

NEWS RELEASE



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PHOTO ATTACHED: left to right, Elizabeth Galea, Meals on Wheels volunteer recruitment and retention coordinator; Elizabeth E. Toland; and A. Thomas Grazio, Meals on Wheels executive director

ELIZABETH E. TOLAND HONORED BY THE NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING AND METLIFE FOUNDATION

Baltimore, MD – **Elizabeth E. “Betsy” Toland** has been honored by the National Association of Area Agencies on Aging (N4A) and MetLife Foundation as a recipient of their 2008 *Older Volunteers Enrich America Award*. Mrs. Toland was one of 25 honorees of the award in the “Team Spirit” category who were acknowledged at a May 9 luncheon ceremony in Washington, D.C. for their contributions in serving older adults.

Mrs. Toland was honored for her commitment and dedication as a 25-year volunteer for Meals on Wheels of Central Maryland. In addition to delivering meals twice a week to people who are homebound, Mrs. Toland also serves the organization as a member of the Board of Directors, Marketing Committee, and Council of Site Representatives.

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Meals on Wheels of Central Maryland is a nonprofit organization that enables homebound people to eat well and remain in their own homes. Our dedicated staff and volunteers prepare and deliver over 800,000 nutritious meals a year. But Meals on Wheels is more than a meal – we also provide grocery shopping and other support services to help our clients maintain independence and peace of mind.