Mr. Lewis R. Kurtz, Jr. | Liesel Gross
Mr. & Mrs. Gunther R. Borris
Ms. Ellen H. Levy |
| Albert Denny
Mr. & Mrs. Howard Sandbank | Charles Grimm
Mr. & Mrs. Lowell A. Repp | Elizabeth Rose Gray
Ms. Myrna J. Bleakley | Harold McDonald
Mrs. Therese S. McDonald | Liza Hummel
Ms. Dorothy C. Wilcox |
| Alma Rhodes
Mr. Calvin Gladden | Charles Hymiller, Sr.
Mrs. Ann Hymiller & Family | Ellen B. DeAngelis
Mr. & Mrs. Frank J. DeAngelis | Harvey Schreter
Betty & Joan Raskin | Louis B. Bell
Mr. Andrew N. Schatz |
| Andrew & Mary Sikorsky
Ms. Mary T. Chesnavage | Charles W. Ellsworth
Ms. J. Eva Ellsworth | Ellen Nichols
Mr. & Mrs. Frederick Eliot, Jr. | Helen Resnick
Mr. & Mrs. Jerome Greenburg | Louis Ginsberg
Ms. Betty Alpun
Ms. Norma Fedder |
| Anna Kelly
Ms. Janet Maszaros | Charlotte B. Goldstein
Ms. Shirley Kimmel | Elmer Goldner
Betty & Joan Raskin | Herman Bachrach
Ms. Sally B. Jones | Lucille Ridgley
Mr. Howard W. Ridgley |
| Anne M. LoBianco & Joseph Anuszewski
Mr. Louis J. LoBianco | Clara Isner
Ms. Alice J. Gordon | Emily Owens
Mr. James W. Schmidt | Hilda Edwards
Ms. Edith Kozma | Margaret C. Zepp
Ms. Virginia A. Rolfs
Mr. & Mrs. William P. Walther |
| Annie R. Schatz
Mr. Andrew Schatz | Clara Kochanski
Mr. Marc Kochanski | Estelle Herpel
Niftee Thriftee Shop | Ian J. F. Geddes
Ms. JoAnne Baumgardner
Kathi & Joseph Thomas | Margo Verkruzen
Ms. Geraldine Hisle |
| Antoinette Brazil
Ms. Doris Eikenberg-Argo | David Halle
Ellen & Edward Halle | Esther M. Handler
Ms. Mary M. Sullins | Irene Rever
Ms. Helene I. Sheer | Marie Fisher
Ms. Mary M. Fisher |
| Aunt of Stanley Scherr
Mr. Robert Paul | Deceased members of the Siebenhaar Family
Mr. Joseph Siebenhaar | Esther Mehlman
Ms. Maxine Forman | Irvin Habicht
Mr. & Mrs. Earl E. Spivey | Marilyn K. Dunn
Mr. Lewis R. Kurtz, Jr. |
| Beatrice O'Brien
Ms. Vicky L. O'Brien | Dolores M. French & Frederick Swope
Mr. & Mrs. Charles W. French | Ethel Kaplan
Mrs. Ronnie Buerger & Family | Isabel Guterrez
Ms. Joan C. Dotterweich | Mary Elizabeth Butler
Kathi & Joseph Thomas |
| Bernard P. Bogdan, Sr.
Mr. Bernie Bogdan | Doris Leola Rossi
Valley Motors | Eva Mary Beals
Mr. & Mrs. Bernie Manzone | Jack & Clara Orenstein
Mr. Howard Orenstein | Mary Frances Blake Prescott
Mr. & Mrs. Mark H. Eckstein
Ms. Jane A. Gottwald
Ms. Nancy V. Nevins
Barbara & Helen Wachter
Mr. & Mrs. Gerald Bradford |
| Bettie C. Sickle
Mr. James K. Sickle | Dorothy E. Blanchard
Mr. Andrew Lentz
Mr. & Mrs. James Drenning
Mr. & Mrs. L. Teeter, Sr.
Mr. & Mrs. Walter R. Hallman, Jr.
Mr. & Mrs. William Heath
Mr. & Mrs. Nicholas R. Brescia, Jr.
Ms. Sharon L. Cook
Ms. Dolores A. Reuter
Mr. & Mrs. James B. Calvert | Evangeline Maguire
Ms. Marjorie A. Cuneo | Jean O'Connor
Ms. Cinnamon L. O'Connor | Melvin Deckelbaum
Ms. Helen Naviaskey |
| Betty Harris
Ms. Erin Thomas | Dr. Mouta DiLaimy
Ms. Joan Raskin | Evelyn Wassom
Mr. Perry S. Wassom | Jewel M. Martin
Mr. & Mrs. Oscar Schapiro | Michael Weiner
Mr. & Mrs. Oscar Schapiro |
| Betty Provenzano
Betty & Joan Raskin | Dr. Theodore M. Feldberg, M.D.
Ms. Marcia G. Epstein
Dr. & Mrs. Anthony Perlman | Evie Carrano
Rosa & Barry Freedman | John & Agnes Siebenhaar
Mr. Joseph F. Siebenhaar | Miss Auer
Herbert W. Robinson & Patricia L. Phelan |
| Bob Lambert
Mr. & Mrs. Mike Pintzuk | Dudley P. Digges
Ms. Sally S. Digges | Florence V. Codd – Birthday of Grandmother
Ms. Fern C.S. Sargent | John C. Rice
Ms. Mary Jane Rice | Mr. & Mrs. Harrison M. Sandcork, Jr.
Ms. Fern C.S. Sargent |
| Brent & Regina Fletcher
Mr. Joseph Siebenhaar | Eddie Kearns, Jr.
Ms. Dorothy O. Lappe | Fred Childs
Ms. Esther Gross | John Douglas Corry
Ms. Patricia L. Totzauer | Mr. & Mrs. Rabe
Mr. Joseph Siebenhaar |
| Cameron J. Heimiller
Ms. Caroline Heimiller | Edith Karch
Ms. Rita Marks | George H. Greb, Sr.
Ms. Barbara M. Greb | John Eitel
Ms. Susan M. Pearce | Mrs. Alice Scott-Gross
Mr. John Scott |
| Carroll W. Smith, Sr.
Ms. Judith Smith | | George W. Brewer
Mr. & Mrs. Edward McCullough | John Gallo
Mr. & Mrs. Santo Barco | Mrs. Betty J. Roberts
Mr. Thomas De Vore |
| Catherine Doumar
Mr. Roger Alfred Doumar | | Gladys S. Potts
Barry & Patricia Potts | Joseph D'Anna
Mr. & Mrs. Santo Barco | Mrs. Blanche Wayson Hopkins
Col. & Mrs. Charles N.D. Smith (RET.) |
| Catherine Elizabeth Walsh
Ms. Norma Galinn | | Grace Stock
Ms. Mary Rose Young | Kenneth Bank
Mr. & Mrs. Alan Gersh | Mrs. Corrine Nusinov
Betty & Joan Raskin |
| Catherine Kinney
Mr. Calvin Gladden | | Hank Schoenfeld – Your 80th Birthday
Ms. Ellen H. Levy | Kevin Thrailkill
Ms. Agnes C. Thrailkill | Mrs. Ethel Smith
Ms. Clara J. Purnell |
| Cecil Rush
Ms. Sandra Leichtman | | | Larry A. Ellison
Ms. M. Diane Ellison | Mrs. Ida Katz
Ms. Edith Sussman |
| Charles & Edna Trexler
Mr. Paul C. Ergler | | | Laurence & Doris Liebrecht
Ms. Lauren F. Liebrecht | Mrs. Viola B. Jones
Ms. Barbara Jones |



Officers

Karen A. Jacobs *President*
 Catherine Max *1st Vice President*
 Jonathan Wachs *2nd Vice President*
 Anne Winter West *Secretary*
 Edwin Jules *Treasurer*
 Rita St.Clair *Assistant Secretary*
 Richard J. Ruggieri *Assistant Treasurer*
 Kevin C. McCormick *Immediate Past President*
 A. Thomas Grazio *Executive Director*

Directors

Nancy P. deLaski
 James Gabriel
 Lois Gross
 Lauren Alter Holub
 Liselotte Karaolis
 Alexander C. Klaff
 Anthony P. Langelo
 W. Damian Lewis
 Gregory C. Martin
 Aaron Parker
 Barbara Pettit
 William T. Skinner, Jr.
 Devereaux E. Sterrette
 Elizabeth E. Toland
 Kathryn Wachter
 Martin L. Wake
 Linda Weinberg
 Ben Zager

Meal Times is the official Newsletter for the Friends of Meals on Wheels of Central Maryland.

515 South Haven Street
 Baltimore, MD 21224

410-558-0932
 410-558-1321 fax

1-866-558-0827 toll free
 info@mowcm.org email
 www.mealsonwheelsmd.org

Meals on Wheels of Central Maryland, Inc. is a 501(c)(3) nonprofit organization, donations to which are tax deductible to the fullest extent allowed by law. A copy of Meals on Wheels' current financial statement is available upon request by contacting Meals on Wheels at 515 South Haven Street, Baltimore, Maryland 21224 or by calling 410.558.0932. Documents and information submitted to the state of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage.

Norma P. France
 Mr. J. Edward France, Jr.
 Paul Causey
 Mr. John G. Zepp
 Mr. & Mrs. Earl W. Hersh
 Ms. Emily B. Wirth
 Ms. Pamela M. Somers
 Ms. Janeen Beebe
 Ms. Dixie S. Elmes
 Ms. Tivis Buckingham
 Mr. & Mrs. Badal & Susan Jhaveri
 Mr. & Mrs. Richard A. Little, Jr.
 Phyllis Levy Quarles
 Ms. Shirley Kimmel
 Ms. Sondra Shuman
 Raymond & Joyce Carey
 Ms. Faye Carey
 Raymond J. Gordon
 Ms. Alice J. Gordon
 Reba Wright
 Ms. Thelma Keen
 Regina Harris
 Ms. Renee Dawson
 Reuben Shiling
 Mr. & Mrs. Gunther Wertheimer
 Susan Koch, Abby Kelly & Carole Rehak
 Mr. & Mrs. Leonard R. Johnson
 Dr. & Mrs. Irvin Cohen, M.D.
 Mrs. Ellen S. Jandorf
 Ms. Helen J. Kleinman
 Ms. Dorothy Stein
 Mr. & Mrs. Richard Hollander
 Mr. Alfred L. Singer
 Ms. Ellen Warren
 Mr. & Mrs. Michael Strouse
 Drs. William & Lisa Donovan
 The Macht Family
 Ms. Shirley T. Hollander
 Ms. Jean W. Kane
 Mr. & Mrs. Jan K. Guben
 Mr. & Mrs. Marvin L. Curland
 Dr. & Mrs. Reubin Andres
 Mr. & Mrs. Peter H. Shea
 Sondra Solomon & Edward Leviton
 Mr. Thomas S. Saquella
 Ms. Frances Stark
 Mr. & Mrs. Alan Shecter
 St. James Condominium
 Ms. Kathryn M. Magruder
 Rita McLaughlin
 Ms. Ann M. Wilson
 Robert E. Williams, Jr.
 Ms. Patricia H. Williams
 Robert Smith
 Ms. Shara B. Alpert

Rose Balsler
 Ms. Edith A. Trout
 Ms. Marian S. Sause
 Mr. & Mrs. Howard Miller
 Ms. Mary Lou Siegel
 Ms. Violet E. Fekete
 Ms. Selma F. Samuels
 Mr. & Mrs. Edward E. Obstler
 Ms. Florence E. Brenner
 Ms. Gloria Diener
 Mr. & Mrs. Scott McDonald
 Ms. JoAnne Baumgardner
 Mr. & Mrs. Nat Kobitz
 Faye Carey & Tony Reale
 Ms. Elaine F. Plimack
 Ms. Joannie Stern
 Rose MacCarron
 Ms. Eleanor E. Piersoschek
 Ms. Lorita A. Daniels
 Rosella S. Smith
 Mr. James F. Smith
 Ruth Ditzel
 Ms. Virginia L. Slattery
 Samuel Cohen
 Ms. Bernice H. Cohen
 Sarah & Charles Cohen/
 Leon & Lena Cohen
 Ms. Cheri Trieber
 Shirley Foy
 Mr. John W. Foy
 Sidney Storch, M.D.
 Ms. Gloria Storch
 Simeon Round
 Ms. Frances Stark
 Stanley Keen
 Ms. Thelma Keen
 Steven J. Jankowski
 Ms. Cinnamon L. O'Connor
 Ted Hamburger
 Ms. Helen S. Naviasky
 Thomas Burke
 Ms. Doris Ramsdell
 Thomas Griffiths
 St. Peter Evangelical
 Lutheran Church
 Thomas Marlowe
 Mr. & Mrs. Vincent Hagman
 Mr. & Mrs. Harry Kleinhen
 Mr. & Mrs. Gordon Caples
 Mr. & Mrs. Eddie L. Book
 Ms. Tempe A. Thomason
 Ms. Gloria M. Appareti
 Tilly
 Ms. Amy Gaines
 To all those who try to do well...
 Ms. Penelope S. Ashcraft
 Vic Martorma
 Mr. & Mrs. David H. Case
 Virginia Fisher
 Ms. Vivian Martin
 Vogel Family
 Mr. Joseph F. Siebenhaar

Whitney D. Stromberg
 Diana Realty, Inc.
 Dianne & Richard Hebert
 John & Linda Schultheis
 Denise M. Diana
 Mr. & Mrs. Robert W. Lueckel
 William Blanchard III
 Mr. Andrew Lentz
 Your Beloved Brother
 Mr. & Mrs. Glenn & Jan Lichtman
 Your Loving Mother
 Mr. & Mrs. David Max
 Zelma D. Stilwell
 Ms. Audrey A. Gilbert

In Honor Of / Special Celebrations

Beverly Max – Your Birthday
 Mr. & Mrs. Walter R. Price
 Catherine & David Max
 Ms. Jennifer L. Meyerhoff
 Catherine Max – Your Birthday
 Jeanne & Tim Nicholl
 Colin W. Sullivan – Your 5th Birthday
 Mr. Bill Sullivan
 Dr. William J. Sullivan, Jr.
 Mr. William J. Sullivan, Sr.
 Elizabeth E. Judge
 Ms. Maryann L. Judge
 Erica & Kristin Young
 Mr. Jim Young
 Ethel May Nason – Your 85th Birthday
 Mr. Daniel J. Fletcher
 Fletcher Family
 Mr. Joseph Siebenhaar
 For Meals on Wheels of Central Maryland Volunteers
 Ms. Nancy M. Byczynski & Ms. Lucille Fowler
 In appreciation of Meals on Wheels of Central Maryland
 Ms. Shirley Miriam Madwad
 John & Agnes Siebenhaar
 Mr. Joseph F. Siebenhaar
 Judy Astrachan – Your 75th Birthday
 Ms. Frances Stark
 Leonard Sneider – Your Speedy Recovery
 Ms. Dotty Galoon
 Loved Ones
 Ms. Patricia Huffman
 Marcia & Alvin Craven – 50th Anniversary
 Mr. & Mrs. Richard Darmstadter
 Mary Asendorf
 Mr. & Mrs. Raymond A. Smith, III
 Mary M. Walker
 Ms. Barbara M. Yarlott
 Miriam Wentz
 Ms. Romaine Harper

Mr. & Mrs. Gerald Graumann
 Ms. Doris A. Menikheim
 Mr. & Mrs. John Foehrholz
 Mr. Joseph Siebenhaar
 Mr. & Mrs. N. Polonsky – Your 50th Anniversary
 Mr. & Mrs. Richard Darmstadter
 Mr. & Mrs. S. Lozinsky – Your 50th Anniversary
 Mr. & Mrs. Richard Darmstadter
 Mrs. Clements
 Ms. Kathe A. O'Quinn
 Ms. Jeanne Fink - Your Speedy/Complete Recovery
 Ms. Dotty Galoon
 Nancy Artley/Corinne Fitch from the Brown Memorial Site
 Ms. Charlotte Turadian
 Norman Shillman
 Ms. Susan Weinstein
 Pastor Robert Mack
 Mr. & Mrs. Herbert White
 Rachel Becker
 Mr. Eugene H. Becker
 My Recovery/ Home from Hospital
 Ms. Dorothy C. Stein
 Rick & Barbara Sommerson
 Mr. & Mrs. Larry & Lana Roby
 Sara Trilling – Your 100th Birthday
 Mr. & Mrs. Barry L. Freedman
 Sidney Morrison
 Ms. Evelyn Morrison
 Sister Sienna & Sister Blats
 Mr. Joseph Siebenhaar
 Sophia R. Sullivan – Your 3rd Birthday
 Mr. Bill Sullivan
 Sorelle Feldberg – Your speedy recovery
 Ms. Marcia G. Epstein
 Sungja Moon Cho
 Mr. & Mrs. Henry Wong
 The Rabe Family
 Mr. Joseph Siebenhaar
 William E. Campbell, Jr.
 Ms. Christine Opalenik

Meal Times also would like to correct the following two "In Memory" citations from the Spring 2008 issue:

Charles A. Levin
 Betty Silver
 Bud Schindler
 Charles J. Hymiller, Sr.
 Ann Hymiller & Family



Information Technology (IT) Wish List

- Any laptop with an Intel Pentium 4 processor and 256 MB RAM
- Any laptop with an AMD processor greater than 1.2 GHz or Higher and 256 MB RAM
- Any laptop with an Intel Centrino processor (MOW will buy the memory if needed)
- Any laptop with a dual core processor (MOW will buy the memory if needed)

Enclosed Is My Gift Of: _____

In Memory Of: _____

In Honor Of: _____

Please Send Card To (name): _____

Address: _____

My Name: _____

My Phone Number: _____

My Address: _____

Please send your check with the above form to:
 Development Office
 Meals on Wheels of Central Maryland
 515 South Haven Street
 Baltimore, Maryland 21224

While the amount of the gift is never mentioned on the acknowledgement card, we do suggest a minimum of \$10.00.

You can also call 443-573-0930 to charge gifts to VISA or MASTERCARD or log on to www.mealsonwheelssmd.org, then click "Donations."

Meal Times
Fall 2008 • Volume 15, No. 2

Meals on Wheels
of Central Maryland
515 South Haven Street
Baltimore, Maryland 21224



NON-PROFIT ORG
U.S. POSTAGE PAID
BALTIMORE, MD
PERMIT NO. 5948